

# **HEALTHY MONTANA FAMILIES HOME VISITING PROGRAM Past, Present...What Next?**

*Karen Shevlin, Project Director*

*Kaci Gaub-Bruno, Lead Program Specialist*

***“It is easier to build strong children  
than to repair broken men”***

***Frederick Douglas (1817-1895)***

# BACKGROUND

- HMF starting our 8th year of implementation
- Maternal, Infant, and Early Childhood Home Visiting (MIECHV) reauthorized for 5 years in 2017
  - \$4.6 million - FY2018
- Last Needs Assessment completed in 2011
- Since 2011, over:
  - **3,196** children enrolled
  - **2,861** families served
  - **45,000** home visits provided

**Governor's Office  
Designated Family & Community Health  
Bureau (FCHB) as MIECHV Administrator**

**Best Beginnings State  
Advisory Council**  
*Representatives in boxes with  
blue outlines*

Department of Public Health and Human Services  
(Public Health Agency)

Prevention Resource Center  
(CAPTA, Children's Trust Fund)

**Economic Security Services Branch**

**Public Health and Safety Division**

Medicaid and Health Services  
(Medicaid, EPSDT, IDEA Part C, Children's Mental Health Bureau, Addictive and Mental Disorders Division)

Human & Community Services Division

Early Childhood Services Bureau  
(ECCS, Project Launch, Head Start Collaboration, (CCDF))

Child & Family Services Division  
(Child Welfare Agency)

Family and Community Health Bureau  
(Title V Program)

Maternal and Early Childhood Home Visiting (Healthy Montana Families)

**Chronic Disease Bureau**

**Injury Prevention & Control**

Best Beginnings Early Childhood Coalitions

**HMF PROGRAM STAFF:**  
MIECHV Project Director: *Karen Shevlin*  
Lead Program Consultant: *Kaci Gaub-Bruno*  
Epidemiologist: *Janice Fries*  
Program Consultant: *Betty Morrison-Franklin*  
Program Consultant: *Abbie Chermack*  
Program Consultant: *Rubin Ackerman*  
Program Consultant: *vacant*  
Program Consultant: *vacant*  
Data Specialist: *Scott Anderson*  
Fiscal Specialist Temp: *Sarah Mohrmann*



**State HMF Home Visiting Team**

# WHAT IS HOME VISITING?

- Builds on decades of scientific research showing that during pregnancy and in the first years of a child's life home visiting helps:
  - Prevent child abuse and neglect,
  - Support positive parenting,
  - Improve maternal and child health, and
  - Promote child development and school readiness.

# HOME VISITORS

- Trained home visitors (social workers, nurses, paraprofessionals) partner with parents and/or parents-to-be to address the needs and goals of the family and connect them to community resources.
- Receive ongoing, wrap around training that builds on their knowledge base and skills using motivational interviewing “to meet clients where they are.”
- Reflective practice supports home visitors to provide quality services and prevent burnout.

# MATERNAL, INFANT, AND EARLY CHILDHOOD HOME VISITING (MIECHV)

- Federally funded/HRSA
- HomVee approved evidence-based home visiting
- Voluntary services
- High intensity/frequency
- High risk populations
- Promotes self-efficacy
- Prevention based
- Culturally congruent

# WHO WE SERVE

- Pregnant and newly parenting women/families with infants and children under 6 years.
- Priority for services include:
  - Parents younger than 21
  - Children with developmental delays/disabilities
  - Low income
  - History of child abuse or neglect
  - Service in the military and/or
  - Factors that affect child health and safety or healthy child development and parent-child relationships.

