



MONTANA EMERGENCY MEDICAL SERVICES FOR CHILDREN (EMSC) & CHILD READY MT

MT EMSC CONNECTION NEWSLETTER



2019

This issue has information on the: National Preparedness Month and resources; Sepsis Awareness Month; Erin's Law; and more! Answer Trivia and win a fingertip Pulse Oximeter! First 5 responses.

National Preparedness Month



CDC Digital Media Toolkit: Personal Health Preparedness

September is a few short weeks away and with it the start of National Preparedness Month. This year, CDC's Center for Preparedness and Response is observing the month-long event by focusing on personal health preparedness.

[Learn How](#)

HOSPITAL PREPAREDNESS FOR UNPLANNED IT DOWNTIME EVENTS

Massachusetts General Hospital Center for Disaster Medicine developed "[Hospital Preparedness for Unplanned Information Technology \(IT\) Downtime Events: A Toolkit for Planning and Response](#)" (PDF, 746 KB) to help hospitals and other healthcare organizations improve their continuity of operations in the event of an IT service failure.

In many cases hospitals' abilities to manage unplanned IT downtime events have substantially lagged behind their adoption of new technologies. Yet, because of the potential impact on hospital operations, **unplanned IT downtime events can be just as serious a threat to patient safety as a power outage or medical gas failure.**

Therefore, it is essential that hospitals close this gap in emergency preparedness.

(Source: [Massachusetts General Hospital](#))

Public Health Matters Blog

Lost and Found: Reunite with Loved Ones in an Emergency

More than a collection of names, phone numbers, and street addresses, an [Emergency Action Plan](#) is an instruction manual for how to stay healthy, stay informed, and stay connected in an emergency.



Read Blog

Emergency Preparedness & Children

Emergency Preparedness & Children: Protecting Our Future

One in four people in the United States is a child between the ages of 0-18 years. As the largest vulnerable population in the country, children are affected by all emergencies and their unique needs need to be taken into account.



KEY RESOURCES

- [AAP Policies and Publications](#)- Web page featuring key AAP policies and publications on a variety of disaster topics.
- [Checklist for Practices](#) - Pediatricians need to be ready to provide care for their patients even when normal operations are disrupted. View the new checklist.
- [Emergency Department Readiness](#)- Resource for clinical and administrative leadership in emergency departments as they strive to improve their readiness for children.
- [Exercise Resource Kit](#) - A guide that provides tools and templates to conduct a pediatric tabletop exercise.
- [Family Readiness Kit](#) - Key resource to assist families to prepare for disasters.
- [Helping Children Cope](#)- Details on how adults can promote adjustment and help children cope in a disaster.
- [Infant Feeding in Disasters](#)- Steps pediatricians can take to support breastfeeding during a disaster or an emergency
- [Pediatric Preparedness Resource Kit](#)- Strategies to promote collaborative discussions and decision making about pediatric preparedness planning.
- [Recovery Handout](#)- AAP handout to support pediatricians to recover after an emergency or a disaster.
- [Reunification Planning Tool](#)- Provides assistance to hospitals as they review/update reunification plans.

<https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Children-and-Disasters/Pages/default.aspx>

NATIONAL PREPAREDNESS MONTH

NACCHO encourages all to take advantage of Preparedness Month to engage families, communities, businesses, and other regional partners in preparedness activities. This year's weekly focus points are listed below:

SEPTEMBER 1-7: SAVE EARLY FOR DISASTER COSTS

SEPTEMBER 8-14: MAKE A PLAN TO PREPARE FOR DISASTERS

SEPTEMBER 15-21: TEACH YOUTH TO PREPARE FOR DISASTER

SEPTEMBER 22-30: GET INVOLVED IN YOUR COMMUNITY'S PREPAREDNESS

Resources and sample social media posts for each week are available at [Ready.gov](https://www.ready.gov), along with graphics, videos, and resources for diverse language communities.

Additionally, FEMA has developed a [series of PSAs](#) by geographic location (East, Gulf, Midwest, West) and disaster type (tornado, flood, blizzard, fire). Use these resources to help strengthen preparedness in your communities.

