

# AGENDA/NOTES

## Home Support Services Workgroup

Wednesday 6/24/2020

10:00 – 12:00

**Meeting called by** Meghan Peel, Children's Mental Health Bureau Chief

**Attendees:** Meghan Peel, Rebecca de Camara, Rebecca Corbett, Phil Quinn, Jake Henderson, Jeff Folsom, Nicole Tucker, Kim Chouinard, Barbara Cowan, Mike Chavers, Lacey Hunt, Erin Williams, Nikki Grossberg, Eden Roberts  
Excused: Moyra Anthony

**Location** Join Zoom Meeting  
<https://mt-gov.zoom.us/j/98355507450>  
  
Meeting ID: 983 5550 7450  
  
Dial by Telephone  
+1 646 558 8656

## Agenda Items

- Welcome
  - Meghan discussed the workgroup's established ground rules for Zoom meetings
    - Speak up
    - Try to be as concise as possible
    - Step away from screen as needed
  - HSS page has been added to the [CMHB home page](#)
- Review and Approve 6/10/20 meeting minutes
  - Minutes were approved.
- Intensive In-Home Behavioral Health Services – What are other states doing?
  - Becky provided document with a list of what other states are doing related to HSS.

- Group Brainstorming Activity: Guiding Principles and Functional Components of HSS:

<b>Guiding Principles</b>
Family systems-based
Strength-based, family driven
Prevent out of home placements and foster care displacements
Supports Reunification
Avoid being too prescriptive, but more enhanceive, not “one size fits all” approach
Meeting the youth and family where they are at

<b>Functional Components</b>
When family capacity is diminished: <ul style="list-style-type: none"> <li>• skill building</li> <li>• teaching</li> <li>• modeling and support</li> <li>• treatment/referral for addiction</li> <li>• improve family dynamics</li> </ul>
When child shows behaviors: <ul style="list-style-type: none"> <li>• crisis response</li> <li>• skill development on managing behaviors</li> <li>• individual clinical care</li> <li>• basic support and relationship</li> <li>• time</li> <li>• self-care</li> <li>• respite</li> </ul>
Vehicle/program to support family and child as they move through phases of continuum
Crisis intervention/support <ul style="list-style-type: none"> <li>▪ Reimbursement model/structure that can support providers</li> <li>▪ Allow provider to immerse themselves in the family – trust</li> <li>▪ 24/7 Access</li> <li>▪</li> </ul>
What does the family need? <ul style="list-style-type: none"> <li>▪ Attention and focus</li> <li>▪ Home organization</li> <li>▪ Hope</li> <li>▪ Crisis prevention and plan</li> <li>▪ Teaching/coaching behavior techniques</li> <li>▪ Respite</li> <li>▪ Constant focus from the workers – focus on family independence</li> </ul>
Not duplicative of TCM services
Ensuring the provider stays engaged, home-support can bridge continuum
Parents need behavioral education, in-home family therapy, allow different options (Iowa handout)
Transition back home <ul style="list-style-type: none"> <li>▪ Strategies/training for family</li> </ul>

- Transfer of learning for child who comes back to different structure/environment
- Organization and structure
- Front-loading before the child leaves facility
- Therapist continues outpatient during transition
- Families First, QRTPs – what is the overlap of HSS
- Child becomes identified patient, but limitation of supporting family – working on value system
- Crisis response – child escalation during transition, bring family in

- Program Design Template – Eligibility and Screening
  - Medical necessity
    - Current medical necessity
    - Other states' medical necessity
    - Use of CASII
  - Current Criteria:
    - SED
    - Functional impairment
    - Tried but not successful and ¾ services, PRTF/group home within last 45 days
  - Group Brainstorming Activity: Essential Eligibility Criteria
    - One parent/legal guardian/adult within home that will participate and benefit from HSS
    - SED diagnoses – Yes, but should try to coordinate with CFSD on services for youth at risk of removal but not Medicaid or SED
    - CASII –
      - Group discussed which CASii level HSS fits into. Multiple opinions between level 3 and level 4.
      - What about developing a tier system?
      - **Action Item:** Identify CASII level to use for criteria – Jake, Barb, Kim
        - Score 22-24, qualify for HSS
        - Review manual more in-depth, other cases
        - 1 – environmental stress/support
        - 6 – engagement in services
        - Level 3 – think about talk therapy



4b. CASII level descriptions.docx

- Parking Lot Items
  - Transitioning home
    - Facilitating a warm hand-off (keeping skills, relationships)
    - Think about overlap period
  - Children in foster care/custody situations working toward unification
    - How to balance birth and foster parents
  - What level of telehealth do we want to allow?

- How much should HSS be geared toward foster kids?
- Next Meeting
  - 7/1/20 @ 10-12
  - Medical Necessity Criteria recommendation from Jake, Barb, Kim
  - Program design template – service requirements
  - Laying out what we want the service to look like in the home