

# Benefits of the Montana Asthma Home Visiting Program (MAP):

-  No cost to participants
-  Home visits per year
-  Free allergen proof pillow and mattress covers
-  Free air filter for homes with pets or people who smoke
-  Help identifying things in your home that may make asthma worse
-  Custom asthma education, resources, and referral to community services
-  Individual help with managing the medical system



DPHHS complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-406-444-1386 (TTY: 1-800-833-8503). ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-406-444-1386 (TTY: 1-800-833-8503).

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## Call today! Talk to the MAP home visiting staff in your area

Anaconda-Deer Lodge County Health Department  
115 W. Commercial Ave., Anaconda, MT 59711  
..... 406-563-7863

Bullhook Community Health Center  
521 4th St., Havre, MT 59501  
..... 406-395-4305

Butte-Silver Bow County Health Department  
25 West Front St., Butte, MT 59701  
..... 406-497-5030

Cascade City-County Health Department  
115 4th St. South, Great Falls, MT 59401  
..... 406-791-9299

Custer County Health Department/oneHealth  
515 Main St., Miles City, MT 59301  
..... 406-874-8700

Flathead Community Health Center  
1035 1st Ave. West, Kalispell, MT 59901  
..... 406-751-8110

Gallatin City-County Health Department  
215 W. Mendenhall, Bozeman, MT 59715  
..... 406-582-3100

Lewis and Clark Public Health  
1930 Ninth Ave., Helena, MT 59601  
..... 406-457-8976

Missoula City-County Health Department  
301 West Alder St., Missoula, MT 59802  
..... 406-258-4298

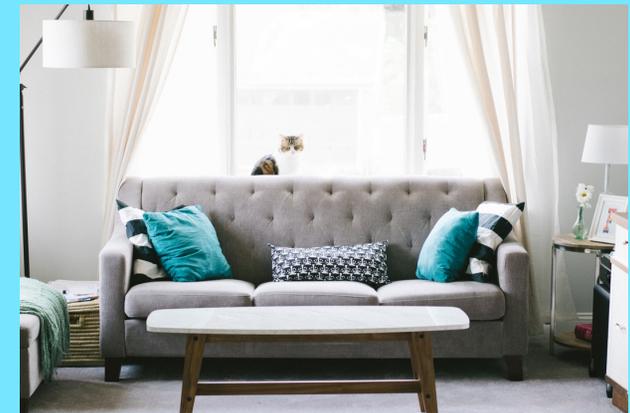
Park County Health Department  
414 E. Callender St., Livingston, MT 59047  
..... 406-222-4145

Richland County Health Department  
1201 West Holly St., Ste. #1, Sidney, MT 59270  
..... 406-433-2207

Updated November 2019

# Montana Asthma Control Program

## Asthma Home Visiting Program



Free asthma education  
In your home  
On your schedule



# Experience Proven Results

No activity limitations in last month

27 ————— 65

No urgent office or ED visits in the last six months

25 ————— 72

Missed no school due to asthma in the last six months

41 ————— 72

Did not have daily symptoms during the last month

83 — 98

Did not use rescue inhaler everyday for the last month

86 — 99

Had good inhaler technique

30 ————— 94

Asthma Control Test score indicated well controlled asthma

35 ————— 89

Had an asthma action plan

34 ————— 88

Asthma Knowledge Test score over 90%

28 ————— 79



Results before and after completing the asthma home visiting program



Create a plan to manage asthma



Learn how to properly use asthma medications



Reduce missed school or work days due to asthma



Reduce the number of days with asthma symptoms



Have fewer ED or Urgent Care visits for asthma-related symptoms

## Who is eligible?

Any child or adult with a current asthma diagnosis who has had either:



An Emergency Department visit, hospitalization, or unscheduled medical office visit for asthma

OR



An Asthma Control Test score of less than 20 in the last year

The Asthma Control Test™ will provide you with a snapshot of how well your asthma has been controlled over the last four weeks, giving you a simple score out of 25.



Adults and children who do not meet eligibility requirements are able to participate in MAP with a direct referral from their healthcare provider

