Rabies Management Training: How-To for Local Health Jurisdictions

State of Montana

Spring 2018
Rabies Management: How-To for Local Health Jurisdictions

This course will provide local public health nurses with multiple training modules that can be adapted for further training to those specific target audiences. These modules include a general rabies overview covering epidemiology, pathobiology, laws, roles and responsibilities as well as risk assessment, prophylaxis recommendations and wound treatment for health care providers, animal vaccinations and specimen submissions for veterinarians, and information regarding animal quarantines, bite reporting for law enforcement and animal control. All modules cover rabies relevant materials for public health nurses for education and further distribution.

Presenters

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Resources

1. Montana Code Annotated, Title 50, Chapters 1,2,23
2. Administrative Rules of Montana, 37.114.[101-571]
5. Centers for Disease Control and Prevention. Use of a Reduced (4-Dose) Vaccine Schedule for Postexposure Prophylaxis to Prevent Human Rabies, Recommendations of the Advisory Committee on Immunization Practices. MMWR March 19, 2010
9:00 am  Welcome
9:15 am  Public Health Module – Helen or Erika
10:20 am  Break
10:30 am  Healthcare Provider Module – Jen
11:30 pm  Scenarios – Small group discussion
12:00 pm  Lunch
1:00 pm  Veterinarian Module – Tahnee or Emily
2:00 pm  Animal Management Module - Jen
2:45 pm  Break
3:00 pm  Rabies exposure exercise- All
4:00 pm  Adjournment

There is no conflict of interest for any planner or presenter involved with this activity.

This continuing nursing education activity was approved by Montana Nurses Association, an accredited approver with distinction by the American Nurses Credentialing Center’s Commission on Accreditation.

CE hours awarded by various agencies:

- Nurses will receive 5.5 CE hours
- Sanitarians will receive 5.5 CE hours
- Veterinarians will receive 4.5 CE hours
- Law enforcement will receive 5.5 POST hours
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Why is rabies still a concern?

Rabies in Montana

- In 2017, 510 animals tested (500 a year typical)
  - 32% bats
  - 25% dogs
  - 21% cats
  - 9% other wildlife
  - 13% other domestic animals
- Most involve human or animal exposure
- 2.5% were positive (13 bats in 2017)
  - In general, most are bats and skunks
  - Rarely dog, cat or livestock

*Hospital discharge data is provided through the Montana Hospital Discharge Data System courtesy of the Montana Hospital Association. Data from 2010-2014. Codes 906, excluding arthropods.
The winged bullet

Exposures to bats and international travel require additional evaluation.

Rabies Distribution

Terrestrial distribution varies by region (raccoon, skunk, fox, coyote)
How long does it take to develop symptoms?

Answer: ________________
Neuronal retrograde viral transport is estimated at ~50 - 100 mm/day (Tsiang et al., 1991) Five day incubation period not observed in US.

Table 1: Signs and Symptoms of Rabies in Animals and Humans

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>• Fearfulness</td>
<td>• Any of domestic animal</td>
<td>• Early symptoms are non-specific</td>
</tr>
<tr>
<td>• Aggression</td>
<td>• Unusual behavior</td>
<td>• Fever</td>
</tr>
<tr>
<td>• Excessive drooling</td>
<td>• Seizures</td>
<td>• Headache</td>
</tr>
<tr>
<td>• Difficulty swallowing</td>
<td>• Depression</td>
<td>• General malaise</td>
</tr>
<tr>
<td>• Staggering</td>
<td>• Self-mutilation</td>
<td>• Progresses to encephalitis or myelitis</td>
</tr>
<tr>
<td>• Seizures</td>
<td>• Light sensitivity</td>
<td>• Autonomic instability</td>
</tr>
<tr>
<td>• Depression</td>
<td></td>
<td>• Dysphagia</td>
</tr>
<tr>
<td>• Self-mutilation</td>
<td></td>
<td>• Hydrophobia</td>
</tr>
<tr>
<td>• Light sensitivity</td>
<td></td>
<td>• Paresis or paresthesia</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Progressive worsening neurologic signs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Negative test for other etiologies of encephalitis</td>
</tr>
</tbody>
</table>
Rabies Human Deaths

<table>
<thead>
<tr>
<th>World</th>
<th>United States</th>
<th>Montana</th>
</tr>
</thead>
<tbody>
<tr>
<td>• ~55,000 deaths</td>
<td>• Avg. 3 deaths/yr</td>
<td>• No deaths in 20 years!</td>
</tr>
<tr>
<td>• 40-70% &lt;15 years old</td>
<td>• 70% domestic (bats, organ transplant, raccoon)</td>
<td>• 2 deaths: 1996 &amp; 1997</td>
</tr>
<tr>
<td>• One death every 15</td>
<td>• 30% imported (mainly dog bites)</td>
<td>• Both bat variant</td>
</tr>
<tr>
<td>minutes</td>
<td>• Deaths often due to un awareness of exposure and</td>
<td>• Unaware of exposures (one case reportedly chased bats out of house</td>
</tr>
<tr>
<td></td>
<td>lack of seeking medical attention</td>
<td>one month prior illness onset)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Missoula &amp; Blaine County</td>
</tr>
</tbody>
</table>

