



**Section 1115 PLAN FIRST Demonstration Waiver
Post Award Forum
(August 15, 2019)**

Plan First is a Section 1115 Medicaid Family Planning Waiver Eligibility:

- Montana women ages 19 through 44;
- Not eligible for other Medicaid benefits;
- Able to become pregnant but are not now pregnant; and
- Earning a household income up to 200% of the federal poverty level (FPL) plus 11% of the FPL calculated by CMS as a substitute for income disregards, for a total of 211% of the FPL.

Plan First's Goals:

- Improved access to and use of family planning services among the participants;
- Fewer unintended pregnancies and births; and
- Improved birth outcomes and women's health by increasing the child spacing interval.

Plan First's Renewal:

- The Plan First Waiver expired on March 31, 2019, and the waiver renewal submittal was approved effective April 1, 2019 through December 31, 2028.
- The renewal has no substantial changes; and
- Although the waiver is limited to 4,000 women at any time, the current enrollment is around 1,500. We saw a marked and steady decline in enrollment that coincided with the implementation of Medicaid expansion in January of 2016 whereby many women qualified for the more comprehensive coverage. However, in the last few years, the decline has lessened, and enrollment seems to be leveling off.

Contact Information:

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DPHHS
<https://dphhs.mt.gov/healthcare>

Plan First Applications

<https://app.mt.gov/planfirst/>
Information:
In-State Toll Free: 1-855-854-1399, or
Out-of-State and Helena Area:
1-406-444-6446, or
Email: planfirst@mt.gov

Conduent

<https://medicaidprovider.mt.gov/>
Member Services: 1-800-362-8312
Provider Relations: 1-800-624-3958