MRC UNITS: SUPPORTING COMMUNITY PREPAREDNESS THROUGH ACTIVE BYSTANDER TRAINING

Each year, approximately 60,000 victims in the U.S. die from internal and/or external hemorrhaging. In some cases, it may take only five minutes for blood loss to take a life. *Stop the Bleed* and *Until Help Arrives* campaigns encourage the nation's public to stand up as active bystanders during an emergency event within their community. Learn how MRC units are taking a lead role in preparing their community members to be active bystanders.

Stop the Bleed Campaign

Motivated by the 2012 tragedy in Sandy Hook and multiple tragedies that have occurred in the ensuing years, what has become known as the Hartford Consensus was convened to bring together leaders from law enforcement, the federal government, and the medical community to improve survivability from manmade or natural mass casualty events. The resulting injuries from these events generally present with severe bleeding which, if left unattended, can result in death. The participants of the Hartford Consensus concluded that by providing first responders and civilian bystanders the skills and basic tools to stop uncontrolled bleeding in an emergency situation, lives would be saved. The first responder program has received very good response and is widely being used across the country. The next step is to focus on civilian bystanders.

Need:

Civilians need basic training in bleeding control principles, so they are able to provide immediate, frontline aid until first responders are able to take over care of the injured person. Due to many situations, there may be a delay between the time of injury and the time a first responder is on the scene. Without civilian intervention in these circumstances, preventable deaths will occur.

MONTANA STOP THE BLEED TRAINERS QUERY FOR TRAINERS AND CONTACT INFORMATION IN YOUR COMMUNITY

Find an Instructor

Note: One pin may represent multiple Stop the Bleed Trainers, when a location is selected, check the top black bar of the pop-up for a forward arrow to toggle through different individuals.

EMS and Trauma System is coordinating implementation of Montana Stop the Bleed and trainings. Contact Alyssa Johnson for further information on training programs and instructors across the state.

<https://dphhs.mt.gov/publichealth/emsts/traumasystems/stopthebleed>

UPDATED ASPR PEDIATRIC TOPIC COLLECTION

The US Department of Health and Human Services (HHS) Office of the Assistant Secretary for Preparedness and Response (ASPR) [Technical Resources, Assistance Center, and Information Exchange \(TRACIE\)](#) aims to meet the information and technical assistance needs of regional ASPR staff, health care coalitions, health care entities, health care providers, emergency managers, public health practitioners, and others working in disaster medicine, health care system preparedness, and public health emergency preparedness.

One of the key resources within the ASPR TRACIE Web site is a [Pediatric Topic Collection](#).

The resources in this Topic Collection offer information for health care facilities, health care coalitions, and other health and medical providers about the special care and resources needed for children prior to, during, and after a disaster.

The American Academy of Pediatrics (AAP) staff assisted with an update of the Pediatric Topic Collection in 2019. Articles within the Topic Collection are organized by the following categories listed below.

- [Must Reads](#)
- [CBRNE and Terrorism](#)
- [Education and Training](#)
- [Guidelines and Protocols](#)
- [Lessons Learned](#)
- [Mental and Behavioral Health](#)
- [Natural Disasters](#)
- [Pediatric Surge Capacity](#)
- [Plans, Tools, and Templates](#)
- [Trauma Care and Triage](#)
- [Agencies and Organizations](#)

If you are aware of a resource that is new or currently not included within the Pediatric Topic Collection, please email DisasterReady@aap.org with the title and a link to the resource for posting consideration

HEALTHCARE COALITION PEDIATRIC SURGE ANNEX TEMPLATE

The ASPR TRACIE and the ASPR Hospital Preparedness Program collaborated to develop a [Healthcare Coalition Pediatric Surge Annex Template](#).

This template is intended to be a high-level response plan that identifies the experts and specialized resources that exist within health care coalitions and the processes that will be used to determine which patients go to which facilities.

This **pediatric-focused annex** is meant to be an annex to a health care coalition's response plan. The template includes general headers, descriptions, and sample resources/plans that may provide guidance or a template for health care coalitions to assist in their planning efforts.

For more information see: <https://files.asprtracie.hhs.gov/documents/aspr-tracie-hcc-pediatric-surge-annex-template-final-508.pdf>



Using Culturally-Aware Practices to Inform Emergency Preparedness and Recovery Efforts for Future Disasters

[Cultural and Linguistic Competency for Disaster Preparedness Planning and Crisis Response](#) – The racial and ethnic diversity of the United States population is increasing. An inclusive and integrated approach to disaster and emergency preparedness, response, and recovery activities ensures that culturally and linguistically diverse populations are not overlooked or misunderstood.

