

**SECTION
CASE MANAGEMENT SYSTEM****SUBJECT
Person-Centered Recovery Plan: Components****PLAN COMPONENTS**

Each member Person-Centered Recovery Plan (Form DPHHS-AMDD-135) shall include at least the following components:

1. Diagnosis, symptoms, complaints and complications indicating the need for services;
2. A description of the member's functional level;
3. The member's specific short-term objectives and long-term goals;
4. A discharge plan which describes elements necessary for independence;
5. Must include a minimum of two services. Case Management will not be counted as one of the services. It is not acceptable to have only residential and case management services;
6. Any orders for the following:
 - A. medication;
 - B. treatments;
 - C. restorative and rehabilitative services;
 - D. activities;
 - E. therapies;
 - F. social services;
 - G. diet; and
 - H. other special procedures recommended for the health and safety of the member to meet the objectives of the Person-Centered Recovery Plan
7. The specific services to be provided, the frequency of services and the type of provider;
8. A psychosocial summary describing the member's social, emotional, mental and financial situation attached to the initial Person-Centered Recovery Plan that is reviewed and updated annually with the member (Refer to Appendix 899-17);
9. A Strengths Assessment will be used to identify the member's strengths, needs, resources, past successes, and formal and informal supports. The strengths Assessment will be reviewed annually with the member and updated to reflect any changes;
10. A psychological crisis intervention plan which includes the following:
 - Description of what a crisis looks like for the member
 - Description of what wellness looks like for the member
 - Description of signs of relapse and triggers for the member
 - Description of interventions that have worked in the past

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- Description of what the CMT needs to know about the member to be effective during crisis
 - Description of what the member feels is not helpful at the time of crisis
 - Description of actions to be taken to address the member's needs
11. Medical crisis intervention plan;
 12. Formal (including state plan services) and informal supports and services;
 13. Emergency back up and evacuation plan (short and long term);
 14. A cost sheet which projects the annualized costs of Person-Centered Recovery Plan; and
 15. Signatures of all members who participated in development of the Person-Centered Recovery Plan including the member, personal representative (if appropriate), the CMT and the CPO (Refer to Appendix 899-11).

