

# FACTS TO SHARE AT TRAININGS

- ✓ 350,000-400,000 people suffer a sudden cardiac arrest – Nationally
- ✓ For every minute compressions are delayed, chances of survival decrease 10-15%
- ✓ ONLY 6-8% of those suffering a sudden cardiac arrest survive – National Average
- ✓ Montana is on par with the national average
- ✓ Detroit's annual survival rate is about 0-1%
- ✓ Chicago is 3%, NY and LA about 5%
- ✓ King County, Washington (The Seattle Area) has a 52% survival rate because they have been teaching CPR for over 30 years and 70% of the population is trained
- ✓ After just three years, Gallatin County, MT has seen an increase of survivability from 6% to 17% and when a witness is present, the rate increases to 30%. When bystander CPR (usually hands-only) is started immediately, survivability goes to 50%. In Gallatin County, there is a 61% bystander participation rate. (2012-2015)
- ✓ We have had many lives saved, statewide, in the last year or so....because someone helped IMMEDIATELY
- ✓ Using an AED within the first few minutes of a cardiac arrest greatly increases the chances someone will survive
- ✓ Even some CPR is better than NO CPR
- ✓ Hands-only CPR works for adults (puberty and older)
- ✓ Call 911 then Push Hard and Fast!!



Montana  
HeartRescue