This web page will introduce and connect you to resources and tools that enhance and address cultural and linguistic competency to help mitigate the impact of disasters and emergency events.

[National Resource Center on Advancing Emergency Preparedness for Culturally Diverse Communities \(“Diversity Preparedness”\)](#) – This web-based library of resources and information on disaster preparedness for culturally diverse communities and other at-risk populations includes planning tools, fact sheets, trainings, and other materials. They are geared for public health, healthcare, emergency management, and social service providers who work with diverse and high-risk communities. [See the groundwork](#) for this website’s inception.

[Developing Cultural Competence in Disaster Mental Health Programs](#) – Peoples’ reactions to disaster and their coping skills, as well as their receptivity to crisis counseling, differ significantly because of their individual beliefs, cultural traditions, and economic and social status in the community. For this reason, workers in our Nation’s public health and human services systems increasingly recognize the importance of cultural competence in the development, planning, and delivery of effective disaster mental health services.

[Culturally-Sensitive Trauma-Informed Care](#) – Culturally-Sensitive Trauma-Informed Care refers to the capacity for health care professionals to effectually provide trauma-informed assessment and intervention that acknowledges, respects, and integrates patients’ and families’ cultural values, beliefs, and practices.

Cultural and Linguistic Responsiveness in Emergency Preparedness

[Emergency Preparedness and LGBTQ: What Health Centers Need to Know](#)

Special Populations

[Toolkits, fact sheets, referral sites, and other resources for special populations and responders](#)

[Emergency Preparedness: Including People with Disabilities](#)

Children and Youth

[Helping Children Cope with Tragedy-Related Anxiety](#)

[Tips for Talking with and Helping Children and Youth Cope After a Disaster or Traumatic Event](#)

[Psychological First Aid for Schools – Field Operations Manual](#)

Mental Health and Post-Event Considerations

[How Stress Affects your Health](#)

[Compassion Fatigue Awareness Project](#)

[Spanish Language Resource on Children and PTSD](#)

[Psychological First Aid Operations Guide in Multiple Languages](#)

[Disaster & Trauma Mental Health Resources](#)

[FEMA Tips on Coping with Disaster](#)

<http://changematrix.org/cultural-and-linguistic-responsiveness-emergency-preparedness-and-post-event-considerations/>

Protect Yourself and Your Loved Ones This Sepsis Awareness Month

September is Sepsis Awareness Month and this year marks the second anniversary of CDC's [Get Ahead of Sepsis](#) educational effort.

Did you know that each year at least 1.7 million adults in America develop sepsis, and nearly 270,000 die as a result? Spread the word about sepsis prevention and recognition during Sepsis Awareness Month. It could save a life.



Sepsis is the body's extreme response to an infection. It is a life-threatening medical emergency. Sepsis happens when an infection you already have—in your skin, lungs, urinary tract, or somewhere else—triggers a chain reaction throughout your body. Without timely treatment, sepsis can rapidly lead to tissue damage, organ failure, and death.

Here's what you can do to get ahead of sepsis:

- 1. Test Your Knowledge with CDC's New Sepsis Quiz.** If you or a loved one had sepsis, would you be able to spot it? Take CDC's [new sepsis Quiz](#), so you can protect yourself and your family from this life-threatening condition.
- 2. Share Our Free Educational Materials** to learn how to prevent infections, be alert to the signs and symptoms of sepsis, and act fast if sepsis is suspected. **Download our [FREE educational materials](#)** for patients and healthcare professionals—including fact sheets, brochures, social media, shareable videos, and Spanish-language materials.

[Share videos and graphics](#) with your friends and loved ones. This information could save a life.

To learn more about sepsis and how to prevent infections, visit www.cdc.gov/sepsis.

DID YOU KNOW?

Each year, at least 1.7 million adults in America develop sepsis.

Nearly 270,000 Americans die as a result of sepsis.

1 in 3 patients who die in a hospital have sepsis.

FREE COURSE: LEADERSHIP FOR THE FIRE AND EMERGENCY SERVICES

The National Volunteer Fire Council (NVFC) is offering their course "[Leadership for the Fire and Emergency Services](#)" free for a limited time to all fire and emergency services personnel.