PUBLIC HEALTH LAW
Montana Code Annotated (MCA)

- 37-2-301 Duty to report cases of communicable disease
- 50-1-1 Definitions (8) Local Health Officer
- 50-2-116 Powers and duties of local boards of health
- 50-2-118 Powers and duties of local health officers
- 50-2-120 Assistance from law enforcement officials
- 50-2-122 Obstructing local health officer in the performance of duties unlawful

Administrative Rules of Montana (ARM)

- 37.114.102 Local Board Rules
- 37.114.105 Incorporation by Reference
- 37.114.201 Reporters
- 37.114.203 Reportable Conditions
  - Rabies in a human or animal; exposure to a human by a species susceptible to rabies infection;
- 37.114.204 Reports and Report Deadlines
- 37.114.314 Investigation of a case
- 37.114.571 Rabies exposure

Additional reporting requirements through Department of Livestock (ARM 32.3.1201 through 32.3.1207) describe management of animals and complement DPHHS rules.

How might your hear about a potential rabies exposure?
Answer: ________________________________________

01018
What to do when a potential exposure is identified?

37.114.571 Rabies Exposure

(1) **Control measures** outlined in the Control of Communicable Diseases Manual must be applied for confirmed or suspected exposures to a human by a species susceptible to rabies infection.

(2) The local health officer must investigate each report of possible rabies exposure and gather, at a minimum, information about the circumstances of the possible rabies exposure; nature of the exposure; name, age, and address of the exposed individual; vaccination status of the animal in question; treatment of the exposed person; and eventual outcome for both animal and person involved.

(3) As soon as possible, after investigating a report of possible rabies exposure, the local health officer must inform the exposed person or the individual responsible for the exposed person if that person is a minor whether or not treatment is recommended to prevent rabies and provide a referral to a health care provider.

(4) Whenever the circumstances involve a **dog, cat, or ferret**, the local health officer must:

   (a) arrange for the animal to be observed for signs of illness during a ten-day quarantine period at an animal shelter, veterinary facility, or other adequate facility, and ensure that any illness in the animal during the confinement or before release is evaluated by a veterinarian for signs suggestive of rabies; and

   (b) if the symptoms observed are consistent with rabies, order the animal euthanized and the head sent to the Department of Livestock’s diagnostic laboratory at Bozeman for rabies analysis. The local health officer may also order an animal euthanized subsequent to isolation, and the brain analyzed.


**Reporting to DPHHS**

37.114.204 Reports and Report Deadlines

(4) For any animal bite to a human by a species susceptible to rabies infection, the local health officer must report by secure electronic means to the department documentation of a rabies post-exposure prophylaxis recommendation and/or administration on a form provided by the department within seven calendar days of the recommendation or administration.
EXPOSURE RISK ASSESSMENT

Should Anti-Rabies Prophylaxis be administered?

1. Validity of exposure:
   a. Was there a bite, scratch or open wound?
   b. Was a bat found in a bedroom?
   c. How did the person have contact to the animal?

2. Animals species:
   a. High or low risk?

3. Animal behavior:
   a. Did the animal act normal?
   b. Was the bite provoked?

4. Likelihood of quarantine/testing:
   a. Can the animal be captured and observed?
   b. Can the animal be tested for rabies?

5. Epidemiology:
   a. Where did the exposure occur?
   b. What animals are high risk in that area?
   c. Travel?

Was there an exposure?

- A bite (penetration of the skin by teeth) from a known or suspect rabid animal
- Scratches, abrasions, open wounds (bleeding within 24 hrs), or mucous membranes (eyes) contaminated with saliva or other potentially infectious material from a known or suspect rabid animal
- Organ transplant, laboratory accidents (rare)
- Special consideration for bats!

A word on bats...

- About 94% of bats tested are not rabid
- 80% of human rabies cases acquired in U.S. are bat-associated strains.
- Bat acquired rabies (1990-2007) (N=34)
  o 23% bite
  o 44% physical contact, but no bite
  o 32 % no bat contact
- Bite wounds from bats are extremely small and may be nearly undetectable within hours.
Exposed to bat... or not?

