

	Addictive and Mental Disorders Division Medicaid Services Provider Manual for Substance Use Disorder and Adult Mental Health
	Date effective: July 1, 2020 Date revised: July 1, 2020
Policy Number: 125	Subject: Screening, Brief Intervention, and Referral to Treatment (SBIRT)

Definition

Screening, Brief Intervention, and Referral to Treatment (SBIRT) is an evidence-based primary care intervention to identify those members at risk for psychosocial or health care problems related to their substance use. Montana Medicaid encourages its use by community providers to determine if a complete assessment and possible referral to treatment is needed.

Requirements

SBIRT has the following requirements:

- (1) Must include an alcohol and/or substance (other than tobacco) abuse structured screening and brief intervention (SBI) services.
- (2) Must be provided by a state-approved substance use disorder program, a physician, or a midlevel practitioner.
- (3) Services can be provided by licensed professionals or licensure candidates who are eligible to provide this service or supervise staff providing this service.
- (4) Appropriate staff providing this service must have a minimum of four hours training approved by the department related to SBIRT services.
- (5) The staff providing this service needs to have proof of education/training in this practice.
- (6) The following are approved screenings instruments for adults:
 - (a) AUDIT (Alcohol Use Disorder Identification Test);
 - (b) ASSIST (Alcohol, Smoking, and Substance Abuse Involvement Screening Test); or
 - (c) DAST – 10 (Drug Abuse Screening Test).
- (7) The following are approved screenings instruments for adolescents:
 - (a) CRAFFT (Car, Relax, Alone, Forget, Family or Friends, Trouble); or

(b) SB2I (Screening to Brief Intervention).

(8) The following are approved screenings instruments for pregnant women:

(a) T-ACE (Tolerance, Annoyance, Cut Down, Eye Opener); or

(b) TWEAK (Tolerance, Worried, Eye Opener, Amnesia, K/Cut Down).

(9) A provider may submit other evidence-based screening instruments not listed above, with the supporting research documentation of the appropriateness of the instrument, for consideration and approval by the department.