# HMF HOME VISITING MODELS



Parents as Teachers®

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# Nurse Family Partnership (NFP)

- NFP:
  - <https://youtu.be/rn8V784A6tE>

# HIGH-RISK POPULATIONS SERVED

## **In 2017:**

- **85.8%** of households were low income
- **45.2%** of households reported a history of child abuse or maltreatment
- **38.1%** of households included someone with low student achievement

# **MIECHV PERFORMANCE MEASURES FOR MONTANA**

**6 BENCHMARKS:  
19 PERFORMANCE MEASURES**

# BENCHMARK: MATERNAL AND NEWBORN HEALTH

- Constructs

1. Preterm Birth
2. Breastfeeding
3. Depression Screening
4. Well Child Visit
5. Postpartum Care
6. Tobacco Cessation Referrals

**BENCHMARK:  
CHILD INJURIES, ABUSE, NEGLECT,  
MALTREATMENT AND EMERGENCY  
DEPARTMENT VISITS**

- **Constructs**

- 7. Safe Sleep

- 8. Child Injury

- 9. Child Maltreatment

# BENCHMARK: SCHOOL READINESS AND ACHIEVEMENT

- Constructs

- 10. Parent-Child Interaction

- 11. Early Language and Literacy Activities

- 12. Developmental Screening

- 13. Behavioral Concerns

# BENCHMARK: CRIME OR DOMESTIC VIOLENCE

- Construct

14.Intimate Partner Violence Screening

# BENCHMARK: FAMILY AND ECONOMIC SELF- SUFFICIENCY

- Constructs

