

Quality Diabetes Education Initiative



PROGRAM DESCRIPTION

The Montana Diabetes Program aims to increase access to diabetes self-management education (DSME) by increasing the number of qualified diabetes educators and quality education programs. Our initiative offers a self-study and peer-mentoring program for diabetes educators interested in improving their knowledge and skills in DSME and preparing for the Certified Diabetes Educator (CDE) exam. Technical assistance on becoming recognized or accredited is provided to DSME programs.

Since 2000, over 130 health professionals have enrolled in the self-study and peer-mentoring program. Montana currently has 87 CDEs, and roughly half of these CDEs provide services in rural or frontier areas. There are 37 recognized/accredited DSME programs. Furthermore, the Indian Health Service has 12 Community-Directed Diabetes Programs that provide diabetes education.

The goals of this initiative are to:

- Enhance the knowledge and skills of diabetes educators to provide high quality DSME to people with diabetes;
- Support outpatient sites interested in developing high-quality DSME programs that meet the National Standards for DSME;
- Assist DSME programs in pursuing recognition/accreditation so they can bill for DSME services.

PROGRAM BENEFITS

The Montana Diabetes Program offers the following resources:

- Providing individualized learning routes from beginner to advanced study;
- Access to a lending library of study materials and resources;
- Pairing interested participants with a CDE mentor;
- Technical assistance with meeting program recognition/accreditation requirements in order to obtain DSME reimbursement.

DIABETES IN MONTANA

The prevalence of diabetes among adults in Montana increased from 2.8% in 1990 to 8.8% in 2014. It is estimated that over 70,000 adults in Montana had diagnosed diabetes in 2014. Despite the benefits of DSME, it is highly underutilized. While 59% of adults with diabetes had ever taken a class in diabetes self-management, only 11% had a visit for DSME in 2013 (US Census; BRFSS 1990-2014).

RESOURCES

Visit this website for more information:

<http://dphhs.mt.gov/publichealth/diabetes>

Health Care Focus
Diabetes

Target Audience

- Diabetes educators

Continuing Education

None

Cost

- Free to participate in lending library or mentorship opportunity
- Exam fee of \$350(optional)

Dates

Ongoing

CONTACT

ChronicDiseasePrevention@mt.gov

1-844-MTHLT4U

1-844-684-5848