

	Montana Mental Health Nursing Care Center Policy Manual	Policy Number	539
		Original Date	01/20/1998
	Department: Nursing	Revised Date	07/10/2014
	Recording Intake and Output		

PURPOSE:

To determine resident fluid intake and urinary output.

PROCEDURE:

1. Any resident who is placed on a diuretic to determine baseline of diuresis. This resident should be placed on I/O for seven (7) days.
2. An acute episode of CHF whether it be pre-existing or newly diagnosed, should be put on I/O for seven (7) days to determine output and/or retention of fluids.
3. Any resident with an acute electrolyte imbalance should be placed on I/O until it is corrected or the physician orders otherwise.
4. When a physician has ordered I/O.
5. Any resident with a temporary Foley catheter.
6. A resident who has been observed not eating or drinking adequately for 48 hours should be placed on I/O for three days to ensure adequate hydration.
7. Any resident who has been placed on continuous intravenous solutions.
8. Any resident with a fever of 104° or greater should be monitored for fluid intake to prevent dehydration.