- Reasonably sure a bite, scratch or mucous membrane exposure did not occur  No PEP
- Persons who may not be able to make that assessment:
  - Deeply sleeping person
  - Unattended child
  - Mentally disabled person
  - Intoxicated person
- Normal roosting and flying activity less likely to create an undetected exposure

Other considerations

- Contact such as petting an animal or contact with urine, feces or skunk spray does not constitute an exposure
- Not spread via fomites
- Virus inactivated by
  - Desiccation, Ultraviolet irradiation, Other environmental factors
  - If material is dry, considered non-infectious
- Does not persist in environment

Risk categories for animals in Montana

<table>
<thead>
<tr>
<th>HIGH RISK</th>
<th>MEDIUM RISK</th>
<th>LOW RISK</th>
<th>ALMOST NO RISK</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bat</td>
<td>Fox</td>
<td>Dog - owned</td>
<td>Squirrel, chipmunk</td>
</tr>
<tr>
<td>Skunk</td>
<td>Dog – feral</td>
<td>Cat – owned</td>
<td>Rat</td>
</tr>
<tr>
<td></td>
<td>Wolf Hybrid</td>
<td>Livestock</td>
<td>Mouse, vole</td>
</tr>
<tr>
<td></td>
<td>Cat - feral</td>
<td></td>
<td>Indoor small caged pet rodent</td>
</tr>
<tr>
<td></td>
<td>Other non-rodent wild animals species (raccoon, opossum, bear, deer, coyote)</td>
<td></td>
<td>Indoor small caged pet rodent</td>
</tr>
<tr>
<td></td>
<td>Groundhog*</td>
<td></td>
<td>Lagomorph</td>
</tr>
</tbody>
</table>

*From 1990 through 1996, in areas of the country where raccoon rabies was enzootic, woodchucks (groundhogs) accounted for 93% of the 371 cases of rabies among rodents reported to CDC.
Normal or abnormal behavior?

- Was the bite provoked?
  - Feeding considered provoked
- Nocturnal vs. diurnal
- Wild vs. tame
- Stressed/ injured/ sick animal

Can The Biting Animal Be Confined & Observed?

1. Healthy dogs, cats and ferrets may be confined and observed for 10 days
2. No observation period for livestock:
   a. Exposures need case-by-case assessment
3. Raccoons, skunks, fox, groundhogs and other wildlife may excrete rabies virus while asymptomatic for extended periods and cannot be safely confined & observed.
   a. Assumed rabid unless testing proves negative
   b. Otherwise prophylaxis of bite victim is usually recommended

Epidemiology

- Distribution of rabies in MT, U.S., World: Terrestrial rabies distribution
- Travel considerations

Before Administering PEP.... Consider:

- Medical urgency, not emergency
- Consult with LHJ
- Animal species and risk of infection
- Exposure evaluation
- Likelihood and timing for animal capture for confinement or testing
- Epidemiology of rabies in your area
  o Requires advanced knowledge of rabies reservoirs
  o International travel considerations

Humans Rabies Prevention: General Population

- Pre-exposure vaccination of domestic animals & individuals at high-risk exposures
- Avoid contact with wildlife reservoirs
- Prompt recognition and reporting of potential exposures to public health and medical community
- Public education: messaging, avoid exposures, vaccinate pets
- Public policy: Vaccination requirements, ordinances
Montana Rabies Exposure Assessment Tree

1. All bites and wounds should receive proper wound care. Assess the need for a tetanus booster.

2. The animal should be taken to a facility to have the head removed (except bats). Submit specimen to the Veterinary Diagnostic Laboratory in Bozeman (406-444-4885). There is a charge for this testing. Please call for current testing fees.

3. Refer to the Advisory Committee on Immunization Practices for guidance on post-exposure prophylaxis (PEP) recommended to prevent rabies infection.

4. Bats pose a particular risk of rabies in Montana. PEP should be considered when contact between a human and a bat has occurred, and assessment may go beyond this assessment tree depending on the complexity of the situation.
HEALTH CARE PROVIDER MODULE

BEFORE RABIES EXPOSURES OCCUR

Pre-exposure Vaccination (Humans)

- Recommended for:
  - Veterinarians and veterinary technicians
  - Animal control officers/shelter workers
  - Rabies laboratory personnel
  - Persons working with wildlife
- Provides protection from unapparent exposures and when treatment is delayed
- Simplifies and reduces cost of post-exposure prophylaxis
- Also recommended for certain travel destinations and activities

CDC Recommended Pre-Exposure Vaccine Series

- 3-dose series 1.0 mL intramuscular regimen

<table>
<thead>
<tr>
<th>day</th>
<th>0</th>
<th>7</th>
<th>21 or 28</th>
</tr>
</thead>
</table>

