MISSION
• The Montana Diabetes Program commits to:
  − Reduce diabetes-related disease and death rates.
  − Prevent or delay type 2 diabetes among Montanans at high risk.
  − Improve the quality of life of all Montanans with diabetes.

ACTIVITIES
• Organize, train, and support community partners in implementing the National Diabetes Prevention Program (DPP). Lifestyle coaches support adults in making sustainable healthy lifestyle changes to prevent or delay cardiovascular disease and type 2 diabetes.
• Assist schools and early childhood education centers with guidelines, policies, training, tools and resources to ensure that students with diabetes are safe at school and have the same opportunities as other children.
• Engage community pharmacists and community health workers in the provision of medication- and self-management for people with diabetes.
• Offer the Quality Diabetes Education Initiative, which provides a self-study and peer-mentoring program to diabetes educators to increase their skills and provides technical assistance and support to assist outpatient settings to develop and become a recognized/ accredited diabetes self-management education and support (DSMES) program.
• Offer quality improvement assistance to health care facilities (hospitals, primary care practices and DSMES programs) to promote guidelines-based care, track quality measures, and improve health outcomes for Montanans with diabetes.
• Provide continuing education and networking opportunities to health professionals with the Annual Montana Diabetes Professional Conference.
• Partner with key stakeholders through the Montana Diabetes Advisory Coalition and coordinate with other Chronic Disease Prevention and Health Promotion programs to share resources and increase the scope and effectiveness of our work.
• Implement and report progress for a national workplan through a cooperative agreement with the Centers for Disease Control and Prevention Division of Diabetes Translation.

BURDEN FACTS
• Diabetes increases the risk of heart disease, stroke, kidney failure, influenza, and pneumonia. It also can lead to blindness, amputations, and pregnancy complications.
• In 2017, over 64,000 Montana adults aged 18 years and older reported having diagnosed diabetes.
• Screening for gestational diabetes is often missed or delayed because women do not receive adequate prenatal care.
• A person with diabetes has about 2.3 times the average annual health care cost of a person without diabetes.

CONTACT
ChronicDiseasePrevention@mt.gov
1-844-MTHLT4U
1-844-684-5848

RESOURCES
• Visit our website for more information: www.diabetes.mt.gov
• Learn about resources in Montana using our Story Map: http://arcg.is/0jWKkT