

Asthma Education Materials

Order form-Check all that apply

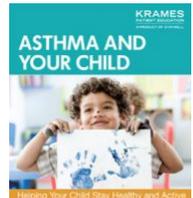


All about Asthma/Asthma and Your Child

This two sided "flip book" has information for children with asthma on one side and their parents on the other. The children's section includes puzzles and games about asthma alongside educational information. The parent's section covers asthma basics, medications and triggers.

[All about Asthma/Asthma and Your Child.](#)

15 copies



Montana Asthma Action Plan

The newest version of our color form for Montana youth with asthma.

15 copies

Dusty the Asthma Goldfish Activity Book

A popular resource from the EPA, this activity book engages younger kids as they learn about asthma.

[Dusty the Asthma Goldfish.](#)



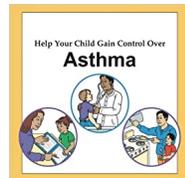
10 copies

Help Your Child Gain Control Over Asthma

An EPA publication that reinforces the information included in the MAP curriculum, this would be a great booklet to have a parent or guardian read and complete after you have taught the curriculum to the family.

[Help Your Child Gain Control Over Asthma.](#)

10 copies



Asthma: A Self-Care Guide from Krames

This 32-page workbook is designed to help adult patients develop and achieve self-management goals. The workbook includes space to develop an asthma action plan, maintain a symptom diary, and create an exercise plan.

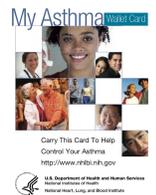
10 copies

My Asthma Wallet Card

This pocket-sized wallet card has space to write in the patient's medications, peak flow numbers, and information for their doctor and emergency contact. A mini asthma action plan, it helps patients stay attuned to their important asthma-related information.

[My Asthma "wallet card".](#)

25 copies



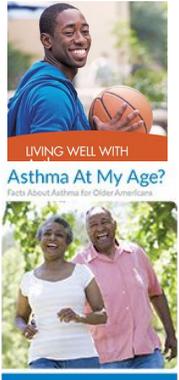
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Living Well with Asthma

This 6-panel brochure covers taking medications, using an inhaler, reducing indoor triggers, avoiding outdoor triggers, staying active, and peak flow monitoring.

15 copies



Asthma....At My Age? Facts about asthma for older Americans

This booklet is aimed specifically at older adults with asthma. It covers asthma basics, asthma action plans and medications.

15 copies

Asthma Device Demonstration Kit

The kit includes a hard plastic case filled with:

- Patient asthma education materials
- A summary of the EPR-3 Asthma Guidelines
- A spacer and mask
- A peak flow meter and
- A variety of demonstration inhaler devices



1 kit

Please send the materials I've requested to:

Name and Organization: _____

Email address: _____

Shipping Address: _____

City, State, Zip code: _____

In case you have questions about my order, call me at: _____

Place your order in one of the following ways:

- Click submit form to email the form to the Asthma Control Program.
- Save this completed form and email to Carolyn Linden at CLinden2@mt.gov.
- Fax this form to Carolyn Linden at 406-444-7465
- Mail to Attn: Carolyn Linden, Asthma Control, PO BOX 202951, Helena, MT 59620-2951

The Montana Asthma Advisory Group, or MAAG, is a diverse team of stakeholders who meet regularly to provide guidance and advice on asthma control efforts statewide.

Please add me to the Montana Asthma Advisory Group listerv.



All materials are provided free of charge by the Montana Asthma Control Program to Montana healthcare providers. To request more copies or for more information e-mail CLinden2@mt.gov or call 406-444-5946.