



# MONTANA STATE HOSPITAL POLICY AND PROCEDURE

## DESCRIPTION OF SERVICES

**Effective Date:** March 28, 2019

**Policy:** ADM-05

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**I. PURPOSE:** To define and describe the programs and services provided by Montana State Hospital (MSH).

**II. POLICY:**

- A. MSH, an agency of the Montana Department of Public Health and Human Services, is a mental health facility with two locations: acute psychiatric hospital and mental health group homes in Warm Springs, Montana; and the Forensic Mental Health Facility (FMHF) in Galen Montana. The Hospital's primary functions are defined in M.C.A. § 53-21-601. Two types of services are provided:
  - 1. inpatient hospital services; and
  - 2. residential services for patients who are stable and no longer need inpatient hospital services, but cannot be discharged due to legal status or availability of aftercare services.
- B. MSH's primary function is to provide treatment and rehabilitation services for people with serious mental disorders needing intensive and specialized inpatient care.
- C. MSH has a secondary role of protecting the public from individuals who may present an imminent danger due to a serious mental illness.
- D. MSH supports the right of individuals to access appropriate care and treatment in the least restrictive setting. MSH works closely with community agencies and service providers to coordinate the provision of care and help people return to community settings as soon as they are stable enough to do so.
- E. Admissions to MSH are governed by Montana Statute. MSH primarily serves individuals admitted for care and treatment under civil and criminal commitment procedures. Discharge procedures are also governed by state statute.

**III. DEFINITIONS:** None.

**IV. RESPONSIBILITIES:**

- A. *All employees* are responsible for understanding the role of MSH and providing either directly or indirectly, treatment and rehabilitation services intended to stabilize patients and help them successfully return to a community setting.

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**V. PROCEDURE:**

Treatment at MSH is organized around five primary clinical pathways that collectively are called “Pathways to Recovery.” The purpose of the pathways is to provide meaningful, coordinated treatment for each individual in order to promote recovery and independence to the fullest extent possible. Programs on each treatment unit are developed around a particular treatment pathway. MSH supplements the treatment available on each unit with a variety of centralized services offered on campus. Centralized services include basic medical care, dental care, dietary services, and psychotherapeutic services. Individuals are offered a wide variety of recovery-focused services at the Recovery Center and Therapeutic Learning Center. Finally, MSH offers on-campus group home opportunities and services for individuals who have recovered and are preparing for the transition back to the community.

A brief description of each program follows:

*A and B Units, Main Hospital Warm Springs*

<b>Program Status</b>	<b>Stabilization, Coping and Co-Occurring Pathway Licensed by State of Montana under Hospital Standards; Certified by CMS under Federal Medicare &amp; Medicaid Regulations</b>
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A and B Units are designed to serve people experiencing symptoms of psychosis, affective disorders and/or maladaptive behaviors which may impair judgment, social functioning, and/or safe and successful ability to reside in a community setting. Integrated treatment is designed to address complex treatment needs with a recovery perspective to enhance skills in healthy patterns of living and improve quality of life. The goal of treatment is stabilization and community re-integration.

*D Unit, Main Hospital Warm Springs*

<b>Program Status</b>	<b>Management of Legal Issues (MLI) Pathway Licensed by State of Montana under Hospital Standards</b>
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D-Unit provides services designed for both civil and forensic patients. This unit serves forensic patients who are typically fully adjudicated and have advanced to levels that warrant treatment in this medium security setting. Civil patients served on D Unit are those persons whose behavior and recovery have not been manageable on Units A, B, E, or Spratt or persons who have clinically been assessed to need the services on D Unit to facilitate their continuing recovery.

Treatment opportunities focus upon stabilization and assisting patients to understand and manage their symptoms and associated behaviors to promote well-being, safety, and recovery.



