

	Montana Mental Health Nursing Care Center Policy Manual	Policy Number	1206
		Original Date	05/16/1983
	Department: Recreation	Revised Date	10/08/2015
	Activities Program		

POLICY:

To provide an ongoing program of activities designed to meet, in accordance with the comprehensive assessment, the interests and the physical, mental and psychosocial well-being of each resident.

PROCEDURE:

Programs will assure that all residents have opportunities to participate in activities.

1. The Recreation Department shall provide activities designed to:
 - A. Allow the resident to choose whether or not to participate in an activity and promote individual decision making.
 - B. Appeal to his or her interests.
 - C. Enhance the resident's highest practicable level of physical, mental and psychosocial well-being.
 - D. Provide opportunity for socialization with other residents, staff and the community.
 - E. Provide learning experiences for intellectual growth.
 - F. Provide opportunity for resident involvement within the facility and the community.
 - G. Provide an opportunity for creative outlet.
 - H. Empower residents to seek independent leisure pursuits.

Activities Program

2. The Recreation Supervisor shall plan, organize and supervise the Activities Program by:
 - A. Designing resident centered goals based upon the resident's Recreation Assessment.
 - B. Coordinate and schedule, through the assigned Recreation Aides, the monthly, wing event calendar with the focus on resident centered needs, choices and cares
 - C. Staff assignments and program coverage.
 - D. Schedule staff one-to-one assignments with residents.
 - E. Schedule and assign staff responsibilities by updating recreation schedule