

## Substance Abuse and Mental Health Resource

Substance abuse is when the recurrent use of alcohol and/or drugs causes clinically and functionally significant impairment, such as health problems, disability, and failure to meet major responsibilities at work, school, or home. Substance abuse is a patterned use of a drug in which the user consumes the substance in amounts or with methods which are harmful to themselves or others, and is a form of substance related disorder.

Drugs most often associated with this term include: alcohol, tobacco, cannabis, substituted amphetamines, barbiturates, benzodiazepines, cocaine, methaqualone, and opioids.

In 2013, 9.4% of the population had used an illicit drug in the past month. This number is up from 8.3% in 2002 (National Institute on Drug Abuse).

In 2013, 17.3 million (6.6% of the population) Americans were dependent on alcohol or had problems related to their alcohol use (National Institute on Drug Abuse).

Many people who are addicted to drugs are also diagnosed with other mental disorders, including anxiety and depression. Some people develop mental health problems related to their compulsive drug use, and some people take drugs in an attempt to alleviate symptoms of mental health disorders (National Institute on Drug Abuse).

If substance abuse is something you or someone you know struggles with, Montana has 243 different substance abuse and mental health facilities. Montana substance abuse and mental health centers can help get your life under control. It is important to find one that will meet your own needs and standards. Please visit <https://findtreatment.samhsa.gov/> to find a recovery or mental health facility near you. Make the right choice finding you or someone you know addiction treatment in Montana-Call 1-800-662-4357.



This institution is an equal opportunity provider



<b>Western Montana Substance Abuse Facilities</b>	
<b>Browning</b>	
• 807 North Piegan Street	406-338-6330
<b>Hamilton</b>	
• 209 North 10 <sup>th</sup> Street	406-532-9140
<b>Kalispell</b>	
• 795 Sunset Boulevard	406-206-3885
• 200 Heritage Way	406-756-3950
• 1312 North Meridian Road	406-756-6453
<b>Libby</b>	
• 711 California Avenue	406-293-7731
<b>Missoula</b>	
• 830 West Central Avenue	406-829-9515
• 1201 Wyoming Street	406-532-9900
• 1325 Wyoming Street	406-532-9800
• 1515 Fairview Ave	406-544-0432
• 2415 South Catlin Street	406-549-0114
• 3111 Grant Street	877-522-1275
<b>Marion</b>	
• 200 Hubbart Dam Road	406-854-2832
<b>Polson</b>	
• 802 Main Street	406-883-7310
<b>Saint Ignatius</b>	
• 35401 Mission Drive	406-745-3525 X5014
<b>Superior</b>	
• 304 4 <sup>th</sup> Avenue East	406-822-5422
<b>Thompson Falls</b>	
• 1029 Main Street	406-827-4241
<b>Troy</b>	
• 31733 South Fork Yaak Road	800-845-1380