



**MONTANA STATE HOSPITAL
FORENSIC MENTAL HEALTH FACILITY
POLICY AND PROCEDURE**

**FOOD-DRUG INTERACTIONS
FOR THE FORENSIC MENTAL HEALTH FACILITY**

Effective Date: May 19, 2020

Policy: MSH FMHF-20

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- I. PURPOSE:** To inform clients of food-drug interactions requiring significant dietary modifications to the clients of the Montana State Hospital (MSH) Forensic Mental Health Facility (FMHF).
- II. POLICY:** Registered Dietitian Nutritionist (RDN), in cooperation with the Clinical Pharmacist, will counsel clients concerning dietary modifications due to their drug therapy.
- III. DEFINITIONS:** None.
- IV. RESPONSIBILITIES:**
- A. *Pharmacy:* Notify the Licensed Independent Practitioner of clients requiring food-drug interaction education.
 - B. *Licensed Independent Practitioner:* Modify orders as clinically indicated.
 - C. *RDN:* Provide food-drug interaction education and documentation upon request from pharmacy or Licensed Independent Practitioner.
- V. PROCEDURE:**
- A. Food-Drug Interactions:
 - 1. Medications which **may** require nutritional counseling to include:

Atypical Antipsychotics	Tetracycline
Statins	Isoniazid
Coumadin	Lithium
Iron Supplements	Potassium-Losing Diuretics
MAO Inhibitors	
 - 2. Nutritional counseling for other medications causing possible food-drug interactions will be conducted upon request.

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3. Pharmacy will notify the RDN of clients on drugs requiring significant dietary modifications including but not limited to:
 - a. MAO Inhibitors
 - b. Any other medications Clinical Pharmacist or LIP deems necessary.

B. Nutrition Consultation.

1. RDN will educate client and/or staff members regarding specific food-drug interaction and give client nutrition education upon request for consultation or at the RDN's discretion.
2. RDN will document consultation in dietary section of medical record when consultation performed.

C. Client Discharge

1. If a client is discharged with medications, the pharmacy will send Medication Information Sheets along with the discharge medications.
2. If further nutrition education on any food-drug interaction is necessary for discharge, RDN will consult client upon request.

VI. REFERENCES: Academy of Nutrition and Dietetics Nutrition Care Manual.

VII. COLLABORATED WITH: Medical Director, Registered Dietitian Nutritionist, Pharmacy Director.

VIII. RESCISSIONS: MSH FMHF-20, Food-Drug Interactions for the FMHF dated January 31, 2016.

IX. DISTRIBUTION: All MSH FMHF policy manuals.

X. ANNUAL REVIEW AND AUTHORIZATION: This policy is subject to annual review and authorization for use by either the Administrator or the Medical Director with written documentation of the review per M.C.A. § 307-106-330.

XI. FOLLOW-UP RESPONSIBILITY: Registered Dietitian Nutritionist.

XII. ATTACHMENTS: None.

Signatures:

Kyle Fouts
Hospital Administrator

Thomas Gray, MD
Medical Director