- 15. Primary Caregiver Education

- 16. Continuity of Insurance Coverage

# BENCHMARK: COORDINATION AND REFERRALS FOR OTHER COMMUNITY RESOURCES AND SUPPORTS

- Constructs

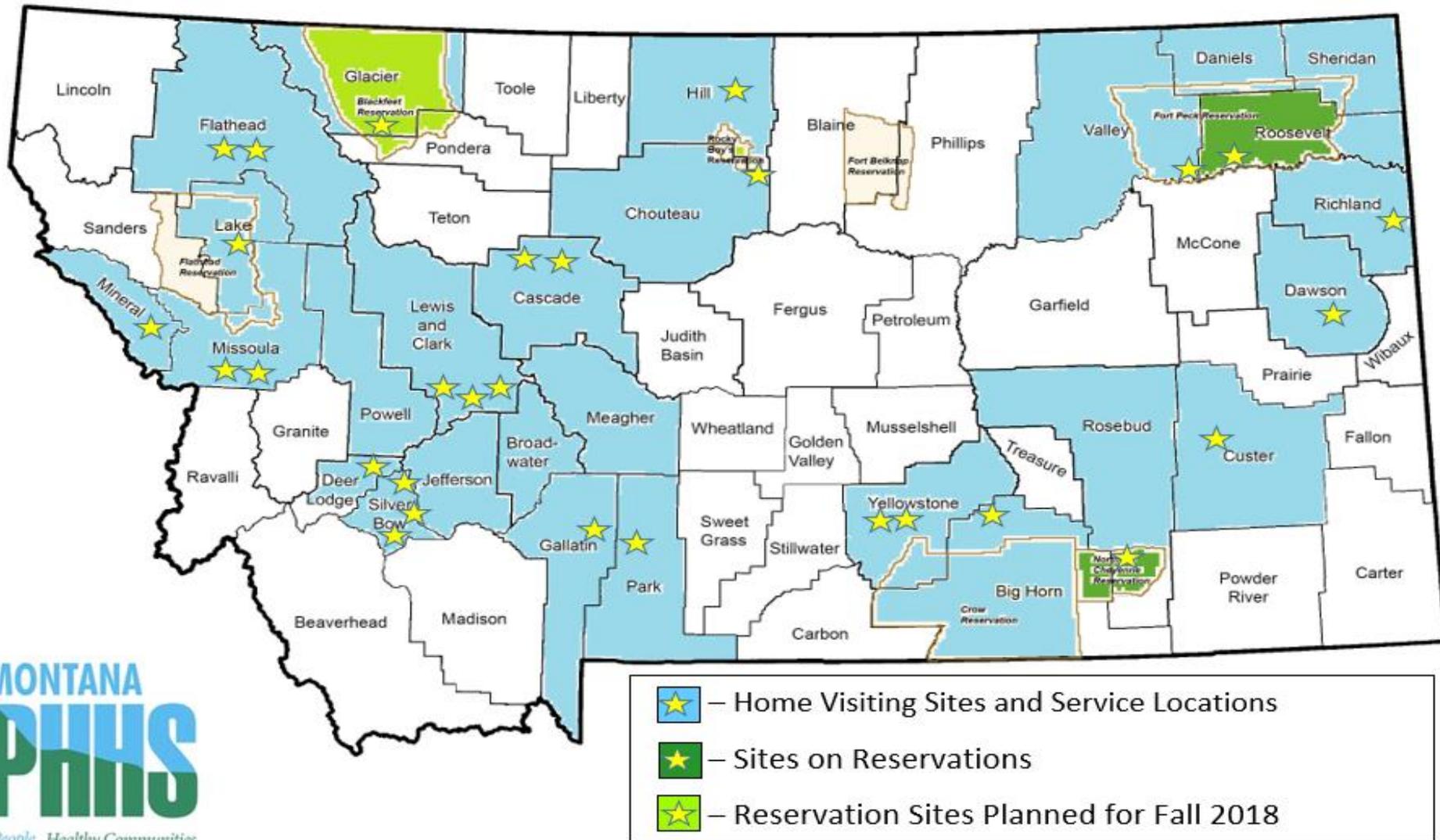
- 17.Completed Depression Referrals

- 18.Completed Developmental Referrals

- 19.Intimate Partner Violence Referrals

# Healthy Montana Families Home Visiting\* Sites, 2018

29 Home Visiting Sites in 28 Counties and 4 Reservations



# HMF ACCOMPLISHMENTS FOR 2018

- Fully staffed and growing!
- First Years Initiative (FYI) Launch and Roll Out
- Rocky Boy Reservation/Family Spirit (Blackfeet Reservation contract is in process)
- Started major Policy & Procedures Revisions
- Initiated Performance Feedback Reports to improve productivity and quality service delivery

# FAMILY SPIRIT

- Family Spirit:
  - <https://youtu.be/VI22w9UOm50>

# HMF Internal Priorities 2019

- Grow and sustain FYI
- Successful implementation of Rocky Boy & Blackfeet Tribes and other tribal partnerships.
- Outreach & Marketing campaign: branding home visiting
- Forecast grant for sustainability
- Improve data collection system, data quality, data reporting and analysis/evaluation

