Percentage* of adults aged 45 years and older who were told they have high blood pressure by a healthcare provider** by race and age group, Montana, 2015.

Highlights:
- Over 40% of adults 45 years and older reported being told they have high blood pressure by their healthcare provider and this prevalence significantly increased with each age group and for both races.
- American Indians reported significantly higher prevalence of high blood pressure overall and among adults in the "55-64 years" age group compared to White, non-Hispanics.
- Only about half (52%) of people with high blood pressure have their condition under control.
- First heart attack: About 7 of every 10 people having their first heart attack have high blood pressure.
- First stroke: About 8 of every 10 people having their first stroke have high blood pressure.


Reported by: Carrie Oser, MPH, Montana Cardiovascular Health Program.

CONTACT
Crystelle Fogle
Program Manager
(406) 947-2344
cfogle@mt.gov