



## Minimum WIC Food Stocking Requirements

Refer to the Approved Food List for authorized brands/types. Montana authorized retailers must have the following items in stock at all times in specified quantities to meet WIC requirements.

<b>Peer Groups 1 &amp; 2 (Small &amp; Medium-sized stores)</b>	
<b>Food Item</b>	<b>Minimum Requirements</b>
<b>Milk: <i>Low-Fat (1%)/Non-Fat (skim)Milk AND whole milk</i></b>	
Low-fat (1%) or Non-Fat (skim)	3 gallons total of any low-fat/non-fat type
	3 half gallons total of any low-fat/non-fat type
Whole milk	3 gallons
	3 half gallons
<b>Cheese: <i>16-ounce packages OR 8-ounce packages</i></b>	
16-ounce packages	3 packages (16 ounces) of 2 flavor varieties
8-ounce packages	6 packages (8 ounces) of 2 flavor varieties
<b>Eggs</b>	
Dozen only	3 dozen
<b>Breakfast Cereal: <i>One of the cold or hot cereals must be WHOLE GRAIN</i></b>	
12-ounce or larger packages	6 boxes total (2 each of three varieties)
11-12-ounce hot cereal	2 boxes of one variety
<b>Whole Grains: <i>Bread AND Rice</i></b>	
16-ounce loaves whole wheat	3 loaves of bread
15-16-ounce packages brown rice and/or 14-16 ounce instant rice	3 packages of regular or quick/minute brown rice
<b>Juice: <i>frozen AND bottled juice</i></b>	
11.5-12 ounces frozen	3 frozen cans of 2 different flavors
64-ounce bottles	3 bottles of 2 different flavors
<b>Peanut Butter</b>	
16-18-ounce jars	3 jars
<b>Legumes (mature beans): <i>Bags of dried beans AND canned beans</i></b>	
16-ounce bags of dried beans	3 packages of 2 different varieties
15-16-ounce canned legumes/beans	10 cans total including two varieties
<b>Canned Fish: <i>Light Tuna OR pink salmon</i></b>	
5-6-ounce cans	6 cans of light tuna
5-6-ounce cans	6 cans of pink salmon
<b>Fresh Fruits and Vegetables</b>	
Fruits	Two varieties
Vegetables	Two varieties



## Minimum WIC Food Stocking Requirements

<b>Infant Cereal: <i>Two varieties</i></b>	
8-ounce box	2 boxes, any variety
<b>Infant Foods: <i>Stage 2 fruits and vegetables and meats</i></b>	
Fruit: 4-ounce jars of stage 2	10 jars, including 2 flavors
Vegetables: 4-ounce jars of stage 2	10 jars, including 2 flavors
Meat: 2.5-ounce jars	5 jars
<b>Infant Formula: <i>Powdered formula in specific sizes</i></b>	
Similac Advance: 12.4 ounce	6 cans
Similac Soy Isomil: 12.4 ounce	4 cans

<b>Peer Groups 3 &amp; 4 (Large stores &amp; Supercenters)</b>	
<b>Food Item</b>	<b>Minimum Requirements</b>
<b>Milk: <i>Low-Fat (1%)/Non-Fat (skim) Milk AND whole milk</i></b>	
Low-Fat (1%) or Non-Fat (skim)	3 gallons total of any type
	3 half gallons total of any type
Whole milk	3 gallons
	3 half gallons
<b>Cheese: <i>16-ounce packages OR 8-ounce packages</i></b>	
16-ounce packages	3 packages (16 ounces) of 2 flavor varieties
8-ounce packages	6 packages (8 ounces) of 2 flavor varieties
<b>Eggs</b>	
Dozen only	3 dozen
<b>Breakfast Cereal: <i>One of the cold or hot cereals must be WHOLE GRAIN</i></b>	
12-ounce or larger packages	6 boxes total (2 each of three varieties)
11-12-ounce hot cereal	2 boxes of one variety
<b>Whole Grains: <i>Bread AND Rice</i></b>	
16-ounce loaves whole wheat	3 loaves of bread
15-16-ounce packages brown rice and/or 14-16-ounce instant rice	3 packages of regular or quick/minute brown rice
<b>Juice: <i>frozen AND bottled juice</i></b>	
11.5-12 ounces frozen	3 frozen cans of 2 different flavors
64-ounce bottles	3 bottles of 2 different flavors



## Minimum WIC Food Stocking Requirements

<b>Peanut Butter</b>	
16-18-ounce jars	3 jars
<b>Legumes (mature beans): <i>Bags of dried beans AND canned beans</i></b>	
16-ounce bags of dried beans	3 packages of 2 different varieties
15-16-ounce canned legumes/beans	10 cans total including two varieties
<b>Canned Fish: <i>Light Tuna OR pink salmon</i></b>	
5-6-ounce cans	6 cans of light tuna
5-6-ounce cans	6 cans of pink salmon
<b>Fresh Fruits and Vegetables</b>	
Fruits	Two varieties
Vegetables	Two varieties
<b>Infant Cereal: <i>Two varieties</i></b>	
8-ounce box	2 boxes of 2 different varieties
<b>Infant Foods: <i>Stage 2 fruits and vegetables and meats</i></b>	
Fruit: 4-ounce jars of stage 2	20 jars, including 2 flavors
Vegetables: 4-ounce jars of stage 2	20 jars, including 2 flavors
Meat: 2.5-ounce jars	10 jars
<b>Infant Formula: <i>Powdered formula in specific sizes</i></b>	
Similac Advance: 12.4 ounce	6 cans
Similac Soy Isomil: 12.4 ounce	6 cans