Cancer in the Little Shell Tribe

This fact sheet provides information describing the burden of cancer among American Indians living near the Little Shell Tribe headquarters. American Indian residents in Cascade County were used to estimate the burden of cancer in the Little Shell Tribe.

Key Facts about cancer in the Little Shell Tribe

• 217 American Indians in the Little Shell Tribe were diagnosed with cancer from 2008 — 2017. That is about 22 new cases of cancer each year.

• Cancer incidence in the Little Shell Tribe was greater than among white Montanans living in Cascade county and statewide (Figure 1).

• Five (5) kinds of cancer account for 62% of all cancers that occur in the Little Shell Tribe (Figure 2).

• Significantly more cases of lung cancer were diagnosed in American Indians in the Little Shell Tribe than would be expected if the rate were the same as white residents.

• 65 American Indians in the Little Shell Tribe died because of cancer from 2008—2017. That is about 7 deaths each year.

Figure 1: All-site cancer incidence (new cases) rates among American Indian residents compared to White residents, Montana, 2008 - 2017

Figure 2: Observed compared to expected number of new cases of cancer by cancer site among American Indian residents of Cascade county, 2008-2017

*Statistically significantly different (p < 0.05)

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• Cancer mortality on the Little Shell Tribe was greater than that among white Montanans statewide (Figure 3).

**Key facts about cancer prevention and early detection**

• Less than half (47%) of Montana American Indian adults have been screened for colorectal cancer—which was lower than White Montanans and the United States average (Figure 4).

• Smoking among Montana American Indians was high (Figure 5). Smoking greatly increases a persons risk for getting at least 13 types of cancer, including lung, colorectal, and kidney.

• Obesity was also high among Montana American Indians (Figure 5). Obesity increases the risk of several types of cancer including breast, colorectal, and kidney cancers.

**Reduce Your Risk for Cancer**

**Do not use commercial tobacco.**

**Get screened regularly** for breast, cervical, and colorectal cancers.

**Maintain a healthy weight** by getting regular physical activity and eating a diet with lots of fruits and vegetables.

**If you drink alcohol, do so in moderation.**

†Women aged 50+ who have had a mammogram within the past two years were up to date on breast cancer screening; women aged 21-65 years who have had a pap test within the past three years were up to date on cervical cancer screening; men and women aged 50-75 who have had colonoscopy in the past 10 years, flexible sigmoidoscopy in the past 5 years, or a blood stool test in the past 1 year were up to date on colorectal cancer screening.