HEALTHY MONTANA FAMILIES
HOME VISITING PROGRAM
Past, Present…What Next?

Karen Shevlin, Project Director
Kaci Gaub-Bruno, Lead Program Specialist
“It is easier to build strong children than to repair broken men”

*Frederick Douglas (1817-1895)*
BACKGROUND

- HMF starting our 8th year of implementation
- Maternal, Infant, and Early Childhood Home Visiting (MIECHV) reauthorized for 5 years in 2017
  - $4.6 million - FY2018
- Last Needs Assessment completed in 2011
- Since 2011, over:
  - 3,196 children enrolled
  - 2,861 families served
  - 45,000 home visits provided
State HMF Home Visiting Team
WHAT IS HOME VISITING?

• Builds on decades of scientific research showing that during pregnancy and in the first years of a child’s life home visiting helps:
  • Prevent child abuse and neglect,
  • Support positive parenting,
  • Improve maternal and child health, and
  • Promote child development and school readiness.
HOME VISITORS

• Trained home visitors (social workers, nurses, paraprofessionals) partner with parents and/or parents-to-be to address the needs and goals of the family and connect them to community resources.

• Receive ongoing, wrap around training that builds on their knowledge base and skills using motivational interviewing “to meet clients where they are.”

• Reflective practice supports home visitors to provide quality services and prevent burnout.
MATERNAL, INFANT, AND EARLY CHILDHOOD HOME VISITING (MIECHV)

- Federally funded/HRSA
- HomVee approved evidence-based home visiting
- Voluntary services
- High intensity/frequency
- High risk populations
- Promotes self-efficacy
- Prevention based
- Culturally congruent
WHO WE SERVE

• Pregnant and newly parenting women/families with infants and children under 6 years.
• Priority for services include:
  • Parents younger than 21
  • Children with developmental delays/disabilities
  • Low income
  • History of child abuse or neglect
  • Service in the military and/or
  • Factors that affect child health and safety or healthy child development and parent-child relationships.
HMF HOME VISITING MODELS

Parents as Teachers®

Nurse-Family Partnership

SafeCare

family SPIRIT®
Nurse Family Partnership (NFP)

- NFP:
  - https://youtu.be/rn8V784A6tE
HIGH-RISK POPULATIONS SERVED

In 2017:

- **85.8%** of households were low income
- **45.2%** of households reported a history of child abuse or maltreatment
- **38.1%** of households included someone with low student achievement
MIECHV PERFORMANCE MEASURES FOR MONTANA

6 BENCHMARKS:
19 PERFORMANCE MEASURES
BENCHMARK: MATERNAL AND NEWBORN HEALTH

• Constructs
  1. Preterm Birth
  2. Breastfeeding
  3. Depression Screening
  4. Well Child Visit
  5. Postpartum Care
  6. Tobacco Cessation Referrals
BENCHMARK:
CHILD INJURIES, ABUSE, NEGLECT, MALTREATMENT AND EMERGENCY DEPARTMENT VISITS

• Constructs
  7. Safe Sleep
  8. Child Injury
  9. Child Maltreatment
BENCHMARK:
SCHOOL READINESS AND
ACHIEVEMENT

• Constructs
  10. Parent-Child Interaction
  11. Early Language and Literacy Activities
  12. Developmental Screening
  13. Behavioral Concerns
BENCHMARK: CRIME OR DOMESTIC VIOLENCE

- Construct
  14. Intimate Partner Violence Screening
BENCHMARK: FAMILY AND ECONOMIC SELF-SUFFICIENCY

• Constructs
  15. Primary Caregiver Education
  16. Continuity of Insurance Coverage
BENCHMARK: COORDINATION AND REFERRALS FOR OTHER COMMUNITY RESOURCES AND SUPPORTS

• Constructs
  17. Completed Depression Referrals
  18. Completed Developmental Referrals
  19. Intimate Partner Violence Referrals
Healthy Montana Families Home Visiting* Sites, 2018

29 Home Visiting Sites in 28 Counties and 4 Reservations

- Home Visiting Sites and Service Locations
- Sites on Reservations
- Reservation Sites Planned for Fall 2018

*HRSA MIECHV Funded Sites
HMF ACCOMPLISHMENTS FOR 2018

• Fully staffed and growing!
• First Years Initiative (FYI) Launch and Roll Out
• Rocky Boy Reservation/Family Spirit (Blackfeet Reservation contract is in process)
• Started major Policy & Procedures Revisions
• Initiated Performance Feedback Reports to improve productivity and quality service delivery
FAMILY SPIRIT

• Family Spirit:
  • https://youtu.be/VI22w9UOm50
HMF Internal Priorities 2019

• Grow and sustain FYI
• Successful implementation of Rocky Boy & Blackfeet Tribes and other tribal partnerships.
• Outreach & Marketing campaign: branding home visiting
• Forecast grant for sustainability
• Improve data collection system, data quality, data reporting and analysis/evaluation
First Years Initiative

Addressing Child Maltreatment with Targeted Home Visiting

Kaci Gaub-Bruno, MA
Lead Program Specialist
Healthy Montana Families
Why Home Visiting?

