

Montana Co-Occurring Capacity Building Project

The Montana Co-Occurring Capacity Building Project is a three-year, SAMHSA (Substance Abuse Mental Health Services Administration) funded grant to increase access to and quality of substance abuse and co-occurring mental health treatment services for Montana youth. The grant period concludes September 29, 2015, however a no-cost extension will be requested in order to complete grant activities.

Two evidenced based treatment models were provided at Western Montana Addictions Services, Inc. (WMAS) in Missoula and Lake County and by Intermountain in Lewis and Clark County.

- **Integrated Co-occurring Treatment (ICT)** is an intensive, family focused, home-based model delivered by dually licensed clinicians and clinical supervisors and serves youth with a diagnosis of severe emotional disturbance and co-occurring substance abuse disorder.
- **Motivational Enhancement Therapy/Cognitive Behavioral Therapy (MET/CBT)** has been integrated into the intensive outpatient program at WMAS and the Intermountain Co-Occurring Outpatient Clinic and in two Helena High schools, and serves youth with substance abuse disorders.

Build the capacity of the behavioral health care and other child-serving professionals: A Workforce Advisory Committee provided oversight of the activities and includes representatives from The University of Montana, CMHB, treatment providers, nursing and Youth Court. Activities include:

- Workforce mapping to understand the size and distribution of the clinical workforce in Montana
- Survey the workforce to identify training needs
- Offer online and in-person trainings to match identified needs

Development of a baseline financial map to document state managed expenditures for youth aged 12 through 17 who received a mental health service, a chemical dependency service or both through state fiscal year 2012. The Planning Council (composed of family and state level agency members) developed a number of recommendations including:

- Use state level survey data to better understand the population being served
- Promote early diagnosis of substance abuse by Mental Health Treatment providers
- Work with families to encourage early treatment- seeking behavior by families

For more information about the project, please contact:

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MT Co-Occurring Capacity Building Project: Planning Council Members

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