

## FACTS TO SHARE AT TRAININGS

Each year in the US, 350,000-400,000 people suffer a sudden cardiac arrest

For every minute compressions are delayed, chances of survival decrease 10-15%

Nationwide, only 10-12% of those suffering a sudden cardiac arrest survive

Montana is on par with the national average

Chicago is 3%, NY and LA about 5%

King County, Washington (The Seattle Area) has a 52% survival rate because they have been teaching CPR for over 30 years and 70% of the population is trained

After just five years, Gallatin County, MT has seen an increase of survivability from 6% to 17% and when a witness is present, the rate increases to 30%. When bystander CPR (usually hands-only) is started immediately, survivability goes to 50%. In Gallatin County, there is a 61% bystander participation rate. (2012-2016)

We have had many lives saved, statewide, in the last year of so....because someone helped IMMEDIATELY

Using an AED within the first few minutes of a cardiac arrest greatly increases the chances someone will survive

Even some CPR is better than NO CPR

Hands-only CPR works for adults (puberty and older)

Call 911 then Push Hard and Fast!!



Montana  
HeartRescue