The training webinar examines leadership styles, qualities and practices that enable fire departments to function at a high level and how to avoid fire service leadership pitfalls. The module includes a 49-minute webinar, a file download and a quiz. Other leadership courses will be offered for free over the next two months.

To access this training, you must [create a Virtual Classroom account](#).

NVFC courses are always available free to members. Some courses offer Continuing Education Credits (CEUs), please see the NVFC website for details. (Source: [NVFC](#))

CULTURE, DEVELOPMENT, TRAUMA, AND SOCIO-CULTURAL RESPONSIVE INTERVENTIONS WITH YOUTH AGES 7 AND OLDER

National Child Traumatic Stress Network (NCTSN). Published: 3/2019. This one-hour, 15-minute webinar defines traumatic separation and grief, and outlines the developmental impacts on youth.

Participants will learn how to be responsive to the cultural and linguistic needs of youth and learn about children's common fears and perceived threats to safety experienced by youth exposed to traumatic events, as well as culturally responsive strategies for staff to use when working with youth. See more at:

<https://disasterinfo.nlm.nih.gov/search/id:19827>

DID YOU KNOW:

'Erin's Law' requires that all public schools in each state implement a prevention-oriented child sexual abuse program which teaches:

- Students in grades PreK – 12th grade, age-appropriate techniques to recognize child sexual abuse and tell a trusted adult
- School personnel all about child sexual abuse
- Parents & guardians the warning signs of child sexual abuse, plus needed assistance, referral or resource information to support sexually abused children and their families [Click here to register for the conference.](https://childwiseinstitute.givingfuel.com/childwise-fall-conference-2019-the-impact-of-sexual-trauma)



CHILDWISE INSTITUTE



THE IMPACT OF SEXUAL TRAUMA
RECOGNIZE, ACKNOWLEDGE & RESPOND

Keynote Speakers
Dr. Sheri Vanino, Psy. D.
Erin Merryn - *The force behind Erin's Law*

SEPTEMBER 19TH & 20TH, 2019
BEST WESTERN PREMIER
HELENA, MT

Registration Now Open!



CHECK OUT THE PEDIATRIC EDUCATION ON OCTOBER 4TH IN COLLABORATION WITH THE MEMSA!

Register for the:
MEMSA Fall Conference
[Yogo Inn & Suites Lewistown, Montana](#)
Oct 4th - Pediatrics Oct 5th - Trauma Oct 6th - Half Day Leadership Training



MEMSA Fall Conference
Oct 4-6th, 2019





Yogo Inn & Suites
Lewistown, Montana
Oct 4th - Pediatrics
Oct 5th - Trauma
Oct 6th - Half Day Leadership Training

NEW FOR 2019
Active Shooter Training
Put on by Washington State Patrol Medic and Retired Special Forces Medic
Fire Fighting Tract
Including Auto Extraction and Grain Entrapment

For more information and full agenda visit: www.emsmt.org

If you or your Service has a training coming up and would like everyone to know about it, please [contact us](#) and we will get it posted **HERE**.

Upcoming Events

MEMSA Fall Conference
Oct 4th - Pediatrics Oct 5th - Trauma Oct 6th - Half Day Leadership Training
[Yogo Inn & Suites Lewistown, Montana](#)

REGISTRATION
SPEAKER BIO
SPONSORS



For information about Montana Emergency Care Provider licensure, visit the [Montana state Board of Medical Examiners](#)

Department of Health and Human Services EMS and Trauma Systems [here](#)

Montana Department of Health and Human Services EMS and Trauma Systems [calendar of events](#)

TRIVIA

Answer the trivia and win a Fingertip Pulse Oximeter- the first 5 to email answers to **Robin - rsuzor@mt.gov** **NOT** to the listserve.

1. What is one awareness for the month of September?
2. When is the Pediatric Training at MEMSA Fall Conference?
3. What is "Erin's Law"?
4. What is a Pediatric Focused Annex?



EMERGENCY MEDICAL SERVICES FOR CHILDREN PROGRAM, MT DEPARTMENT OF PUBLIC HEALTH AND HUMAN SERVICES, EMERGENCY MEDICAL SERVICES & TRAUMA SYSTEMS, P.O. BOX 202951, HELENA, MT 59620 - CONTACT INFORMATION: rsuzor@mt.gov or (406) 444-0901

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