

	Montana Mental Health Nursing Care Center Policy Manual	Policy Number	533
		Original Date	05/31/2002
	Department: Personnel	Revised Date	01/12/2012
Resident Bath Procedure			

POLICY

Residents will receive their bath or shower as scheduled and requested within reasonable accommodation. Their comfort, privacy, personal habits and safety need to be taken into consideration.

Guidelines and Procedures:

1. Registered Nurse to assess for level of independence. Resident's who are safe to shower or bathe, may do so independently.
2. Residents requiring assistance:
 - A. Use the transfer belt over the clothing to move the resident.
 - B. Use safety belts on tub lifts and shower chairs.
 - C. Make certain that bath mats are secure.
 - D. Help resident in and out of the tub and shower.
3. Never leave the resident unattended in the Century tub.
4. If the resident becomes weak or dizzy in the tub or shower, stay in the room and pull the emergency call light. Begin to drain the water from the tub. Cover the resident with a bath blanket for warmth.
5. All residents will have a skin assessment on a weekly basis.
6. Trim finger & toe nails. Residents who are capable may trim their own nails. (RN's to trim toe nails on all diabetics)
7. Assess for and assist with dressing and hair as needed.
8. Clean bathtub or shower after use.