

# INTEGRATING CULTURAL TRADITIONS INTO GROUP PRENATAL CARE

The Great Plains Area of Indian Health Service Experience  
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## GROUP PRENATAL CARE SITES IN THE GREAT PLAINS

- Pine Ridge
- Rosebud
- Sioux Falls Urban
- Standing Rock

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## BEGINNINGS OF GROUP PRENATAL CARE IN THE GREAT PLAINS AREA



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### PINE RIDGE



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### GROUP PRENATAL CARE

- Previously attempted 5 years ago and stopped after 3 mos due to low attendance at pilot site.
- Plan to implement this year at 4 sites throughout the Pine Ridge reservation
- Program lead by 4 CNM's, nursing staff and community members in each community
- Plan to use Centering in Pregnancy curriculum outline and adapt to Lakota Way
- Possible translation of material in both English and Lakota

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### ROSEBUD



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### GROUP PRENATAL CARE

- Currently recreating OB program
- 2 experienced CNM's hired this year who will lead the group prenatal care program 1 has experience with Centering in Pregnancy and other CNM completed Centering in pregnancy training
- Desiring partnership between tribal health and IHS- tribal health has mobile unit possibly have Centering in local communities.
- Bring birthing back to local IHS hospital instead of sending patients to off reservation hospitals for deliveries.

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### SOUTH DAKOTA URBAN INDIAN HEALTH SIOUX FALLS




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### GROUP PRENATAL CARE

- Started 2014
- Onsite contract OB/GYN Provider Dr. Ashley Briggs to provide care
- Permanent Staff NP meets with new to be parents and encourages attending group classes
- Uses components of Centering and Coming of the Blessing curriculum
- Encourages family-father to be, women's relatives or friends as support people to attend classes with expectant Mom
- Transportation is arranged healthy snacks
- Connections to community traditional activities held at health center
- Working on curriculum specifically Native Americans living in urban area

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### STANDING ROCK



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### GROUP PRENATAL CARE

- Prenatal Care given at IHS site up until 32 weeks gestation
- 32 weeks until delivery seen by contract provider group that will be present at delivery
- Deliveries occur either in Bismarck, North Dakota or Mobridge, South Dakota
- Started Centering in Pregnancy May 2016



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### STANDING ROCK GROUP PRENATAL PROGRAM



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STANDING ROCK GROUP PRENATAL PROGRAM



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STANDING ROCK GROUP PRENATAL PROGRAM



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CHALLENGES

- Money
- Transportation
- Childcare
- Fear of being arrested for substance abuse

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### POSITIVE RESPONSES

- Community Groups joining together to benefit the next generation
- Consistent prenatal care
- Development of support systems for parents to be
- Empowerment of families and tribes

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### LAKOTA WAY



Isnati-  
Womanhood  
Ceremony  
Cante Ohitika  
Okolakiciye-Brave  
Heart Society  
First Hunt- Elk  
Soldier Society

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### LAKOTA WAY



Nagi Kicopi- Calling Back the  
Spirit

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### NAMING CEREMONY



Welcoming to community and child's identity presented to the community

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### TRADITIONAL TEACHINGS



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### COMBINING TRADITION WITH OUTSIDE WORLD

- Native American Nurse Midwives
- Native American Doulas
- Native American Lactation Educators and Consultants

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## RESOURCES

- Doula- [www.dona.org](http://www.dona.org) birth and postpartum doula education
- Lactation Counselor- [www.healthychildren.cc](http://www.healthychildren.cc)
- Childbirth Educator- [icea.org](http://icea.org)
- Perinatal Grief educator- Resolve Through Sharing – [www.gundersenhealth.org](http://www.gundersenhealth.org)
- Nurse Midwife- [www.midwife.org](http://www.midwife.org)
- OB/GYN-[www.acog.org](http://www.acog.org)
- OB and Women's Health nursing- AWHONN- Association of women's health, OB and neonatal nursing- [www.awhonn.org](http://www.awhonn.org)

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## QUESTIONS?

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## CONTACT INFORMATION

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