

Women: Save Your Life!

Know the Signs of Heart Attack

- Fatigue
- Anxiety
- Nausea
- Shortness of breath
- Chest pressure or discomfort
- Pain in arms, neck, jaw or stomach

**Prompt treatment can
prevent death or disability.**

**1-800-AHA-USA1
americanheart.org**

Brought to you with funding from the
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MONTANA
Department of Public Health & Human Services

American Heart
Association®
Learn and Live.

**In case of heart attack, call 9-1-1
and preserve our nation.**