MEASLES

The last cases of measles in Montana were reported in **1990**

**Measles spreads easily:**
1 person can infect **18** others.

The virus can live on surfaces for **2 hours**

The Measles, Mumps, and Rubella (MMR) vaccine is safe and effective against measles.

**If 100 people who received MMR vaccine were exposed to measles, only 2 or 3 would get the disease.**

Getting an MMR vaccine protects you, your family, and those that are most vulnerable. Here’s why:

**If you develop symptoms of measles, call ahead to your healthcare provider.**

**Babies cannot get an MMR until they are 1 year of age. If 10 babies were exposed to someone with measles, 9 would get the disease.**

**Signs & Symptoms**

**7-14 days after exposure:**
- High fever
- Cough
- Runny nose
- Conjunctivitis

**2-3 days later:** tiny white spots inside the mouth (Koplik spots)

**3-5 days later:** a rash begins on the face and spreads downwards.

**3 of 10 will develop complications:**
- Pneumonia
- Brain swelling
- Diarrhea
- Death
- Hearing loss