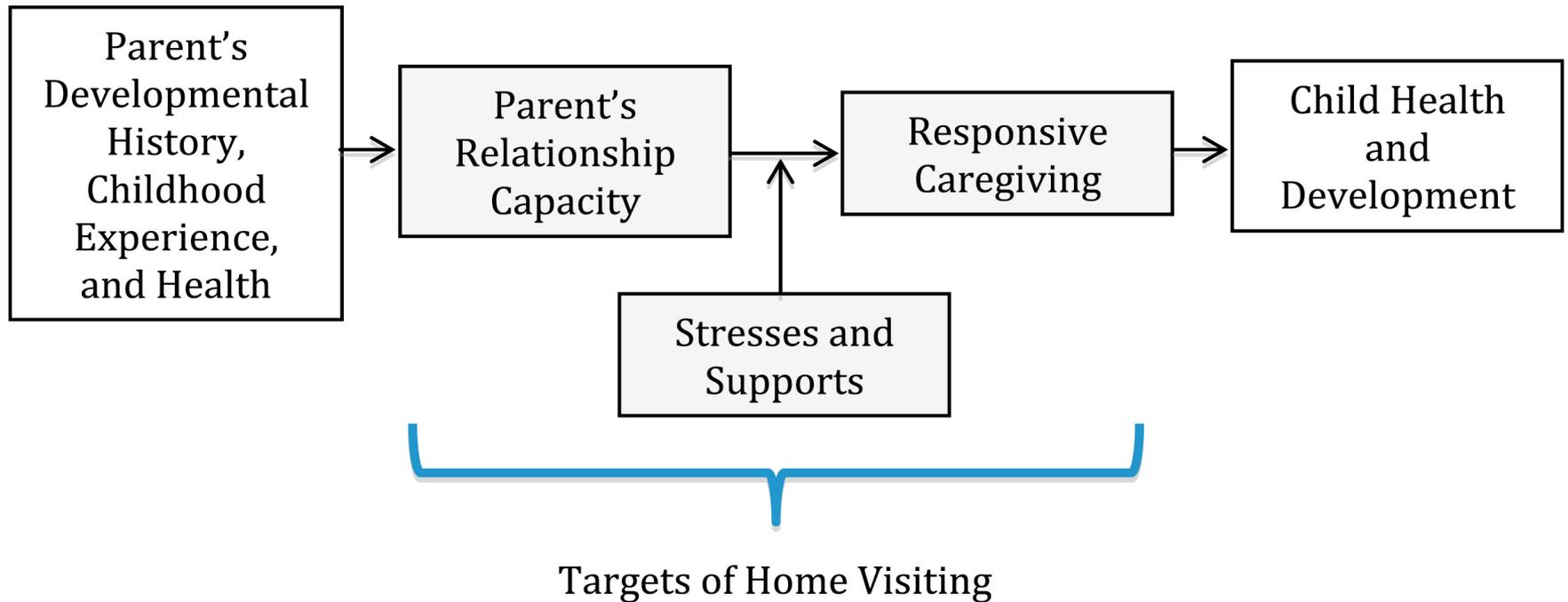
# First Years Initiative

## Addressing Child Maltreatment with Targeted Home Visiting

**Kaci Gaub-Bruno, MA**  
**Lead Program Specialist**  
**Healthy Montana Families**



# Why Home Visiting?



# Locations

## • Wave 1

- Cascade - PAT
- Flathead - PAT
- Gallatin - PAT
- Park - PAT
- Butte-Silver Bow - PAT  
& SafeCare
  - Also serving Madison & Beaverhead

