Plan First is a Montana Medicaid Family Planning Waiver Program administered by the Department of Public Health and Human Services.

It is designed for women who are over income for Montana Medicaid enrollment but have incomes at or below 211% of the federal poverty guidelines.

The Plan First Program has been active since mid-2012. The current waiver approval expires 12/31/2017. An application to extend this approval for 5 years, until 12/31/2022, is currently under consideration. Late in 2016 Montana submitted an extension request for 3 years only. Since that time we have revised that extension request and made the following changes:

1) The requested length of the renewal/extension is now five (5) years as opposed to the prior three (3) year request;
2) More detail added to the Interim Evaluation of the Impact of the Demonstration section; and
3) Change in format and budget trend rate in the Budget Neutrality Assessment and Projections section.

The proposed changes, waiver benefit description, eligibility and program description, waiver evaluation design with goals/objectives, healthcare delivery system, public meeting details, and public notice schedule are located on the Department website at http://dphhs.mt.gov/MontanaHealthcarePrograms/PlanFirst. The five year renewal/extension request is currently in its public comment period. That period ends 12/14/2017.

ELIGIBILITY:
- Montana resident
- Woman age 19 through 44 years
- Able to bear children and not presently pregnant
- Not eligible for or enrolled in Montana Medicaid
- Have a family income at or below 211% of the federal poverty limit

ENROLLMENT:
Current Plan First enrollment is approximately 1,700 members and has been gradually decreasing since the implementation of Medicaid Expansion that allows some women to qualify for more comprehensive coverage. The Plan First Waiver allows a maximum of 4,000 women to be served.

PLAN FIRST COVERED SERVICES:
- Annual visit
- Follow-up visits
- Comprehensive history
- Physical exams
- Lab services
- Medical counseling
- Contraceptive supplies
- Vaccinations against sexually transmitted diseases (STDs)
- STD treatment
- Family Planning related services

PLAN FIRST 2017 UPDATES:
- Additional covered hysterectomy and anesthesia service codes have been added to correspond with current norms

CONTACT INFORMATION:
- Plan First email: planfirst@mt.gov
- Plan First enrollment questions should be directed to 855-854-1399
- Plan First Program Officer, Linda Skiles-Hadduck, (406) 444-6868, lskiles-hadduck@mt.gov