

**SEVERE AND DISABLING MENTAL
ILLNESS (SDMI)
WAIVER
PROVIDER TRAINING**

**Wednesday
July 29, 2020**

*Provided by the Addictive and Mental
Disorders Division*

Waiver Renewal Process

- Stakeholder meeting
- Applications was submitted to the Centers for Medicare and Medicaid Services (CMS)
- Request for Additional Information (RAI)

Our Members

- Institutional Level of Care
- Qualifying SDMI Diagnosis
- 18 years of age or older
- Involuntary Commitment

- *Long-term supports at a level typically provided in a nursing facility.*
- *Significant difficulty in community living without supportive treatment or services of a long-term or indefinite duration.*
- *Chronic and persistent symptoms resulting in impaired functioning due to a qualifying diagnosis.*
- *Who has been involuntarily committed for at least 30 consecutive days because of a mental disorder at Montana State Hospital or the Montana Mental Health Nursing Care Center.*

Our Members . . .

Habilitation

Habilitation refers to a process aimed at helping disabled people attain, keep or improve skills and functioning for daily living.

Rehabilitation

Rehabilitation refers to regaining skills, abilities, or knowledge that may have been lost or compromised as a result of acquiring a disability or due to a change in one's disability or circumstances.

SEVERE AND DISABLING MENTAL ILLNESS (SDMI) WAIVER MEMBER ENROLLMENT PROCESS



Member is referred to Mountain Pacific Quality Health (MPQH).



Level of Care (LOC)

MPQH administers the LOC over the phone.



Level of Impairment (LOI)

Member is referred to a Mental Health Professional for a face to face SDMI determination and LOI.



