



Montana Healthcare Programs Member Notice

This notice is to inform you of changes to the Montana Healthcare Programs Member Notice, Effective February 1, March 1, and April 1, 2018. These changes apply to services for all people and eligibility categories for Montana Medicaid, including the Montana Medicaid Health and Economic Livelihood Partnership (HELP) Program that serves the Medicaid Expansion population.

In February 2018, Montana Healthcare Programs Members received a letter detailing benefit changes. The benefit changes effective April 1, 2018 affected Adult Mental Health and Substance Use Disorder Outpatient Therapy and implemented a limit of 12 sessions of individual mental health and 12 sessions of group outpatient therapy each state fiscal year for members 18 years of age or older without a qualifying Severe Disabling Mental Illness (SDMI) or Substance Use Disorder (SUD) diagnosis.

In response to the comments received during the proposed rulemaking process, the Department removed the proposed limits to Adult Mental Health and Substance Use Disorder Outpatient Therapy. There are no changes to Adult Mental Health and Substance Use Disorder Outpatient Therapy and members may receive medically necessary Adult Mental Health and Substance Use Disorder Outpatient Therapy without qualifying with a SDMI or SUD diagnosis.