**TABLE 6. Rabies pre-exposure prophylaxis guide — United States, 2008**

<table>
<thead>
<tr>
<th>Risk category</th>
<th>Nature of risk</th>
<th>Typical populations</th>
<th>Pre-exposure recommendations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Continuous</td>
<td>Virus present continuously, often in high concentrations. Specific exposures likely to go unrecognized. Bite, nonbite, or aerosol exposure.</td>
<td>Rabies research laboratory workers; rabies biologics production workers.</td>
<td>Primary course. Serologic testing every 8 months; booster vaccination if antibody titer is below acceptable level.*</td>
</tr>
<tr>
<td>Frequent</td>
<td>Exposure usually episodic, with source recognized, but exposure also might be unrecognized. Bite or nonbite, or aerosol exposure.</td>
<td>Rabies diagnostic laboratory workers, cavers, veterinarians and staff, and animal-control and wildlife workers in areas where rabies is enzootic. All persons who frequently handle bats.</td>
<td>Primary course. Serologic testing every 2 years; booster vaccination if antibody titer is below acceptable level.*</td>
</tr>
<tr>
<td>Infrequent (greater than population at large)</td>
<td>Exposure nearly always episodic with source recognized. Bite or nonbite exposure.</td>
<td>Veterinarians and animal-control staff working with terrestrial animals in areas where rabies is uncommon to rare. Veterinary students. Travelers visiting areas where rabies is enzootic and immediate access to appropriate medical care including biologics is limited.</td>
<td>Primary course. No serologic testing or booster vaccination.</td>
</tr>
<tr>
<td>Rare (population at large)</td>
<td>Exposure always episodic with source recognized. Bite or nonbite exposure.</td>
<td>U.S. population at large, including persons in areas where rabies is epizootic.</td>
<td>No vaccination necessary.</td>
</tr>
</tbody>
</table>

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*Minimum acceptable antibody level is complete virus neutralization at a 1:5 serum dilution by the rapid fluorescent focus inhibition test. A booster dose should be administered if the titer falls below this level.

AFTER AN EXPOSURE OCCURS

A patient presents to the ER or urgent care clinic with an animal bite:

- Wash the wound well with soap and water.
  - Irrigation with a virucidal agent, such as diluted povidone-iodine, is also recommended.
  - Quaternary ammonium compounds are not considered superior to soap and water.
  - Wound cleansing can greatly reduce the risk of contracting rabies.
- Assess need for tetanus booster, wound management
- Gather information regarding bite for reporting

How Can Public Health Help Medical Providers with Rabies PEP?

Animal bites require assessment of a provider to:

- Assess damage to tissues
- Clean the wound
- Primary wound closure when indicated
- Collect a vaccination history in regards to rabies vaccination and tetanus status
- Refer to other providers when indicated (ortho, plastic surgeons for severe bites)

Rabies PEP in the ER or Urgent Care

In the vast majority of instances, rabies PEP can wait:

- It may be unnecessary if the animal is successfully confined (only applies to dogs, cats, and ferrets)
- It gives time to locate the animal in cases of strays
- It gives time to test other animals, like bats and skunks
- It is a medical urgency, not emergency

Public Health Consultation for the ER and Urgent Care

Consultation with public health can include the following benefits (aside from being required by law):

- Can help reduce unnecessary PEP=Reduced cost for facility and patient
- Coordination of animal follow-up
- Identify additional exposures
- Many times, public health can administer the remainder of the series after the HRIG and first dose of vaccine
Other Considerations

- Vaccine and human rabies immune globulin (HRIG) shortages
- Insurance companies may not pay unless public health is consulted prior to administration
- Once you start the rabies PEP, the timeline must be followed
- Other entities may recommend rabies PEP to providers or patients
  - Even in these occasions, contact public health prior to administration

Post-exposure prophylaxis for rabies

Rabies Post-Exposure (PEP) for Previously Vaccinated Patients

After cleansing the wound and public health consult, only vaccine is administered. Do not administer HRIG-this may interfere with rabies antibodies already present from the prior vaccination!

Rabies Post-Exposure (PEP) for Unvaccinated Patients

After cleansing the wound and public health consult, two biologics are administered:

1. (HRIG) – confers immediate protection with antibodies for rabies virus
2. Rabies Vaccine - patient develops antibodies over a 2 to 4 week period

CDC Recommended PEP Schedule*

- Standard intramuscular regimen.
- One dose into deltoid on each of days:
  
<table>
<thead>
<tr>
<th>Previously unvaccinated individuals</th>
<th>Previously vaccinated individuals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vaccine</td>
<td></td>
</tr>
<tr>
<td>day 0</td>
<td>day 0</td>
</tr>
<tr>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>7</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>14</td>
</tr>
<tr>
<td>No HRIG needed</td>
<td></td>
</tr>
</tbody>
</table>

*Reduced dose regimen recommended in 2010. Five dose series still used for some situations with doses on days 0, 3, 7, 14, and 28.
Where to administer immunoglobulin?

