

# Diabetes Care Quality Improvement



## PROGRAM DESCRIPTION

The Montana Diabetes Program offers quality improvement (QI) programs for both hospitals and clinics providing care and education to diabetes patients. QI interventions assist facilities in practicing evidence-based medicine, tracking diabetes management, and improving outcomes for over 12,000 Montanans with diabetes.

### Target areas include:

- A1C, blood pressure, and cholesterol levels;
- Preventive services (e.g., tobacco cessation, immunizations);
- Screenings (e.g., diabetes, chronic kidney disease); and
- Self-management education (e.g., goal setting, medication, and foot care).

## PROGRAM BENEFITS

The data provided through this program can be used for Patient Centered Medical Home and Meaningful Use certifications. The Montana Diabetes Program staff will assist you in analyzing data to determine areas of concern that may need improvement, and then support you in setting up a project to address those areas.

### In addition, our staff offer education on the following topics:

- How to conduct comprehensive foot exams;
- Medication adherence;
- Annual standard of care updates;
- Blood pressure management and how to correctly measure blood pressure; and
- Quality improvement made easy.

## DIABETES IN MONTANA

There is a major push for quality improvement in all of healthcare including diabetes. The ability of a practice to track where the diabetes patients are in their health status and using a team based approach to improving that care through education, monitoring labs and promoting self-care is part of the quality improvement process. In 2010, Montana achieved five of the seven Healthy People 2010 targets and five, although not the same five, of the Healthy People 2020 targets. These findings indicate that there are opportunities to improve the quality of care for Montanans living with diabetes.

**Health Care Focus**  
Diabetes

### Target Audience

- Hospitals
- Primary care practices

### Continuing Education

None

**Cost**  
Free

**Dates**  
Ongoing

## RESOURCES

**Visit this website for more information:**

<http://dphhs.mt.gov/publichealth/diabetes/QI>

## CONTACT

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