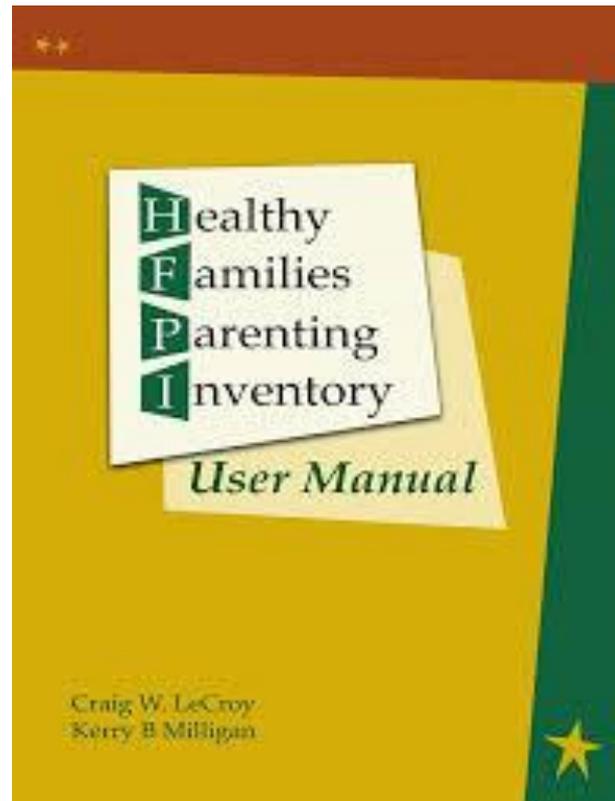
## • Wave 2

- Custer - PAT
- Lewis & Clark - PAT
- Missoula - PAT
- Yellowstone - PAT

## • Wave 3

- Big Horn - PAT
- Dawson - PAT
- Mineral - PAT