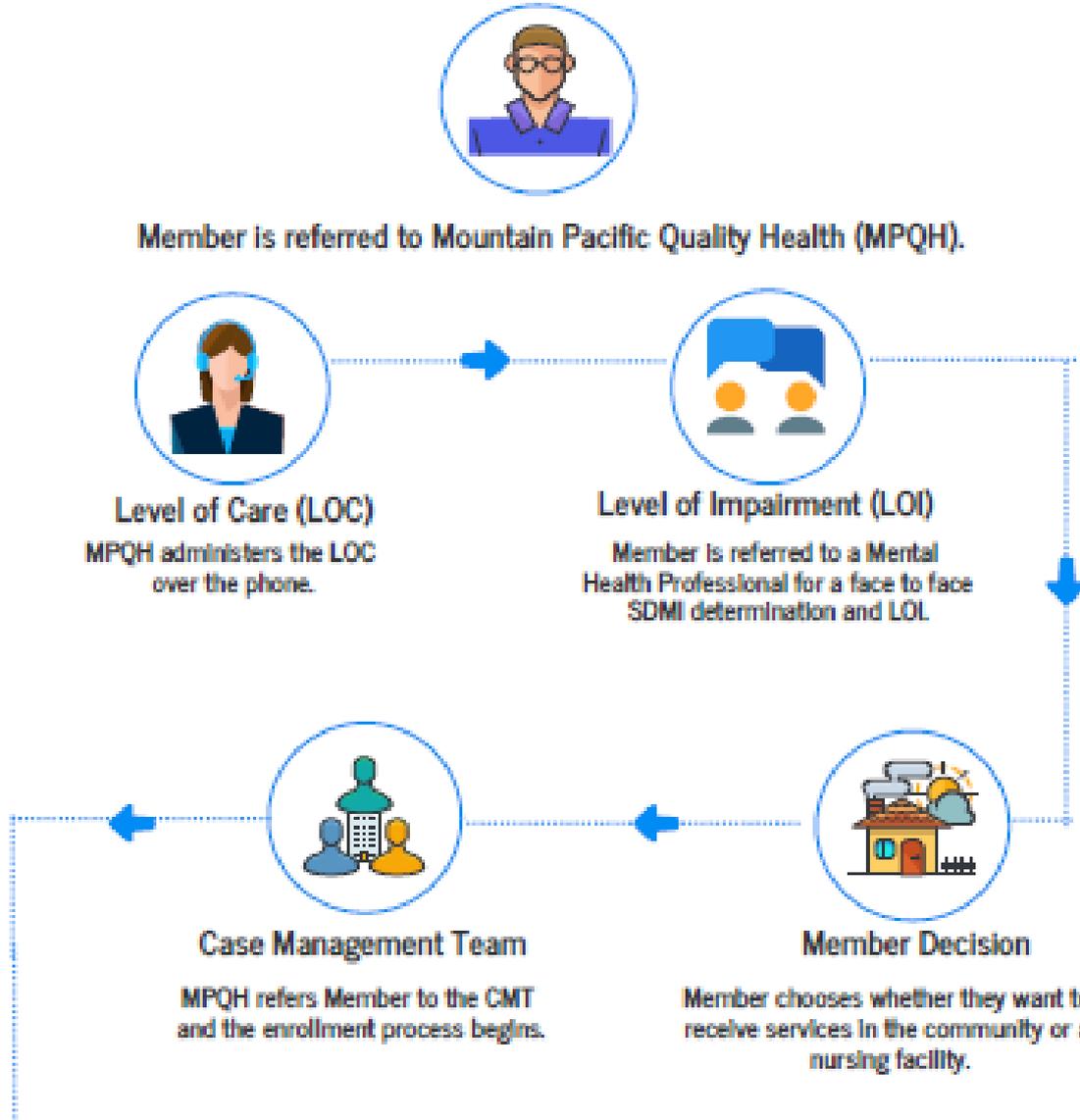
Case Management Team

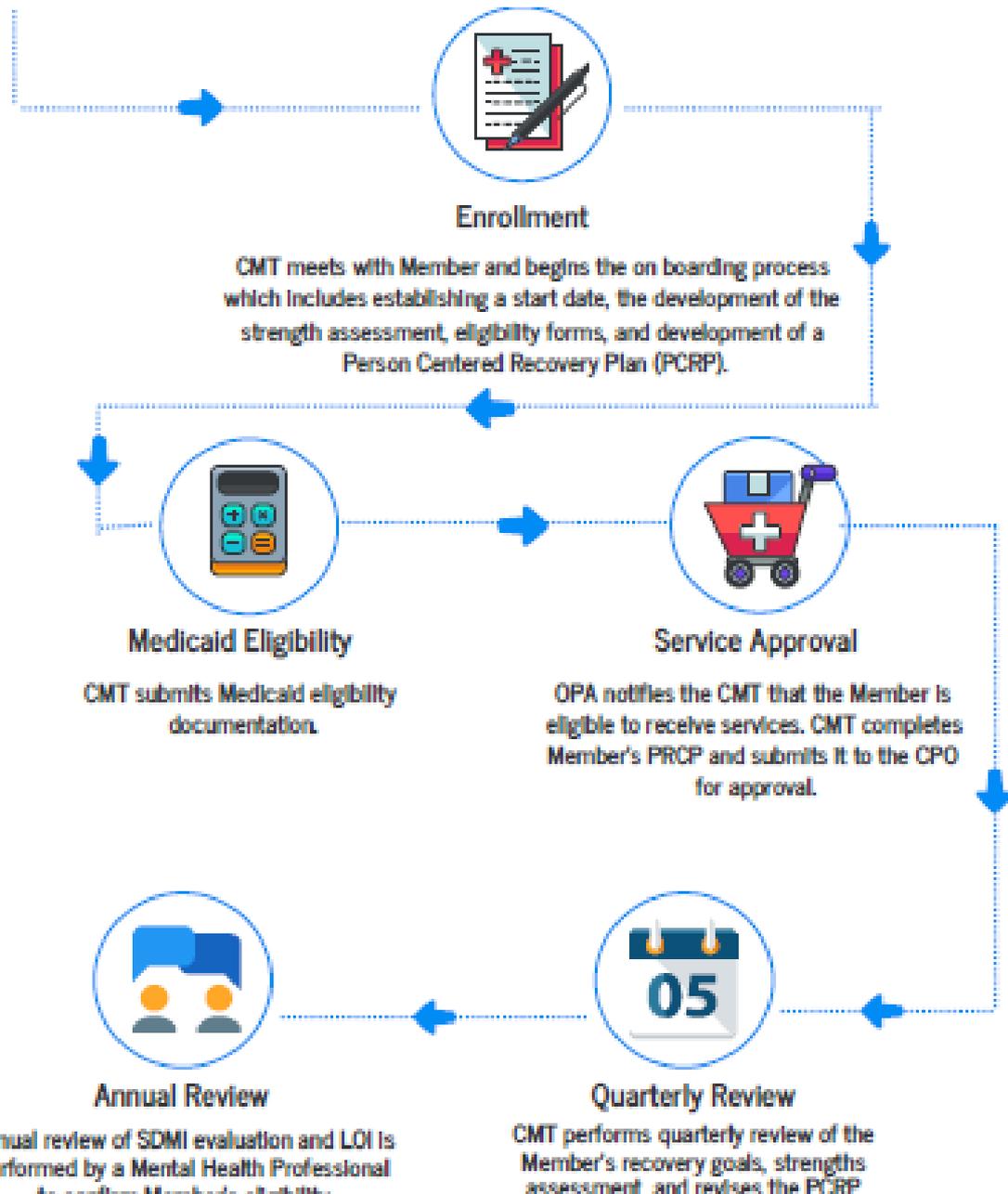
MPQH refers Member to the CMT and the enrollment process begins.



