INTEGRATING CULTURAL TRADITIONS INTO GROUP PRENATAL CARE
The Great Plains Area of Indian Health Service Experience
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GROUP PRENATAL CARE SITES IN THE GREAT PLAINS

- Pine Ridge
- Rosebud
- Sioux Falls Urban
- Standing Rock

BEGINNINGS OF GROUP PRENATAL CARE IN THE GREAT PLAINS AREA
Previously attempted 5 years ago and stopped after 3 mos due to low attendance at pilot site.

Plan to implement this year at 4 sites throughout the Pine Ridge reservation

Program lead by 4 CNMs, nursing staff and community members in each community

Plan to use Centering in Pregnancy curriculum outline and adapt to Lakota Way

Possible translation of material in both English and Lakota
GROUP PRENATAL CARE

- Currently recreating OB program
- 2 experienced CNMs hired this year who will lead the group prenatal care program. 1 has experience with Centering in Pregnancy and other CNM completed Centering in pregnancy training.
- Desiring partnership between tribal health and IHS. tribal health has mobile unit possibly have Centering in local communities.
- Bring birthing back to local IHS hospital instead of sending patients to off reservation hospitals for deliveries.

SOUTH DAKOTA URBAN INDIAN HEALTH SIOUX FALLS

- Started 2014
- Onsite contact OB/GYN Provider Dr. Ashley Briggs to provide care
- Permanent Staff NP meets with new to be parents and encourages attending group classes
- Uses components of Centering and Coming of the Blessing curriculum
- Encourages family/father to be, women’s relatives or friends as support people to attend classes with expectant Mom
- Transportation is arranged healthy snacks
- Connections to community traditional activities held at health center
- Working on curriculum specifically Native Americans living in urban area
STANDING ROCK

GROUP PRENATAL CARE

- Prenatal Care given at IHS site up until 32 weeks gestation
- 32 weeks until delivery seen by contract provider group that will be present at delivery
- Deliveries occur either in Bismarck, North Dakota or Mobridge, South Dakota
- Started Centering in Pregnancy May 2016

STANDING ROCK GROUP PRENATAL PROGRAM
STANDING ROCK GROUP PRENATAL PROGRAM

CHALLENGES

- Money
- Transportation
- Childcare
- Fear of being arrested for substance abuse
POSITIVE RESPONSES

- Community Groups joining together to benefit the next generation
- Consistent prenatal care
- Development of support systems for parents to be
- Empowerment of families and tribes

LAKOTA WAY

Isnati- Womanhood Ceremony
Cante Ohitika Okolakcye-Brave Heart Society
First Hunt- Elk Soldier Society

LAKOTA WAY

Nagi Kicopi- Calling Back the Spirit
NAMING CEREMONY

Welcoming to community and child’s identity presented to the community.

TRADITIONAL TEACHINGS

COMBINING TRADITION WITH OUTSIDE WORLD

- Native American Nurse Midwives
- Native American Doulas
- Native American Lactation Educators and Consultants
RESOURCES

- Doula - www.dona.org birth and postpartum doula education
- Lactation Counselor - www.healthycare.org
- Childbirth Educator - icaa.org
- Perinatal Grief education - Resolve Through Sharing - www.gundersenhealth.org
- Nurse Midwife - www.midwife.org
- OB/GYN - www.acog.org
- OB and Women's Health nursing - AWHONN - Association of women's health, OB and neonatal nursing - www.awhonn.org

QUESTIONS?

CONTACT INFORMATION

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