

The Facts about Sudden Cardiac Arrest

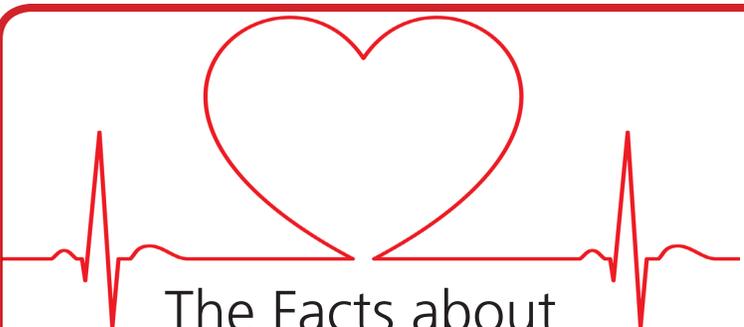
- Sudden cardiac arrest (SCA) strikes an estimated 295,000 Americans each year and 80% of SCA events occur in the home.
- Nationally, 92% of those who suffer SCA die before reaching the hospital.
- Improved survival rates require a collective community response by the general public, first responders, EMS services and in-hospital caregivers.
- Success begins with bystanders.
- Everyone should recognize and know how to call 911, start chest compressions and how to find and use an AED.

Our goal is to train as many community members in Adult Hands-Only Bystander CPR as possible. Communities with higher CPR participation have increased survival, as CPR before the arrival of professional rescuers doubles the chance of survival for a victim of sudden cardiac arrest.

Join others in your community and learn Adult Hands-Only Bystander CPR. The classes are free and take less than an hour. You can save someone's life.

Two class options:

- Attend an existing class. (Schedule available at www.gallatinheartrescue.com)
- Arrange for a class to be held at your place of work, church, civic group or other.



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Learn CPR and Save a Life

American Medical Response (AMR) and Bozeman Deaconess Health Services in conjunction with Bozeman Deaconess Cardiovascular Training Center, Absaroka Emergency Physicians and all Gallatin County Law Enforcement and Fire Agencies have joined together to create the Gallatin Heart Rescue Project.



My father had sudden cardiac arrest right after a very hard workout. Luckily someone at his gym knew CPR. That man saved my dad's life. Without that man, I would not know how to ski or fish or all the other things my dad teaches me. My dad lives but without CPR he would not be at the dinner table tonight.

Help CPR spread so other people can be saved like my dad.

Annie
Age 9

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