

The Bi-Monthly Broadcast

Welcome to another edition of the Bi-Monthly Broadcast! It's February already, which means that a year has gone by since the first contracts began and in just another month, we'll all be together in Helena. I can hardly believe how quickly time has passed!

In this latest issue, you can find new resources from the National Center for Safe and Supportive Learning Environments and Text4Baby, along with Safe Sleep materials to share with your participants. There is also the section answering your MECH data system questions, and we have the opportunity to hear from Mountain Home Montana in the Contractor Corner.

Thank you for the important work that you continue to do for young families. Looking forward to seeing you next month!

~Kelly Hart, Healthy Montana Teen Parent Coordinator



February is Teen Dating Violence Awareness Month

February is Teen Dating Violence Awareness Month, which makes it a great time to train your partners, co-workers, and colleagues on teen dating violence. The National Center for Safe and Supportive Learning Environments has created a [training toolkit](#) that you can use to train others working with adolescents. The toolkit is designed for trainers to use with “specialized instructional support personnel” such as school nurses, social workers, and counselors. It includes a trainers guide, PowerPoint and handouts.

The training Objectives include:

- “Identify the characteristics of healthy relationships.
- Identify the characteristics of teenage dating abuse.
- Provide strategies for how to assess the extent to which students are placed at risk, intervene with students at risk, and help prevent dating abuse in the school communities.
- Explain how to help establish appropriate policies to address teenage dating abuse.
- Explain how to extend positive norms throughout school communities.
- Identify resources in school communities to address teenage dating abuse.
- Identify groups in school communities that require special attention.”

The training itself takes 4.5 hours, and was developed with input and guidance from a number of organizations including but not limited to Boston Public Health Commission, Idaho Coalition Against Domestic and Sexual Violence, National Association of School Nurses, and Futures Without Violence.

Contractor's Corner: Mountain Home Montana

By Afton Russell

Mountain Home Montana operates a supportive housing program and mental health center in Missoula, MT. Our mission is to *"Provide a safe and loving home where young mother's can discover their strengths and their children can experience the joys of childhood."* This year we are celebrating our 15th Year Anniversary with some exciting program development.

Thanks to the Healthy Montana Teen Parenting funding, we have been able to invest in our parenting program and expand access to case management. All thirty of our young families now have access to Circle of Security, and two evidence based programs Parent Child Interaction Therapy and Safe Care.

Naomi Thornton, LCSW is providing Parent Child Interaction Therapy (PCIT), a treatment for young children with emotional and behavioral disorders that places emphasis on improving the quality of the parent-child relationship and changing parent-child interaction patterns, for four families at a time. Mountain Home staff Bryann Bausch, MSW and Tiffany Becker have completed their Safe Care training and are in the second week of implementing the Safe Care curriculum in the group setting. Safe Care is a home visitation program that has been shown to reduce child maltreatment among families at risk.

We are excited to be a part of the efforts to improve services for young families across the state and to learn more about the other programs offering services in our communities.

For more information about Mountain Home Montana, visit www.mountainhomemt.org or contact Afton at afton@mountainhomemt.org.



Get to Know MTmechv:

Send your data collection questions to mtmechvhelpdesk@mt.gov.

Q: *I closed out my case and forgot to fill out the Exit Form. I can find my client, but can't get to the Exit Form. What should I do?*

A: If you changed the status under the service to "Completed", you can find the client on your case load page by showing "My Completed Cases". If you changed the status to "Closed" you can search for the client and open their person record from the search page. Once you locate the person record and open it, scroll the page down to the "Service" section. Because the case is no longer open, you will not be able to see any forms. Next to the Service is a checkbox that says "Show All". Click on the box, and it will re-open the services and you can get to the Exit Form. For more information about this and to see screenshots of this step, check out page 7 of your user manual.

Safe to Sleep Campaign

The following is information directly from an email from the US DHHS Administration for Children and Families



The Safe to Sleep® campaign (formerly the Back to Sleep® campaign), led by the Eunice Kennedy Shiver National Institute of Child Health and Human Development (NICHD) of the National Institutes of Health (NIH), promotes ways to reduce the risk of sudden infant death syndrome (SIDS) and other sleep-related causes of infant death.

The campaign's messages are based on recommendations by the American Academy of Pediatrics. These recommendations include ways that parents and caregivers can reduce the risk of SIDS and other sleep-related causes of infant death by making a baby's sleep environment safer. Babies who usually sleep on their backs but who are then placed to sleep on their stomachs, such as for a nap, are at very high risk for SIDS. So, it is important for everyone who cares for a baby to use the back sleep position for all sleep times—for naps and at night.

As you may know, October was SIDS Awareness Month. To learn more about safe infant sleep practices, we hope you will check out a promotional e-toolkit that will serve as a resource for you in educating child care providers about safe infant sleep. The toolkit includes:

- Sample social media posts with the campaign hashtags
- Drop-in presentation slides about SIDS and the campaign
- Videos in English and Spanish explaining ways to reduce the risk of SIDS and other sleep-related causes of infant death
- Infographics that explain key points related to reducing the risk of SIDS and other sleep-related causes of infant death.

Visit the Safe to Sleep® Web site, <http://www.nichd.nih.gov/sts/>, to order FREE educational materials, read myths and facts about safe infant sleep, find tummy time tips, and discover other helpful resources.

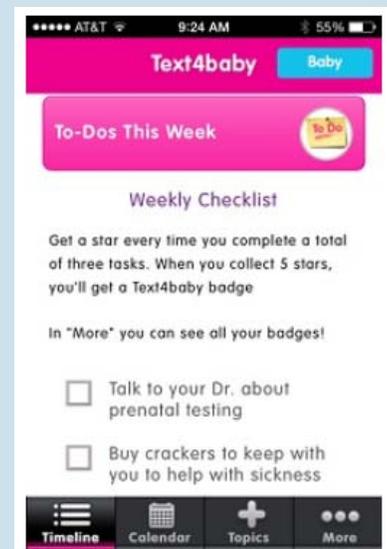
Please help us spread the word about safe infant sleep!

New Text4Baby App

Text4Baby is now available as a free app in the iTunes and Google Play app stores. This app complements the free text messaging services already available. It offers additional content and interactive features including:

- * A weekly planning list of medical, developmental, and lifestyle calendar items;
- * Polls that allow participants to see how other moms respond to topics like pregnancy symptoms, infant development and emotional experiences;
- * Appointment reminders scheduled via the app that will be sent through the text message service; and,
- * Helpful health hotlines and community resources.

Check it out today!



UPCOMING TRAINING OPPORTUNITIES

*Have training opportunities to share? Send them to Khart2@mt.gov *

February

National Healthy Start Association *Spring Conference*

February 28—March 3, 2015

Washington, D.C.

http://www.nationalhealthystart.org/what_we_do/spring_conference

March

HMTTP Training—Trauma Informed Care

March 3—4, 2015

Helena, MT

Society for Adolescent Health and Medicine *2015 Annual Meeting— Embracing Transitions: Promoting Health Throughout Adolescence and Young Adulthood*

March 18—21, 2015

Los Angeles, CA

<http://www.adolescenthealth.org/Meetings/Future-Meetings.aspx>

April

Ellyn Satter Institute Training

April 25, 2015

Missoula, MT

<http://www.dphhs.mt.gov/hcsd/ChildCare/CACFP/Training.aspx>

May

24th Annual Teenwise Minnesota Conference

May 7 –8, 2015

Brooklyn Center, MN

<http://teenwisemn.org/annual-conference/>

June

Breastfeeding Learning Collaborative

June 22—24, 2015

Bozeman, MT

Stay tuned for more info!

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