Member Decision

Member chooses whether they want to receive services in the community or a nursing facility.





PROGRAM OVERSIGHT

PERFORMANCE MEASURES

CMS GUIDANCE

HELENA BRIEDENBUCH

PERFORMANCE MEASURES

- Serious occurrence reports must be initiated within 24 hours of receiving the information or witnessing the occurrence.
- Reports of abuse, neglect, exploitation, and unexplained death were investigated within the required timeframes.
- Number of waiver providers that are trained to identify, address, and seek to prevent the unauthorized use of restrictive interventions.
- Number of providers that have policies in place that prohibit the use of restrictive interventions.

PERFORMANCE MEASURES

- Providers must be revalidated on a regular schedule according to guidelines
- Providers must meet licensure, certificate, and all other standards prior to providing services
- Providers must meet training requirements as approved in state regulations and the approved waiver
- Paid claims must have adequate documentation that services were rendered
- 3rd party reviewer will do this will begin in October on a quarterly

New Services and Training Requirements

New Services

- Behavioral Intervention Assistant
- Mental Health Group Home
- Intensive Mental Health Group Home

Changes to Existing Services

- Life Coach

Behavioral Intervention Assistant (BIA) and Personal Assistant Service (PAS/PAA)

Personal Assistant Service

Personal Assistant Service (PAS) are provided when the scope, amount, or duration of the State Plan, CFC/PAS is insufficient in meeting the needs of the member. Service must document

PAS may include:

- Supervision for health and safety reasons.
- Escort and transportation for non-medical reasons.
- Socialization supervision for those members who require personal assistance to physically access the community.

Behavioral Intervention Assistant

- Behavioral Intervention Assistant (BIA) services are habilitative services
- BIA must possess specialized skills to address the challenging behaviors of members with a Severe and Disabling Mental Illness (SDMI).
- BIA services may be provided episodically or continuously.

Social Supervision

SOCIALIZATION

- Socialization is socializing with an individual or group in the community.
- Socialization is not a service of the SDMI waiver.

SOCIAL SUPERVISION

- Social Supervision is overseeing a member that is interacting in the community.
- Social supervision due to a medical/physical need is a CFC services.
- Social supervision due to a behavioral need is a BIA service.

BIA

- ADL/IADL due to behaviors
- Additional training to meet the needs of members with behaviors due to their mental illness.

PAS/PAA

- IDL/IADL due to medical
- Does not have the training to address disruptive behaviors.

NOTE: BIA and PAS address the same ADL/IADL needs. A member cannot be authorized both BIA and PAS, this is a duplication of services.

Assessment and Reassessment

- Initial assessment
- 90-day reassessment
- The Person-Centered Recovery Plan is updated to reflect the member's current needs and authorized appropriate services.
- Repeat

LIFE COACH

Life Coach Defined

Life Coach is a holistic approach to addressing the social determinants of health that impact a member's overall health and well-being and addresses the obstacles that impede a member's progress towards self-sufficiency, improved health, and well-being. Life Coaches aim to motivate, offer emotional support, create confidence in their clients, and to be an accountability partner and a guide that offers feedback, new ideas, and emotional support as the member works towards recovery.

