

The Bi-Monthly Broadcast

Hello! It was great to see all the programs together in Helena last month for annual training. I always enjoy the opportunity to visit in-person, especially since we are spread out across the state. I look forward to hitting the road to see you again for program site visits.

Did you know that May 6th is the National Day to Prevent Teen Pregnancy? Learn what else is observed in April and May in the section below. Elsewhere in this newsletter, you can learn more about Helena’s Florence Crittenton Home and Services, which has been in operation for 114 years. You can also find information on a recent publication from the Substance Abuse and Mental Health Services Administration on Trauma and a Trauma Informed Approach, along with answers to your questions about the MTmechv data system. The last page, as usual, lists upcoming conferences and events that may be of interest.

Thank you for all that you do for young families across Montana!
 ~ Kelly Hart, Healthy Montana Teen Parent Coordinator



Ideas for Outreach: Raise Awareness for a Month’s Observance

A great way to gain publicity and reach out to your target population is to host an event to raise awareness for a monthly, weekly, or even daily observance. Here are a few upcoming examples:

	April	May
Month	<ul style="list-style-type: none"> National Child Abuse Prevention Month STI Awareness Month 	<ul style="list-style-type: none"> National Teen Pregnancy Prevention Month
Week	<ul style="list-style-type: none"> April 12—18 NAEYC Week of the Young Child April 18—25 National Infant Immunization Week 	<ul style="list-style-type: none"> May 3—9 Children’s Mental Health Awareness Week May 10—16 National Alcohol- and Other Drug-Related Birth Defects Awareness Week
Day	<ul style="list-style-type: none"> April 10—National Youth HIV and AIDS Awareness Day 	<ul style="list-style-type: none"> May 6—National Day to Prevent Teen Pregnancy

To plan ahead for the coming year, visit sites like [National Health Information Center](#) from the U.S. Department of Health and Human Services, the Centers for Disease Control and Prevention Women’s Health [Health Observances](#), or even just google a specific month with the text “monthly observances”.



Contractor's Corner: Florence Crittenton Home and Services

By: Brittney (Crow) Shirley

Florence Crittenton Home & Services is a 114-year-old non-profit organization that is devoted to the empowerment, enrichment, and transformation in the lives of young families. The majority of our young mothers have experienced significant traumas and their pregnancies are just one symptom of this trauma. Our therapeutic model is based on building healthy secure relationships and redirecting youth from the trap of repeated victimization. FCHS utilizes a holistic treatment approach. We believe that in order for young parents to become effective parents, they need services that simultaneously address the developmental tasks of adolescence and prepare them to take on the adult responsibilities of parenthood. We are devoted to providing opportunities and support by establishing services in an integrated and coordinated fashion to meet both of these sets of needs. We are dedicated to providing young families the support and guidance they need to develop strong bonds and healthy relationships with their child

Our residential program includes 24-hour supervision and care by our direct care staff, prenatal and parenting classes, logistical support for doctors' appointments and other meetings, education support, and independent living skills training. Within our residential program we have three core services at Florence Crittenton. *Mother Baby* is licensed for up to 12 pregnant or parenting teens and their babies. Healthy Montana Teen Parent Program funds help us operate our *Pathways to Success* program, which is our transitional living program that houses four pregnant and parenting mothers, ages 18-21, and their babies. Our *Child Enrichment Center* is our licensed childcare facility that serves 12 infants and toddlers up to age 2, which serves our clients' babies and toddlers as well as other children of families from the community.

Each year we serve as many young families as possible through our residential services. Those young women that reach our residential programs have the most critical needs and require the most assistance and support in order to make the best decisions for their future and the well-being of their babies. However, there are hundreds of teen mothers and young parents each day in Montana that need some level of support navigating the uncertain waters of parenthood. Our *Community-Based* services include: Circle of Security® Parenting Classes, Loving Your Baby From the Inside Out prenatal classes, Parents as Teachers™ and SafeCare home visiting programs, and other support and education groups focused on the needs of young parents and their children. Our Community Based classes provide support to those families in the community that may need assistance in order to prevent adverse childhood experiences and provide advocacy for the children of families in crisis.

For more information on Florence Crittenton, please visit www.florencecrittenton.org, or call 406.442.6950



New SAMHSA Publication on Trauma and Trauma Informed Approaches

Last July, the Substance Abuse and Mental Health Services Administration's Trauma and Justice Strategic Initiative released a document called "*SAMHSA's Concept of Trauma and Guidance for a Trauma Informed Approach*". This document, which can be downloaded [here](#), offers background info on trauma, what a trauma-informed approach is, how to implement a trauma-informed approach, and next steps for communities.

The document includes the six key principles of a trauma-informed approach:

1. Safety
2. Trustworthiness and Transparency
3. Peer Support
4. Collaboration and Mutuality
5. Empowerment, Voice and Choice
6. Cultural, Historical, and Gender Issues

It also includes the Ten Implementation Domains for a Trauma Informed Approach:

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| 1. Governance and Leadership | 6. Screening, Assessment, Treatment Services |
| 2. Policy | 7. Training and Workforce Development |
| 3. Physical Environment | 8. Progress Monitoring and Quality Assurance |
| 4. Engagement and Involvement | 9. Financing |
| 5. Cross Sector Collaboration | 10. Evaluation |

This document can be a great resource for programs looking to be more trauma informed and thinking about the next steps when learning about trauma and Adverse Childhood Experiences.



Get to Know MTmechv:

Q: A Person Record is locked. What do I do?

A: There are a number of reasons why a Person Record might be locked. If someone else is already accessing a Person Record when you open it, you will receive a pop-up message telling you that the record is locked by a specific person, so you will see who is in the person record. You can also lock yourself out if you use the "back", "refresh", or "close window" buttons to navigate, instead of using the links within the system. If you are inactive in the system for 30 minutes or more, or lose power or Internet connectivity, you can also be locked out of a Person Record. If you are locked out for these reasons (except for someone else using the Person Record), you have two options. You can contact the MTmechv Help Desk and ask for the Person Record to be unlocked, or, you can wait for the Person Record to unlock itself after 30 minutes. To read more about this and other MTmechv information, check out your MTmechv Users Guide.

Send your data collection questions to mtmechvhelpdesk@mt.gov.

UPCOMING TRAINING OPPORTUNITIES

*Have training opportunities to share? Send them to Khart2@mt.gov *

April

Ellyn Satter Institute Training

April 25, 2015

Missoula, MT

<http://www.dphhs.mt.gov/hcsd/ChildCare/CACFP/Training.aspx>

May

24th Annual Teenwise Minnesota Conference

May 7 –8, 2015

Brooklyn Center, MN

<http://teenwisemn.org/annual-conference/>

June

Breastfeeding Learning Collaborative

June 22–24, 2015

Bozeman, MT

Stay tuned for more info!

July

Great Beginnings, Great Families Conference

July 7–9, 2015

Helena, Mt

Stay tuned for more info!

August

Certified Lactation Counselor Training

August 3-7, 2015

Butte, MT

<http://www.healthychildren.cc/Education.htm>



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