

## Behavioral/Mental Health and Tobacco Use - Female Script

**Woman:** Today's been good. I'm getting there.

**Dr. Holzman:** People with mental health disorders who smoke can die 8-25 years earlier than the general population.

**Woman:** No more sitting on the fence. It's time to quit smoking.

**Dr. Holzman:** Smoking can interfere with recovery and make psychiatric medicines less effective.

**Woman:** I'm taking the right steps towards my physical and mental well-being.

**Dr. Holzman:** The Quit Line can help for a happier and healthier tomorrow.

**Woman:** I'm finally getting there.