Seven Social Determinants of Health (SDoH)

- Money Management
- Employment
- Public Services
- Housing and Neighbors
- Education
- Social Relationships
- Food and Nutrition

Components of a Life Coach

- Identified SDoH
- Goal oriented
- To achieve independence and self-sufficiency, teach a skill
- Create confidence
- Short term and or episodic

LIFE COACH PROVIDING MONEY MANAGEMENT SERVICES

- Educates member on the basics of personal finance
- In conjunction with the member, creates a spending plan that reflects the values and goals of the member
- Empowers the member to take responsibility for their decisions
- Supports the member's continual learning and growth
- Serves as an accountability partner throughout the process

PAYEE SERVICES

Payee services are a non-allowable expense on a Medicaid waiver.

The Social Security Administration or Veterans Administration determines whether a member requires payee services and who may provide that service.

IN A NUTSHELL

Which service fits the members' need?

PAS/PAA

BIA

LIFE COACH

PAS/PAA

Member has physical limitations to perform ADL/IADL or live independently.

BIA

Member is exhibiting disruptive behaviors that limits their ability to perform ADL/IADL or live independently.

LIFE COACH

Member wants to learn new skills that will increase their ability to function at higher levels within the *Social Determinants of Health*.

Residential Habilitation

- Adult Group Home
- Foster Care
- Assisted Living
- Mental Health Group Home
- Intensive Mental Health Group Home

Residential Habilitation: Adult Group Home

- personal care
- homemaker services
- social activities
- recreational activities
- medication management and oversight
- medical escort
- nonmedical transportation; and
- 24-hour onsite awake staff to meet the needs of the members and provide supervision for safety and security, with a minimum of 1:8 staffing ratio.

Residential Habilitation: Adult Foster Care

- 24-hour available services
- ensure health, safety, and welfare of a member
- assist the member in the acquisition and improvement of behaviors necessary to live and participate in the community.

Residential Habilitation: Assisted Living

- personal care;
- social and recreational activities;
- medication management and oversight;
- medical escort;
- non-medical transportation;
- meals
- 24-hour onsite awake staff.

Residential Habilitation: Mental Health Group Home

- assistance with activities of daily living and instrumental activities of daily living as needed
- medication management, administration, and oversight as needed
- medical escort
- crisis stabilization services as needed by the member
- supervision and support of daily living activities
- assistance with medications, including administration of medications as necessary
- skills building in areas of community reintegration and independent living
- care coordination
- discharge planning for transition to a less restrictive setting
- transportation and supervision, if appropriate, to suitable community resources

Residential Habilitation: Intensive Mental Health Group Home

- assistance with activities of daily living and instrumental activities of daily living, as needed
- medication management, administration, and oversight
- medical escort
- crisis stabilization services as needed by the member
- close supervision and support of daily living activities
- access to community involvement
- care coordination
- discharge planning
- transportation and supervision, if appropriate, to suitable community resources.

Residential Habilitation: Intensive Mental Health Group Home

- ❖ Only the Montana State Hospital, the Montana Mental Health Nursing Care Center, or the Addictive and Mental Disorders Division may refer a member for intensive mental health group home services
- ❖ Be approved by the Addictive and Mental Disorders Division

TRAINING

- Helping others set, implement, and achieve behavioral goals
- Using person centered language
- Suicide Prevention
- Implementing and documenting behavioral interventions
- Active listening
- Resilience and adverse childhood trauma
- Introduction to Behavioral Therapy
- Common psychotropic medications and side effects
- Understanding and setting professional boundaries

TRAINING WEB SITES

- SAMHSA:
[https://smiadvise.org/?utm_source=SAMHSA&utm_medium=Website Direct Link](https://smiadvise.org/?utm_source=SAMHSA&utm_medium=Website_Direct_Link)
[\[smiadvise.org\]](https://smiadvise.org)
- ILUR: <https://www.ilru.org/training-on-demand>
- Brain and Behavior Foundation:
<https://www.bbrfoundation.org/>
- ALISON: <https://alison.com/courses/mental-health>
- Health e knowledge:
<https://healthknowledge.org/course/>

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