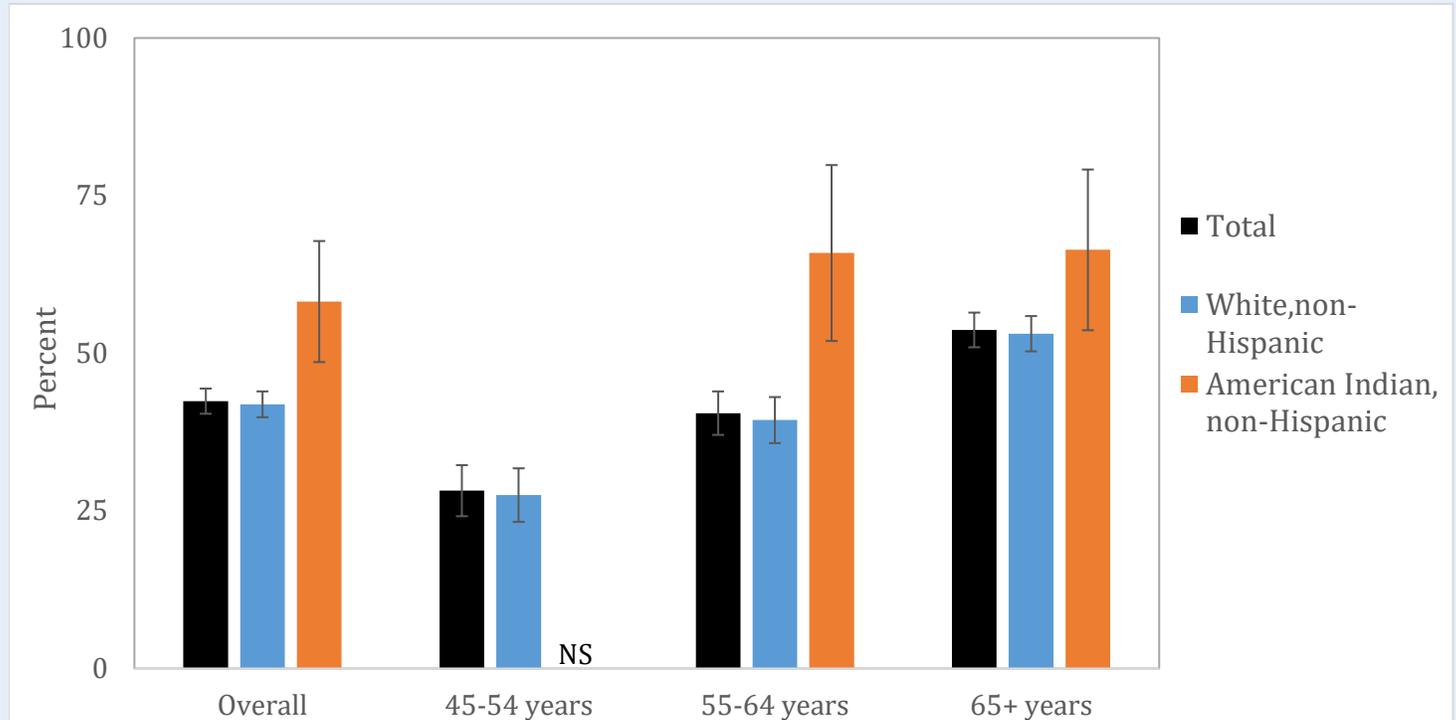


Percentage* of adults aged 45 years and older who were told they have high blood pressure by a healthcare provider** by race and age group, Montana, 2015.



*With 95% confidence interval indicated by error bars. **Includes doctor, nurse or other health professional. NS: non-sufficient sample for analysis.

Highlights:

- Over 40% of adults 45 years and older reported being told they have high blood pressure by their healthcare provider and this prevalence significantly increased with each age group and for both races.
- American Indians reported significantly higher prevalence of high blood pressure overall and among adults in the "55-64 years" age group compared to White, non-Hispanics.
- Only **about half (52%)** of people with high blood pressure have their condition under control.
- **First heart attack:** About 7 of every 10 people having their first heart attack have high blood pressure.
- **First stroke:** About 8 of every 10 people having their first stroke have high blood pressure.

CONTACT

Crystelle Fogle
Program Manager
(406) 947-2344
cfogle@mt.gov

Data Source: Montana Department of Public Health and Human Services, Montana Behavioral Risk Factor Surveillance System, 2015.

Reported by: Carrie Oser, MPH, Montana Cardiovascular Health Program.