- HRIG around or inside wound
- Remaining volume IM at site distant from vaccine
- 20 IU/kg body weight
- Never use same syringe as vaccine
- **Do not** administer more than necessary
- **Do not** administer after day 7 or dose 3 of vaccine
- In cases of exposures without a wound (i.e.-mucosal exposures to fluids), inject away from vaccination site
- Some sites less than ideal (nose, toes, fingers, etc)

Where to administer rabies vaccine?

- Deltoid only acceptable site for adults and older children
- Younger children anterolateral thigh okay
- Opposite of HRIG site
- **Never** at same site of HRIG
- **Never** in gluteal area: Doses given here will not count!
- Dose is not decreased for children
- Intradermal administration not recommended in US

Adverse Effects

Rabies Vaccine

- Site reactions (mild)-soreness, redness, swelling, or itching where the shot was given (30% - 74%)
- Systemic reactions (mild)-headache, nausea, abdominal pain, muscle aches, dizziness (5% - 40%)
- Hives, pain in the joints, fever have been reported (about 6% of booster doses)
- Four cases of Guillain-Barre Syndrome have been reported post-vaccination, but it is so rare, it’s unclear if it was due to rabies vaccination

Immune Globulin

- Severe headaches have been reported
- Moderate systemic (headache and malaise) reactions
- Site Reactions (mild)-tenderness, pain, erythema, induration, pruritus, regional adenopathy

*Allergic reactions have been reported for both agents, and can be severe.*
Deviations from the Schedule

- If deviation occurs, maintain original interval.
- Deviations of few days forgivable, longer needs assessment
- Example:
  - If a patient misses the dose scheduled for day 7 and presents for vaccination on day 10, the day 7 dose should be administered that day and the schedule resumed, maintaining the same interval between doses.
  - When substantial deviations from the schedule occur, immune status should be assessed by performing serologic testing 14 days after administration of the final dose in the series.

SPECIAL CONSIDERATIONS

Rabies PEP and the Immunocompromised

Considerations for pregnancy

- Randomized studies are not ethical to conduct with rabies PEP
- Pregnancy category C
- No known teratogenic effects
- No live virus present, HRIG is passive immunity
- Consider PREP for appropriate individuals prior to pregnancy

Considerations for the immunocompromised

- Corticosteroids and other immunosuppressive agents can interfere with antibody formation
- For these individuals, consider PREP prior to start of therapy, if indicated
- If rabies PEP is needed, consult provider and hold immunosuppressive agents, if possible
- Use 5 dose vaccine regimen
- Titers should be checked in these situations
- If they fail to seroconvert, consult public health
Travel and Rabies Exposures

Treatment Overseas

- There are a number of products and regimens available internationally
- Most of these regimens are not interchangeable with US products
- Vaccine handling can be an issue
- Consult with CDEpi if there is a question about the regimen

Treatment when they return

- Find out what animal species and exactly where they were exposed (whether in US or internationally)
- Ascertain what wound treatment was given, if any
- Consult with CDEpi regarding next steps
Rabies PEP Data, Cascade County, 2017

- 296 Incidents of potential rabies exposures
- Rabies PEP was recommended to be given in 29 of those incidents after public health follow-up
- Average cost per person of $10,748 in 2017
- If all 296 received rabies PEP, costs could average around $3.2 million just in rabies HRIG and vaccine
Where to order?

1. Glasgow, Smith, Kline (GSK)
   - Rabavert-vaccine
   - Hyperrab-HRIG

2. Kedrion Biopharma
   - Kedrab-HRIG
   - Not yet available, site states “Spring 2018”

3. Sanofi Pasteur
   - Imovax-vaccine
   - Imogam-HRIG
   - VaccineShoppe (www.vaccineshoppe.com)

Uninsured and Underinsured

Patient assistance programs that provide medications to uninsured or underinsured patients are available for rabies vaccine and Immune globulin.

- Sanofi Pasteur’s Patient Assistance Program (providing Imogam® Rabies-HT and Imovax® Rabies as well as other vaccines) is now administered through the Lash Group (1-888-847-4887) or at www.visitspconline.com.
- Novartis' Patient Assistance Program for RabAvert® is managed through RX for Hope (1-800-589-0837), and the forms can be found at www.gskforyou.com.
SUSPECT HUMAN RABIES CASES

- Clinical Presentation of Human Rabies
- Rabies can be difficult to distinguish from other forms of encephalitis
- S/S initially include:
  - Sense of apprehension
  - Headache
  - Fever
  - Malaise
- Condition will continue to degenerate, and symptoms typically are:
  - Aerophobia
  - Hydrophobia
  - Delirium
  - Muscular spasms/convulsions
  - Partial paralysis
- Almost universally fatal

If a provider suspects rabies:

- Please have them notify you via the local 24/7 number, and collect the following information:
  - Potential exposures to rabies and if they were recently treated with rabies PEP or PREP
  - Clinical information (i.e.-infectious disease doc suspects rabies and why)
- Notify MT DPHHS through our 24/7 line, and ask to speak to one of the CDEpi staff
- CD Epi may set up a clinical consult with the CDC regarding testing and treatment of the patient

Patient Management

- Milwaukee Protocol may be a possibility
  - This protocol is controversial in the medical community
  - Public Health cannot make this recommendation, but the CDC Consult can help the doctor decide if it is appropriate and how to get started
- For staff caring for the patient:
  - Standard precautions-saliva and cerebrospinal fluid are considered infectious
  - Exposure to urine, blood, or feces is not considered a rabies exposure
Rabies is 100% Preventable

- Avoid animal bites
- Recognize signs of rabies in animals
- Vaccinate animals and at-risk humans
- Support appropriate testing
- Seek immediate wound care and treatment
- Role of medical professional
  - Coordinate with local or state public health
  - Encourage patients to seek treatment for even minor bites

Notes for Rabies Scenario Discussion:
VETERINARIAN MODULE

Our role in Rabies program

- Veterinary education
- Oversight of animal exposures
  - Quarantine
  - Public outreach
- Testing – Montana Veterinary Diagnostic Laboratory
- Resource for local health officials.
- Cooperation with public health on human exposures.

RABIES IN MONTANA

Montana law references the Compendium of Animal Rabies Prevention and Control (2016).
RABIES LAWS

32.3.1201 Reporting rabies

(1) Any person having knowledge of an animal known to have or suspected of having rabies shall report an accurate description immediately to the state veterinarian or to a deputy state veterinarian.

(2) Any person having knowledge of any animal or person having been bitten by a dog or other animal known to have or suspected of having rabies shall report an accurate description immediately to the nearest health officer and to the state veterinarian or a deputy state veterinarian.
32.3.1202 Rabies quarantine

(1) When rabies is known to exist within an area... MDOL ... shall ... establish a rabies quarantine area and shall define the boundaries of the quarantine area and specify the animals subject to quarantine.

(2) The area shall be quarantined for a period of not less than 60 days from the date of the last known case of rabies or as much longer as in the judgment of the Board of Livestock seems reasonable and necessary; provided that any dog or other animal under quarantine having been properly immunized against rabies under official supervision may be released from the quarantine area after a period of 28 days from date of vaccination.

32.3.1203 Isolation of rabid or suspected rabid animals

(1) Any rabid or clinically suspected rabid animal must be isolated in strict confinement under proper care and under observation of a deputy state veterinarian, in a pound, veterinary hospital, or other adequate facility in a manner approved by the state veterinarian. If professional veterinary evaluation warrants, the animal may be humanely destroyed and the brain or other appropriate tissues handled in accordance with ARM 32.3.1207. ... must be handled in accordance with the ... compendium of animal rabies control ...

32.3.1204 Isolation of biting animals

(1) Upon consideration of the discretion and advice of the local health officer as defined in ARM 37.114.101, any dog, cat, or ferret, regardless of current rabies vaccination status, which bites or otherwise exposes a person must be confined and observed at an animal shelter, veterinary facility, or other adequate facility for ten days from the date of exposure.

(2) If any sign of illness develops in the isolated animal, it is to be evaluated by a licensed veterinarian and if in their judgment it is warranted, the animal may be humanely destroyed and the brain or other suitable tissue tested in a qualified laboratory for rabies. Any stray or unwanted wild or domestic animal that bites a person may be killed immediately and the head submitted to a laboratory for a rabies examination.

(3) Any dog, cat, or ferret that is subject to confinement and observation under (1) and that does not have a current rabies vaccination, may not be vaccinated during the ten-day confinement period.
32.3.1205 Animal contacts

(1) Animals that have been exposed to a confirmed rabid or suspected rabid animal shall be managed according to vaccination status as per the Compendium. Additional consideration can be given to severity of exposure, current health status, and local rabies epidemiology.

(2) Currently vaccinated animals shall be revaccinated immediately and observed for 45 days.

(3) Dogs and cats overdue for a booster vaccination with appropriate documentation of previous vaccination shall be managed as per (2).

(4) Animals without appropriate documentation of previous vaccination shall either be:
   (a) ordered destroyed by the state veterinarian, or
   (b) quarantined in strict isolation in a place and manner approved by the state veterinarian for a period not to exceed six months and rabies vaccine administered within 96 hours of exposure.

(5) Dogs and cats overdue for a booster vaccination and with a documented amnestic response to vaccination through serologic monitoring at the owner's expense may be managed as per (2).

50-23-102 Prohibition of possession of wild animals --- exceptions

No person may possess a wild animal unless he possessed it for at least 6 months prior to January 1, 1982, or it is used in a fur-bearing enterprise, contained in a zoological exhibition in such a manner that it may not come in physical contact with members of the public, or acquired by an educational institution for scientific research.