# Healthy Families Parenting Inventory

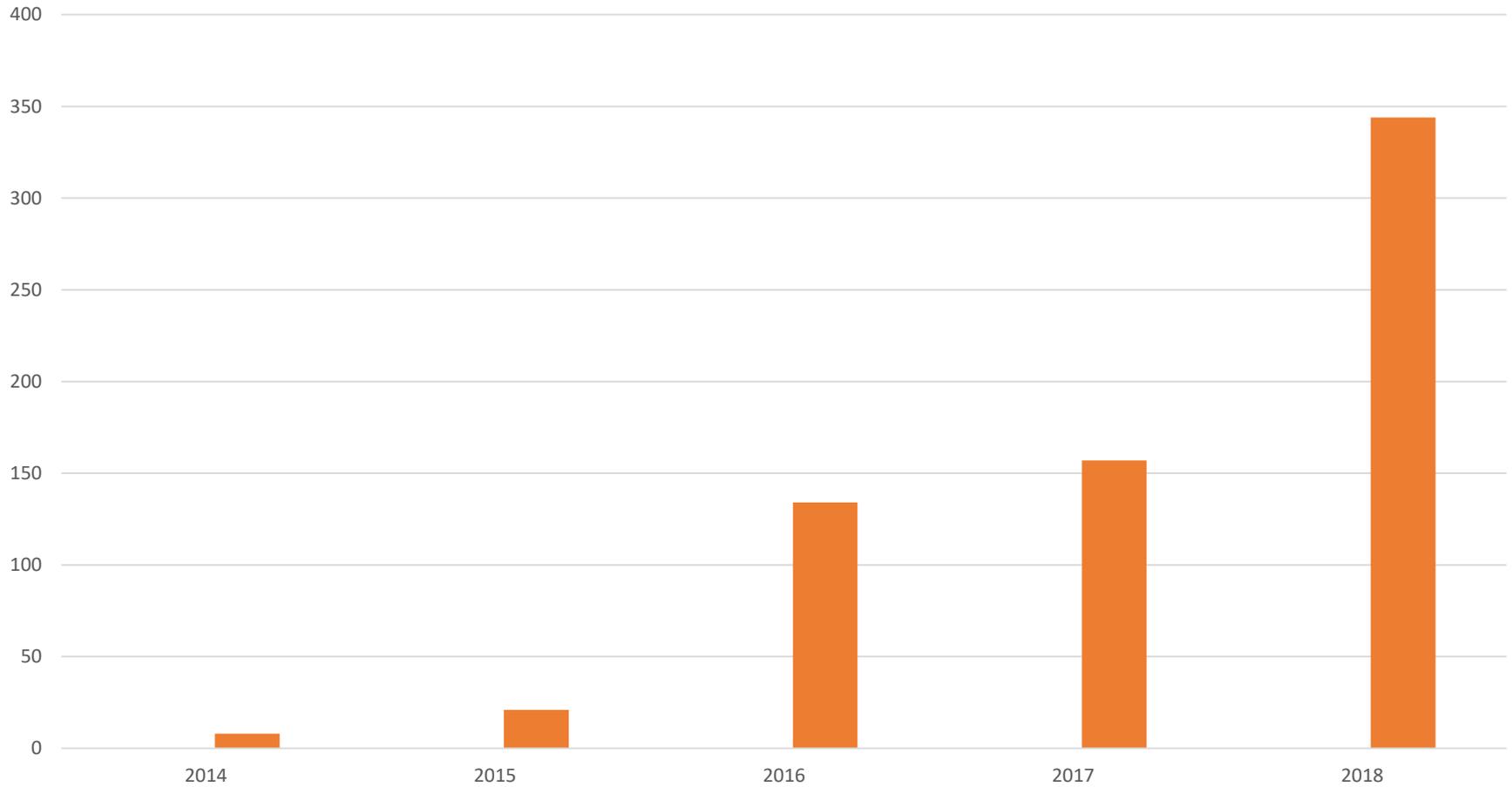


## Healthy Families Parenting Inventory©

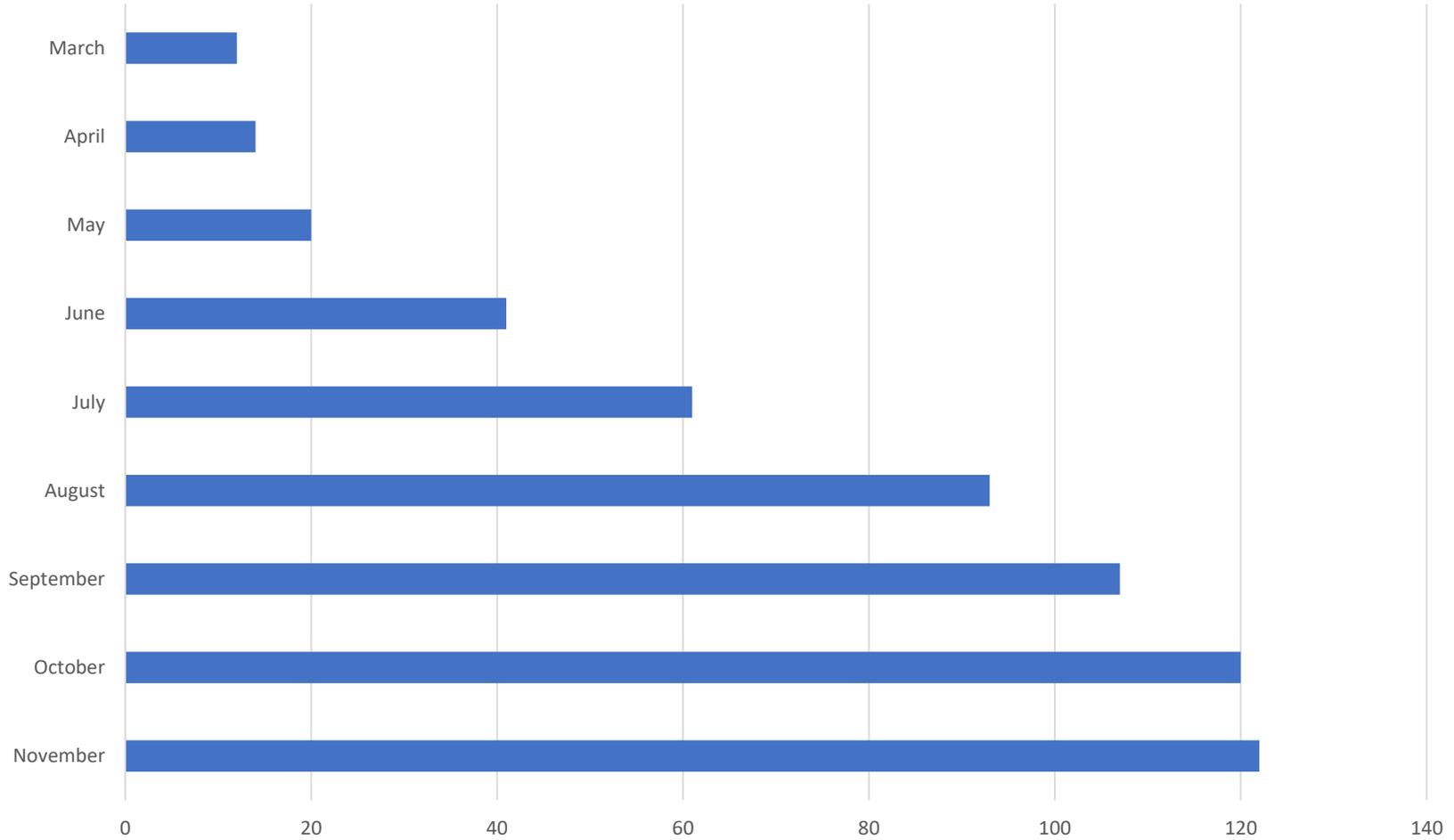
Directions: Please choose ONE answer that best fits for you and color in the circle. ↓