- Parent’s Developmental History, Childhood Experience, and Health
- Parent’s Relationship Capacity
- Responsive Caregiving
- Child Health and Development

Stresses and Supports

Targets of Home Visiting
Locations

**Wave 1**
- Cascade - PAT
- Flathead - PAT
- Gallatin - PAT
- Park - PAT
- Butte-Silver Bow - PAT & SafeCare
  - Also serving Madison & Beaverhead

**Wave 2**
- Custer - PAT
- Lewis & Clark - PAT
- Missoula - PAT
- Yellowstone - PAT

**Wave 3**
- Big Horn - PAT
- Dawson - PAT
- Mineral - PAT
Healthy Families Parenting Inventory
## Healthy Families Parenting Inventory®

Directions: Please choose ONE answer that best fits for you and color in the circle. 

<table>
<thead>
<tr>
<th></th>
<th>Rarely or never</th>
<th>A little of the time</th>
<th>Some of the time</th>
<th>Good part of the time</th>
<th>Always or most of the time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I feel supported by others.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>2. I feel that others care about me.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>3. I discuss my feelings with someone.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>4. If I have trouble, I feel there is always someone I can turn to for help.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>5. I have family or friends who I can turn to for help.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>6. I learn new ways of doing things from solving problems.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>7. I deal with setbacks without getting discouraged.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>8. When I have a problem, I take steps to solve it.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>9. When I am faced with a problem, I can think of several solutions.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>10. I am good at dealing with unexpected problems.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>11. I remain calm when new problems come up.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>
Incoming Referrals from CPS
FYI Enrollment YTD Statewide

- March
- April
- May
- June
- July
- August
- September
- October
- November
Total FYI Home Visits YTD Statewide

869
FYI Families

Photo courtesy of Becca Bond Photography
Going forward...

- Evaluation
  - Comparison
  - Long term
- Possible journal articles
- Possible expansion with CFSD and other funding

- Pack’n’Plays to promote Safe Sleep
- Additional trainings and supplies
Questions?

Kaci Gaub-Bruno, MA
Healthy Montana Families
Lead Program Specialist
(406)444-0955
Kaci.Gaub-Bruno@mt.gov
WHAT NEXT?
PARTNERSHIPS FOR 2019

New and Continued…
MENTAL HEALTH

- Infant and Early Childhood Mental Health Consultation (IECMHC) Workgroup led by Project Launch
- HMF to partner with Project Launch/ MSU to conduct an environmental scan of HMF sites to identify what services are needed, where and the level of demand and commitment.
- Addiction and Mental Disorders Division to fund Moving Beyond Depression, partner with HMF.
WORKFORCE DEVELOPMENT

- **Coaching Advisory Forum**: Top recommendations are to develop a MT office of coaching, continue workgroup to keep the momentum, and systematic training.

- **Home Visiting Career Trajectories Study** (Fall 2018) goal to learn and share information on the characteristics of the home visiting workforce, including challenges and promising practices for recruiting, retaining and supporting staff.
CHILD SAFETY AND WELL-BEING

- Children’s Trust Fund: helping to fund a Safe Sleep Campaign. Healthy Mother’s, Healthy Babies will provide the means to distribute Pack ‘n’ Play and other safe sleep materials at no cost to families.
- FYI Expansion will continue to reduce child abuse, neglect and child deaths in Montana via the HMF existing infrastructure.
IDENTIFYING HIGH RISK PRIORITIES, GAPS IN SERVICES FOR MONTANA

• MIECHV updated statewide needs assessment due October 2020 requires HMF to coordinate with the MCH Block Grant Title V needs assessment.

• Other partner opportunities?
CONNECT ELECTRONIC REFERRAL SYSTEM

Statewide expansion of CONNECT By the end of the 2019.

• CONNECT A system enhancement will link each of the 13 regional systems together to form a statewide referral network, meaning that you can refer a patient or client to any provider in Montana through CONNECT.
WISHING WELL

• Write down on the “penny” found at your table: What is your BBAC vision for effective, fruitful partnerships for the future?

• Share and discuss at your table.
WISHING WELL

• Place your “penny-vision” in the wishing well