



Infant Early Childhood Mental Health Consultation

In Home Visiting

Infant Early Childhood Mental Health Consultation (IECMHC) is a preventive intervention that teams mental health consultants with adults who work with young children and their families to improve children's social and emotional development. ¹

There's no doubt that early childhood — birth to three years old — is THE MOST IMPORTANT time to lay down a healthy foundation for a child's developing brain. ²



Home visitors partner with families to connect them to community resources, promote the family's physical, social, and emotional health, and support setting family goals.

Consultants support home visitors to strengthen families, children and communities. Examples of consultation efforts include:



Promoting secure supportive relationships and interactions for families and staff.



Providing individualized supports to program directors and staff to help prevent staff turnover and maintain an effective workforce.



Supporting home visitors through reflection and case consultation.



Supporting with referrals and follow-up for children and families to community based services for early intervention.



Educating home visitors on healthy childhood social and emotional development.

Contact Montana Project LAUNCH:

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Sources:

1. Center of Excellence for Infant and Early Childhood Mental Health Consultation (<https://www.samhsa.gov/iecmhc>)
- 2.. Aces Too High (<https://acestoohigh.com/>)