INTENSIVE COMMUNITY-BASED REHABILITATION (ICBR)

What is ICBR?
ICBR was created to decrease the census at the Montana State Hospital (MSH). Medically necessary intensive rehabilitation services are provided in an adult mental health group home to assist the Medicaid member to live outside an institutional setting.

Who is eligible?
Members with a severe disabling mental illness who have a history of institutional placement, repeated unsuccessful placements in less intensive community-based programs, and at least one full year of institutional care in the past three years.

Who are the ICBR providers?
Mental Health Centers (MHC) with eligible group homes under contract with the Department of Public Health and Human Services (DPHHS) can provide this service. DPHHS has a contract with the following two MHCs: Montana Community Services at (406)656-5976 with homes in Billings and AWARE at (406)498-9262 or (406)529-1357 with homes in Glendive and Great Falls.

Services must be prior authorized through Magellan Healthcare through a referral from MSH or the Montana Mental Health Nursing Care Center. The Magellan Care Coordinator reviews the clinical information received from the referral and prepares an assessment with a recommendation regarding medical necessity which is sent to AMDD for final determination. The Magellan Care Coordinator notifies the referral source with the determination.

What services are available?
The MHC group home must be able to provide the following required service components:
- Crisis stabilization services;
- Close supervision and support of daily living activities;
- Medication assistance, including administration when necessary;
- Rehabilitation, when needed (in the maintenance of physical health and wellness; personal hygiene; safety; symptom management; communication skills; vocational activities; community integration; social skills; leisure and recreation skills; assistance with community support network and a meaningful daily structure; and management of personal finances);
- Service coordination;
- Transportation; and
- Discharge planning for transition to less restrictive setting when appropriate.

Because members utilizing this service may be under involuntary commitment or guardianship, the MHC must be knowledgeable about the MSH commitment and recommitment process, as well as the process for use of involuntary medications.

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Visit the Addictive and Mental Disorders Division at:
http://dphhs.mt.gov/amdd/Mentalhealthservices