

FALLS AND INJURIES

Montana BRFSS, 2012

In 2012, of Montana adults ages 45 years and older, 32.9% reported having fallen in the past 12 months and of those who reported falling, 34.7% reported being injured from a fall.

Sociodemographic Trends of Adults 45 and Older

- ◆ Women reported being injured from a fall more often than men.
- ◆ The prevalence of falling and being injured from a fall decreased with increasing education and household income levels.
- ◆ American Indians/Alaska Natives reported having fallen in the past year more often than White, non-Hispanic adults.
- ◆ The prevalence of falling in the past year and getting injured from a fall was significantly higher among adults with a disability than adults without a disability.

Figure 16. Falls and Injuries by Disability Status, Montana BRFSS, 2012

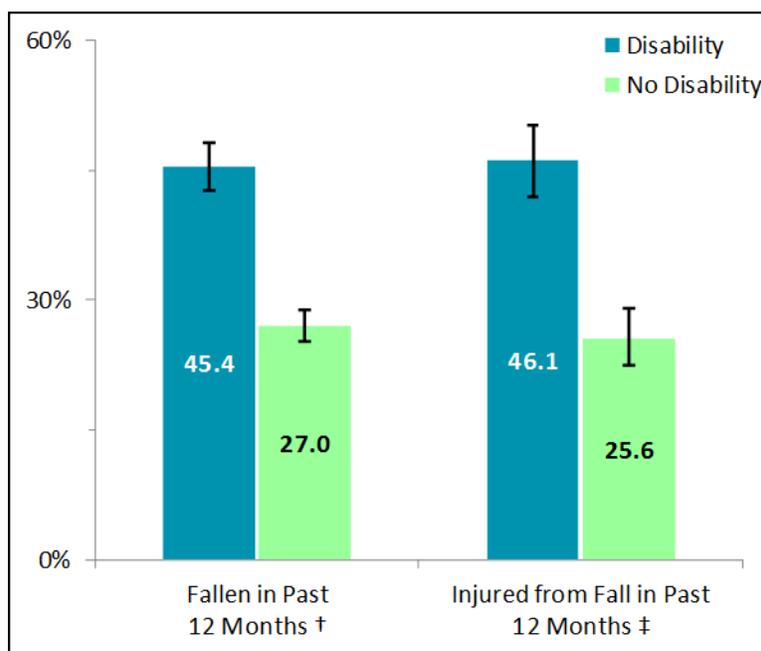


Table 16: Falls and Injuries, Montana Adults Ages 45 and Older, 2012

	Fallen in Past 12 Months †				Injured From Fall in Past 12 Months ‡			
	95% CI				95% CI			
	Wt. %	LL	UL	UnWt. N	Wt. %	LL	UL	UnWt. N
All Adults:	32.9	31.4	34.4	2,050	34.7	32.1	37.4	748
Sex:								
Male	33.6	31.3	35.9	877	30.2	26.5	34.2	271
Female	32.3	30.3	34.3	1,173	39.2	35.6	42.9	477
Age:								
18 - 24								
25 - 34		Not Applicable				Not Applicable		
35 - 44								
45 - 54	32.1	29.2	35.2	488	35.9	30.7	41.4	197
55 - 64	33.4	30.8	36.2	648	35.6	30.9	40.5	236
65+	33.6	31.4	35.9	906	33.3	29.5	37.2	313
Education:								
<High School	39.6	33.6	46.0	169	41.5	32.2	51.5	74
High School	31.9	29.4	34.6	655	39.0	34.3	43.9	259
Some College	34.0	31.2	36.9	592	33.5	28.9	38.5	221
College Degree +	30.7	28.2	33.3	631	28.3	24.1	32.8	193
Income:								
<\$15,000	46.5	41.7	51.4	330	50.7	43.5	57.9	169
\$15,000 - \$24,999	36.6	33.0	40.4	426	38.7	32.7	45.0	174
\$25,000 - \$49,999	33.5	30.7	36.5	553	36.0	31.0	41.3	195
\$50,000 - \$74,999	30.3	26.3	34.5	247	27.7	21.1	35.4	74
\$75,000 +	26.6	23.4	30.0	292	21.6	16.4	28.0	68
Race/Ethnicity:								
White, non-Hispanic	32.5	30.9	34.1	1,786	33.2	30.5	36.0	620
AI/AN*	42.7	34.8	51.0	153	NSD ^Δ			79
Other or Hispanic**	34.0	26.3	42.7	85	NSD ^Δ			40
Disability:								
Disability	45.4	42.6	48.2	980	46.1	41.9	50.2	468
No Disability	27.0	25.3	28.8	1,062	25.6	22.4	29.0	276
Region:								
1- Eastern MT	35.6	30.9	40.5	238	33.0	25.5	41.5	80
2- N Central MT	32.6	29.3	36.2	478	40.2	34.2	46.6	192
3- S Central MT	31.6	28.1	35.3	290	32.4	26.4	38.9	103
4- Southwest MT	33.8	30.7	37.1	355	31.2	26.0	36.8	114
5- Northwest MT	32.4	29.7	35.2	662	36.1	31.4	41.1	246

† Have you ever fallen in the past 12 months? Total Sample Size: 6,151, Weighted Prevalence Estimate: 143,700.

‡ Have you been injured from your fall in the past 12 months? Total Sample Size: 2,042, Weighted Prevalence Estimate: 49,800.

* American Indian or Alaska Native only.

** All other non-White (including multi-racial or Hispanic).

^Δ Not Sufficient Data to report a reliable estimate.