



## MONTANA STATE HOSPITAL POLICY AND PROCEDURE

### GLOVE USE

**Effective Date:** January 12, 2016

**Policy #:** IC-20

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- I. PURPOSE:** To reduce the risk of contamination of health care workers hands with blood and other body fluids, and to reduce the risk of germ dissemination to the environment and of transmission from the health-care worker to the patient and vice versa, as well as from one patient to the other.
- II. POLICY:**
- A. Hospital personnel will utilize medical gloves to prevent the spread of infection.
1. Gloves should be used during all patient-care activities that may involve exposure to blood and all other body fluid (including contact with mucous membrane and non-intact skin), during contact precautions and outbreak situations.
- III. DEFINITIONS:**
- A. Dissemination – spreading widely.
- IV. RESPONSIBILITIES:**
- A. The hospital will provide hand washing facilities. Where sinks are not practical, alcohol-based hand rub will be available.
- B. Medical gloves will be provided, by the hospital, to all staff.
- V. PROCEDURE:**
- A. Gloves are effective in preventing contamination of health care worker's hands and help reduce transmission of pathogens if they are used appropriately, and timely hand hygiene is performed using the method of hand rubbing or hand hygiene.
1. Wear gloves when you reasonably anticipate contact with blood or other body fluids, mucous membranes, non-intact skin or potentially infectious materials.
2. Wear gloves during contact precautions with a patient (and his/her immediate surroundings).

3. Remove gloves after caring for a patient. Remove gloves prior to leaving the patient's living area, and do not wear the same pair of gloves for the care of more than one patient.
4. If the integrity of the glove is compromised (e.g. punctured or torn), it should be changed as soon as possible and complimented with hand hygiene.
5. Hand washing or hand rubbing with alcohol based hand rubs should be performed before, and after donning, and removing gloves.
6. The use of gloves when not indicated represents a waste of resources, does not contribute to a reduction of cross contamination, and may increase the risk of germ transmission.
7. Gloves are single use/single task items, glove decontamination and reprocessing is not recommended and should be avoided.
8. Gloves are not to be stored in pockets for later use.

**VI. REFERENCES:** CDC, WHO 2009

**VII. COLLABORATED WITH:** Director of Nursing

**VIII. RESCISSIONS:** #IC-20, *Glove Use* dated August 17, 2012.

**IX. DISTRIBUTION:** All hospital policy manuals.

**X. ANNUAL REVIEW AND AUTHORIZATION:** This policy is subject to annual review and authorization for use by either the Administrator or the Medical Director with written documentation of the review per ARM § 37-106-330.

**XI. FOLLOW-UP RESPONSIBILITY:** Infection Prevention Nurse

**XII. ATTACHMENTS:**

A. Techniques for donning and removing non-sterile examination gloves

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John W. Glueckert                      Date  
Hospital Administrator

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Thomas Gray, MD                      Date  
Medical Director

# Technique for Donning and Removing Non-sterile Examinations Gloves

When the hand hygiene indication occurs before a contact requiring glove use, perform hand hygiene by rubbing with an alcohol-based handrub or by washing with soap and water.

## I. HOW TO DON GLOVES:



1. Take out a glove from its original box



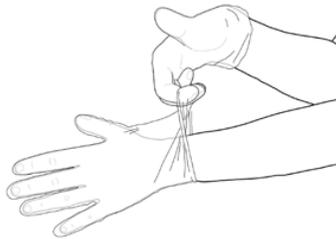
2. Touch only a restricted surface of the glove corresponding to the wrist (at the top edge of the cuff)



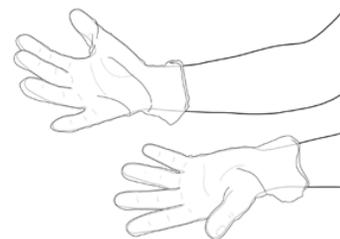
3. Don the first glove



4. Take the second glove with the bare hand and touch only a restricted surface of glove corresponding to the wrist

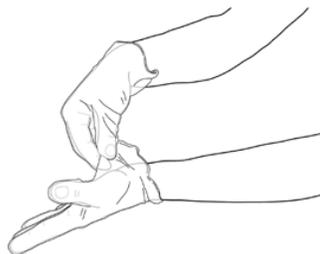


5. To avoid touching the skin of the forearm with the gloved hand, turn the external surface of the glove to be donned on the folded fingers of the gloved hand, thus permitting to glove the second hand

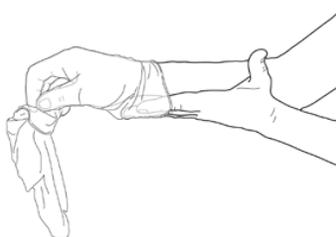


6. Once gloved, hands should not touch anything else that is not defined by indications and conditions for glove use

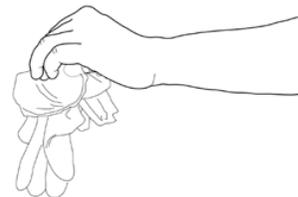
## II. HOW TO REMOVE GLOVES:



1. Pinch one glove at the wrist level to remove it, without touching the skin of the forearm, and peel away from the hand, thus allowing the glove to turn inside out



2. Hold the removed glove in the gloved hand and slide the fingers of the ungloved hand inside between the glove and the wrist. Remove the second glove by rolling it down the hand and fold into the first glove



3. Discard the removed gloves

4. Then, perform hand hygiene by rubbing with an alcohol-based handrub or by washing with soap and water