Montana Asthma Camps

Montana Asthma Camps are supported by the Montana Asthma Control Program.

**How do campers feel about Montana asthma camps?**
90% of campers were glad they came, 70% think camp is a good thing for kids with asthma, and 55% felt better about their asthma after camp.

**Campers learn about how to control their asthma.**
Only about half of the campers knew what a trigger was before coming to camp, and 8 out of 10, or 80%, knew what it was by the end of camp.

Only about half of campers knew to take their controller medicine every day, even when they feel OK, before coming to camp. Afterwards, over 90% know to take their controller medicine every day, even when they feel OK.

**For more information, please contact the following people:**
To learn more about the Asthma Awareness Campout in Rosebud County, contact Carlene Gandara at 7hasmynumber@gmail.com.

To learn more about Camp Huff ‘n Puff in Powell County, contact Kendra Procacci at kendra.procacci@umontana.edu.