

Examination Procedure

Either before or after completing the Examination Procedure, observe the resident unobtrusively at rest (e.g. in waiting room).

The chair to be used in this examination should be a hard, firm one without arms.

1. Ask the resident whether there is anything in his/her mouth (i.e., gum, candy, etc.), and if there is, to remove it.
2. Ask resident about the current condition of his/her teeth. Ask resident if he/she wears dentures. Do teeth or dentures bother resident now?
3. Ask resident whether he/she notices any movements in mouth, face, hands, or feet. If yes, ask to describe and to what extent they currently bother resident or interfere with his/her activities.
4. Have resident sit in chair with hands on knees, legs slightly apart, and feet flat on floor. (Look at entire body for movements while in this position.)
5. Ask resident to sit with hands hanging unsupported. If male, between legs, if female and wearing a dress, hanging over knees. (Observe hands and other body areas).
6. Ask resident to open mouth. (Observe tongue at rest within mouth). Do this twice.
7. Ask resident to protrude tongue. (Observe abnormalities of tongue movement). Do this twice.
8. *Ask resident to tap thumb, with each finger as rapidly as possible for 10-15 seconds; separately with right hand, then with left hand. (Observe facial and leg movements).
9. Flex and extend resident's left and right arms (one at a time). Note any rigidity.
10. Ask resident to stand up. (Observe in profile. Observe all body areas again, hips included).
11. *Ask resident to extend both arms outstretched in front with palms down. (Observe trunk, legs, and mouth).
12. * Have resident walk a few paces, turn, and walk back to chair. (Observe hands and gait). Do this twice

* Activated movements.