	Rarely or never	A little of the time	Some of the time	Good part of the time	Always or most of the time
	①	②	③	④	⑤
1. I feel supported by others.	①	②	③	④	⑤
2. I feel that others care about me.	①	②	③	④	⑤
3. I discuss my feelings with someone.	①	②	③	④	⑤
4. If I have trouble, I feel there is always someone I can turn to for help.	①	②	③	④	⑤
5. I have family or friends who I can turn to for help.	①	②	③	④	⑤
6. I learn new ways of doing things from solving problems.	①	②	③	④	⑤
7. I deal with setbacks without getting discouraged.	①	②	③	④	⑤
8. When I have a problem, I take steps to solve it.	①	②	③	④	⑤
9. When I am faced with a problem, I can think of several solutions.	①	②	③	④	⑤
10. I am good at dealing with unexpected problems.	①	②	③	④	⑤
11. I remain calm when new problems come up.	①	②	③	④	⑤

# Incoming Referrals from CPS



# FYI Enrollment YTD Statewide



Total FYI Home Visits YTD Statewide

869

# FYI Families



Photo courtesy of Becca Bond Photography

## Going forward...

- Evaluation
  - Comparison
  - Long term
- Possible journal articles
- Possible expansion with CFSD and other funding
- Pack'n'Plays to promote Safe Sleep
- Additional trainings and supplies

# Questions?

**Kaci Gaub-Bruno, MA**  
**Healthy Montana Families**  
**Lead Program Specialist**  
**(406)444-0955**  
**[Kaci.Gaub-Bruno@mt.gov](mailto:Kaci.Gaub-Bruno@mt.gov)**



WHAT NEXT?



# PARTNERSHIPS FOR 2019

New and Continued...

# MENTAL HEALTH

- Infant and Early Childhood Mental Health Consultation (IECMHC) Workgroup led by Project Launch
- HMF to partner with Project Launch/ MSU to conduct an environmental scan of HMF sites to identify what services are needed, where and the level of demand and commitment.
- Addiction and Mental Disorders Division to fund Moving Beyond Depression, partner with HMF.

# WORKFORCE DEVELOPMENT

- **Coaching Advisory Forum** : Top recommendations are to develop a MT office of coaching, continue workgroup to keep the momentum, and systematic training.
- **Home Visiting Career Trajectories Study** (Fall 2018) goal to learn and share information on the characteristics of the home visiting workforce, including challenges and promising practices for recruiting, retaining and supporting staff.

# CHILD SAFETY AND WELL-BEING

- Children's Trust Fund: helping to fund a Safe Sleep Campaign. Healthy Mother's, Healthy Babies will provide the means to distribute Pack 'n' Play and other safe sleep materials at no cost to families.
- FYI Expansion will continue to reduce child abuse, neglect and child deaths in Montana via the HMF existing infrastructure.

