Norovirus causes most enteric outbreaks in Montana. The virus spreads quickly and easily from infected people directly to others and through contaminated foods and surfaces. Symptoms are diarrhea, vomiting, nausea, and stomach pain, and it is often referred to as the stomach bug. To prevent norovirus, you should wash hands often, rinse fruits and vegetables, cook shellfish thoroughly, avoid cooking food for others while sick, and stay home when sick and for two days after symptoms stop. During outbreaks, norovirus samples should be submitted to the Montana Public Health Laboratory for sequencing, to understand more about the circulating strains of norovirus.