

# Asthma Education Materials

Order form-Check all that apply



## All about Asthma/Asthma and Your Child

This two sided “flip book” has information for children with asthma on one side and their parents on the other. The children’s section includes puzzles and games about asthma alongside educational information. The parent’s section covers asthma basics, medications and triggers.

[All about Asthma/Asthma and Your Child.](#)

15 copies

## Montana Asthma Action Plan

The newest version of our color form for Montana youth with asthma. Would you like copies of the mock-completed form?

\_\_\_ Yes \_\_\_ No

15 copies

## Dusty the Asthma Goldfish Activity Book

A popular resource from the EPA, this activity book engages younger kids as they learn about asthma. [Dusty the Asthma Goldfish.](#)

10 copies

## Why is Coco Orange?

Coco the chameleon can’t change colors, and his asthma is acting up. Read how Coco and his friends at Lizard Lick Elementary solve this mystery as they learn about air quality and how to stay healthy when the air quality is bad. This EPA picture book is for all children, especially those with asthma, and their caregivers. [Why is Coco Orange?](#)

10 copies

## Help Your Child Gain Control Over Asthma

An EPA publication that reinforces the information included in the MAP curriculum, this would be a great booklet to have a parent or guardian read and complete after you have taught the curriculum to the family.

[Help Your Child Gain Control Over Asthma.](#)

10 copies

## Asthma: A Self-Care Guide from Krames

This 32-page workbook is designed to help adult patients develop and achieve self-management goals. The workbook includes space to develop an asthma action plan, maintain a symptom diary, and create an exercise plan.

10 copies

## My Asthma Wallet Card

This pocket-sized wallet card has space to write in the patient’s medications, peak flow numbers, and information for their doctor and emergency contact. A mini asthma action plan, it helps patients stay attuned to their important asthma-related information.

[My Asthma “wallet card”.](#)

25 copies



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### Living Well with Asthma

This 6-panel brochure covers taking medications, using an inhaler, reducing indoor triggers, avoiding outdoor triggers, staying active, and peak flow monitoring.  
[Living Well with Asthma brochure.](#)

25 copies

### Asthma....At My Age? Facts about asthma for older Americans

This brochure is aimed specifically at older adults with asthma. It covers asthma basics, asthma action plans and medications.  
[Asthma...at my age?](#)

25 copies

### Asthma Device Demonstration Kit

The kit includes a hard plastic case filled with:

- Patient asthma education materials
- A summary of the EPR-3 Asthma Guidelines
- A spacer and mask
- A peak flow meter and
- The following demonstration inhalers:
  - MDI
  - Diskus
  - Twisthaler (when available)



1 kit

Please send the materials I've requested to:

Name, Organization: \_\_\_\_\_

Please add me to your email list:

\_\_\_\_\_ Email address: \_\_\_\_\_

Shipping Address: \_\_\_\_\_

\_\_\_\_\_ City, State, Zip code: \_\_\_\_\_

\_\_\_\_\_ In case you have questions about my order, call me at: \_\_\_\_\_

To place your order, fax this form to Carolyn Linden at 406-444-7465 or mail to Attn: Carolyn Linden, Asthma Control, PO BOX 202951, Helena, MT 59620-2951



All patient materials are provided free of charge by the Montana Asthma Control Program to Montana healthcare providers. To request more copies or for more information e-mail [asthmainfo@mt.gov](mailto:asthmainfo@mt.gov) or call 406-444-5946.