Wild animal = skunk, fox, raccoon, or bat

50-23-103 Quarantine – destruction -- testing

1. Whenever a person unlawfully possesses a wild animal, the department of public health and human services or the department of livestock may impound the animal and take any other action considered reasonable to protect public health.

2. If a wild animal, whether unlawfully or lawfully in the possession of a person, has bitten or otherwise exposed a person to the possibility of contracting rabies, the animal may be impounded by the department of public health and human services, the department of livestock, or a local health officer and either quarantined or destroyed and the animal's brain may be tested for rabies.

3. A lawfully possessed wild animal that is quarantined pursuant to subsection (2) and found not to be rabid must be returned to its owner.
FOR VETERINARIANS

Management of rabies

10 days → Q for dogs, cats, and ferrets that expose humans.

28 days → D for protective immune response following vaccination.

45 days → Observation period for vaccinate exposed to a rabies-positive animal.

60 days → Length of county Q following positive terrestrial rabies case.

120 days → Q for non-vaccinates exposed to a positive animal.

Montana Department of Livestock

DOMESTIC ANIMALS RABIES EXPOSURE ASSESSMENT TREE

What was the pet exposed to?

- Domestic Animal
- Wild Mammalian Carnivore
- Bat
- Unknown Wild Animal
- Rodent or Non-Carnivorous Mammal

- Is the suspected rabid animal (aggressor) to be euthanized and tested?
  - Yes
    - Results Negative
      - Is the pet a rabies vaccinate?
        - No → Case-by-case evaluation; contact DOL
        - Yes → Booster rabies vaccine immediately; 45-day observation
  - No
    - Results Unsuitable
    - Results Positive
      - Is the pet a rabies vaccinate?
        - No → Past due with record available
        - Yes → Evaluation of Response to Vaccination; Contact DOL before any action is taken

Report all exposures to the Department of Livestock (DOL)
(406) 444-2043
What is the veterinarian’s role?

1. 45 day observation
   a. Communication with and education of client
2. 4 month quarantine
   a. Contact DOL
   b. Vaccination of animal at beginning of quarantine period
   c. Monthly examination of animals under quarantine
   d. Communication with and education of client
3. Vaccination/education
4. Mandatory Reporter
   a. 37.114.201 ...any person, including, but not limited to a physician, dentist, nurse, medical examiner, other health care practitioner, administrator of a health care facility or laboratory, public or private school administrator, or laboratory professional who knows or has reason to believe that a case exists of a reportable disease or condition defined in ARM 37.114.203 must immediately report to the local health officer the information specified in ARM 37.114.205(1) and (2).

Vaccination

• No state law requiring rabies vaccination
• Vaccination requirements are set by city and county ordinances.
• Vaccination certificates should be consistent with the vaccine label

Can someone other than a veterinarian administer the rabies vaccination?

32.3.2301 CONTROL OF BIOLOGICS

(5) The sale of any rabies biologic except to a licensed veterinarian or public health agency is prohibited.


Preexposure Vaccination and Management. Parenteral animal rabies vaccines should be administered only by or under the direct supervision of a licensed veterinarian on the premises. Rabies vaccinations may also be administered under the supervision of a licensed veterinarian to animals being held in animal control shelters before release. The veterinarian who signs the rabies vaccination certificate must ensure that the person administering vaccine is identified on the certificate and is appropriately trained in vaccine storage, handling, administration, and in the management of adverse events. This practice ensures that a qualified and responsible person is held accountable for properly vaccinating the animal.
Human Exposure

MDOL and DPHHS will work with the individual, the local veterinarian, animal control and local public health officials to determine case management.

- Human bitten by animal:
  - Contact animal control and public health
    - 37.114.203 Reportable Diseases and Conditions (at) Rabies in a human or animal; exposure to a human by a species susceptible to rabies infection...
  - 10 day quarantine regardless of vaccination status
  - Do not euthanize animal without permission & without testing!

RABIES SUBMISSIONS

Specimens

- FRESH BRAIN TISSUE ONLY
  - Small animals – decapitated head with entire, intact brain in skull
  - Large animals – entire, intact brain with cerebellum and brain stem
  - Small mammals (bats and mice) – entire carcass
  - DO NOT SHIP LIVE BATS!
- Submission protocol can be found at:
  - Rabies testing fees $30-55

What may make a specimen unsuitable?

- Specimen in Formalin
- Anatomic sites not identifiable (i.e. shot, mangled, improper submission)
- Desiccated or ‘missing’ brain (bats)
- Frozen specimen might be too gooey when thawed

Unsuitable because not enough information to call it negative. May result in unnecessary PEP recommendation.

Please allow pathologists at Vet Lab to determine if the specimen is suitable!
Good to know...!