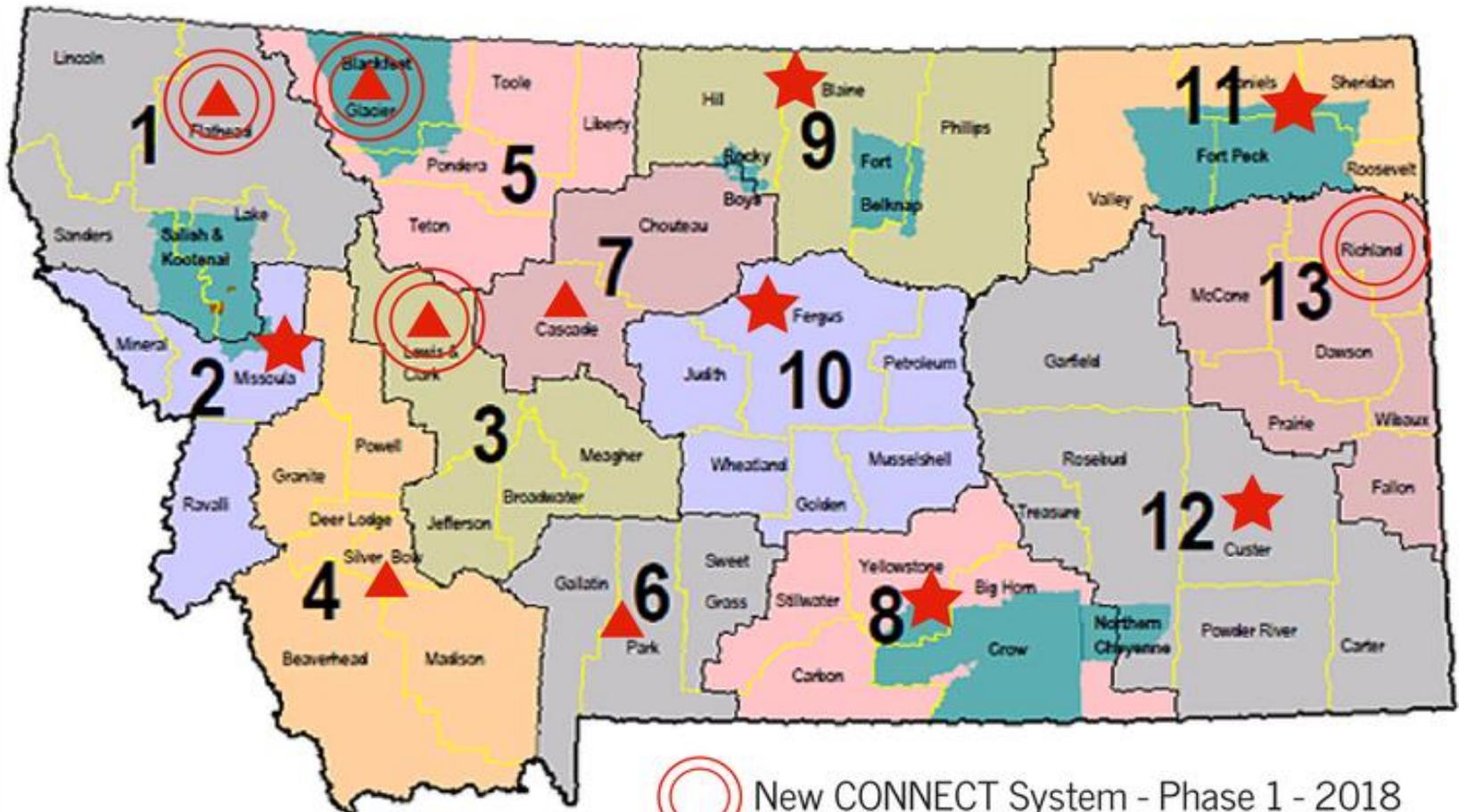
# IDENTIFYING HIGH RISK PRIORITIES, GAPS IN SERVICES FOR MONTANA

- MIECHV updated statewide needs assessment due October 2020 requires HMF to coordinate with the MCH Block Grant Title V needs assessment.
- Other partner opportunities?

# CONNECT ELECTRONIC REFERRAL SYSTEM

Statewide expansion of CONNECT By the end of the 2019.

- CONNECT A system enhancement will link each of the 13 regional systems together to form a statewide referral network, meaning that you can refer a patient or client to any provider in Montana through CONNECT.



**CONNECT**  
*Electronic*  
**MONTANA REFERRAL SYSTEM**

▲ Current CONNECT System

○ New CONNECT System - Phase 1 - 2018

▲ Expanded (Regional) CONNECT System - Phase 1 - 2018

★ New CONNECT System - Phase 2 - 2019

# WISHING WELL

- Write down on the “penny” found at your table: **What is your BBAC vision for effective, fruitful partnerships for the future?**
- **Share and discuss at your table.**

# WISHING WELL

- Place your “penny-vision” in the wishing well