- Rabies tests are run 5 days a week (Saturday optional)
- If specimen arrive by 10am (noon for urgent cases), run same day, results by afternoon (4hour test)
- Do not ship specimen via UPS or FedEx on Friday (will sit at dock)
- Specimens are saved up to 3 months

Submit entire brain to lab-fresh, not fixed!
ANIMAL MANAGEMENT MODULE

REPORTING REQUIREMENTS

Administrative Rules of Montana

- Report “exposure to a human by a species susceptible to rabies infection” to local health department (37.114.203)
- Local health officer must investigate a potential rabies exposure and inform individual whether or not treatment is recommended (ARM 37.114.571)
  - Must also arrange for observation of dogs, cats, ferrets
- The Health Officer may designate an authorized representative to perform these tasks (MCA 50-1-1)
- Additional requirements through Department of Livestock (ARM 32.3.1201 through 32.3.1207) describe management of animals and complement DPHHS rules.

How to respond to an exposure?

- Persons bitten by a domestic pet should immediately wash the bite wound with soap and water and consult with a physician.
- Gather information about the potential exposure
- Report incidence to local public health department

What information should be collected?

- Location and date of bite
- Name and demographics of bite victim
- Severity of bite (i.e.-scratch, deeply torn tissue) and area of body bitten
- Type of animal
- Physical description of animal (color, breed, identifying characteristics)
- Name, vaccination records, and current health status of animal
- Demographics of animal owner, if applicable
- Name and contact info of animal’s veterinarian
- Current location of animal

Ways to report

- Phone call to the local health jurisdiction’s 24/7 line
- Fax bite report to the local health jurisdictions fax line
- Timeliness is an issue
- If the worker is unable to complete a written report before going off shift, call it in to public health
OBSERVATION

If the incident involves a...

Dog, cat or ferret

- Holding the live animal for a ten day period with the day of the bite being day zero
- All expenses incurred during observation, impounding or destroying and testing a domestic dog, cat or ferret are the responsibility of the animal owner.
  - Unless your jurisdiction supports some aspects of this

Other (Bat, skunk, monkeys, livestock, wild animals, rabbits etc.)

- If possible, keep the animal in a secure area to prevent escape until further instructions can be provided.
- Wild animals that bite an individual cannot be held for observation, testing the animal’s brain will be needed to rule out rabies.

Domestic Dogs, Cats & Ferrets: Observation

- Observation must be instituted regardless of vaccination status
- Do not vaccinate during observation period if unvaccinated
- Do vaccinate animal upon release
- Date of the bite is day zero
- Observation is complete on day ten
- Any signs or symptoms of consistent with rabies, or if death occurs, during observation needs evaluation by vet (37.114.571)

Where can the animal be observed?

- An animal shelter, veterinary facility, or other adequate facility may be used for observation period
- Home observation is at the discretion of the local health officer.
- Consider the following to determine other adequate facility (i.e. home):
  - Vaccination status
  - Epidemiology of Rabies
  - Reliability of pet owner
  - Pet owner education

Note: The Health Officer is responsible for arranging this observation, but may delegate this task to partners, depending on local designation of roles and responsibilities.
Why do we observe cats, dogs, and ferrets regardless of vaccination status?

From 1997-2001, 264 rabid dogs and 840 rabid cats were studied:

- 13 (4.9%) rabid dogs had a history of vaccination, 2 were current
- 22 (2.6%) rabid cats had a history of vaccination, 3 were current

*No vaccine is 100% effective and rabies is almost universally fatal.*

Exposures from Wildlife

- If the animal must be put down, don’t shoot it in the head
- May still be able to test an animal with damage to the cranium, so if accidentally shot in the head or neck, still have the head collected for testing and keep specimen cool
- Bats and rodents should be sent whole-make sure they are dead

Exposures from Livestock and Exotic Animals

- Was the behavior in the circumstances natural?
- Contact local public health
- Local public health can consult with CDEpi regarding rabies risk for the implicated species
- Keep animal in secure area to prevent escape until further instruction is available
- Decision to test will have to be made based on several factors

**Preferred Management if the Animal**

1. **1st**
   - Observation (if applicable)
   - Test if symptomatic

2. **2nd**
   - Testing
   - Runs risk of an unsuitable sample

3. **3rd**
   - Rabies PEP for human exposure
   - Use for positives/rabies cannot be ruled out
Balance the risk of rabies with the needs of the patient:

What can coordination achieve?

- It can help prevent a case of human rabies
- Avoids unnecessary PEP recommendations
- It can help raise awareness for rabies vaccination in pets
- It helps raise vaccination rates for pets
- One person can’t do it all!

DISCUSSION QUESTIONS ANIMAL OBSERVATION
Room for notes.
RABIES EXERCISE-ROOM FOR NOTES