

## Section II: Local Agency Procedure Manual

### II. Local Nutrition Services

#### A. Standard Food Packages

##### Purpose

To define standard food packages for issuance of allowable foods.

##### Policy

Standard food packages are designed to meet supplemental nutrition needs for participants based on category, age, special dietary needs and food preparation/storage needs. Standard food packages will provide the full nutritional benefit allowed (except for breastfeeding infants, where minimum requested amount of formula is issued).

#### 1. For approved food list, see attachment *Approved Food List*

#### 2. Standard Montana WIC Food Packages for Infants

Infant Age	Amount of Breastfeeding	Contract Infant Formula (Max. amount is determined by powder reconstitution)	Infant Cereal	Infant Fruits and Vegetables	Infant Meats
Birth - 1 month (Food Package I)	Fully	None			
	Substantially*	May be up to 1 can			
	Partially*	2 - 9 cans			
	None	Up to 9 cans			
1 - 3 months (Food Package I)	Fully	None			
	Substantially*	Up to 4 cans			
	Partially*	5 - 9 cans			
	None	Up to 9 cans			
4 - 5 months (Food Package I)	Fully	None			
	Substantially*	Up to 5 cans			
	Partially*	6 - 10 cans			
	None	Up to 10 cans			
6 - 12 months (Food Package II)	Fully	None	24 oz.	256 oz.	77.5 oz.
	Substantially*	Up to 4 cans	24 oz.	128 oz.	
	Partially*	5-7 cans	24 oz.	128 oz.	
	None	Up to 7 cans	24 oz.	128 oz.	

Cow's milk, soy beverage and goat's milk are not issued to infants.

\*Infant formula for breastfed infants is calculated based on the established full nutritional benefit. However, issuance should be based on actual need rather than maximum allowable amounts.

### 3. Standard Montana WIC Food Packages for Children 1-5 years (Food Package IV)

Food Item	Children Younger than 2 Years	Children Age 2 Years and Older
Milk	Whole 4 gallons	Non-fat, Skim or 1% 4 gallons
Eggs	1 dozen	1 dozen
Juice	2 64-oz. bottles (128 oz.)	2 64-oz. bottles (128 oz.)
Cereal (cold and/or hot)	36 oz.	36 oz.
Whole Grain Choice	32 oz.	32 oz.
Legume Choice	1	1
Vegetable and Fruit benefit	\$9	\$9

### 4. Standard Montana WIC Food Packages for Women

Food Item	Pregnant or Substantially Breastfeeding (FP V)	Partially Breastfeeding or Non-Breastfeeding Post-Partum Women (<6 mo. post-delivery) (FP VI)	Fully Breastfeeding, Pregnant and at Least Substantially Breastfeeding an Infant or Pregnant w/ Multiples (FP VII)	Fully Breastfeeding Multiples (FPVII – 1.5x)
Milk	Non-fat, Skim or 1% 5.5 gallons	Non-fat, Skim or 1% 4 gallons	Non-fat, Skim or 1% 6 gallons	Non-fat, Skim or 1% 9 gallons
Cheese	0	0	1 pound	Alt. 1 & 2 lbs. every other month
Eggs	1 dz.	1 dz.	2 dz.	3 dz. every month
Juice	3 11.5-12 oz. frozen (144 oz.)	2 11.5-12 oz. frozen (96 oz.)	3 11.5-12 oz. frozen (144 oz.)	Alternate 4 & 5 11.5-12 oz. frozen (192 oz.)
Cereal	36 oz.	36 oz.	36 oz.	54 oz.
Whole Grain Choice	16 oz.	0	16 oz.	24 oz. every month
Legume Choice	2	1	2	3
Fish	0	0	30 oz.	45 oz.
Vegetable and Fruit Benefit	\$11	\$11	\$11	\$16.50

**5. Food Packages for Women Breastfeeding Multiples from the Same Pregnancy\***

<b>How Much Breastfeeding</b>	<i>Baby 2 Fully Breastfeeding</i>	<i>Baby 2 Substantially Breastfeeding</i>	<i>Baby 2 Partially Breastfeeding</i>	<i>Baby 2 Fully Formula Fed</i>	<i>Baby 2 Partially Breastfeeding or Fully Formula Fed 6 Months or Older</i>
<i>Baby 1 Fully Breastfeeding</i>	Fully Breastfeeding Multiples (1.5x Fully)	Fully Breastfeeding	Fully Breastfeeding	Fully Breastfeeding	Fully Breastfeeding
<i>Baby 1 Substantially Breastfeeding</i>	Fully Breastfeeding	Fully Breastfeeding	Substantial/ Pregnant	Substantial/ Pregnant	Substantial/ Pregnant
<i>Baby 1 Partially Breastfeeding</i>	Fully Breastfeeding	Substantial/ Pregnant	Partially/ Post-Partum	Partially/ Post-Partum	No Food Package Issued Woman Counted
<i>Baby 1 Fully Formula Fed</i>	Fully Breastfeeding	Substantial/ Pregnant	Partially/ Post-Partum	Partially/ Post-Partum	No Food Package Issued Woman Counted if Baby 2 is Partially Breastfeeding
<i>Baby 1 Partially Breastfeeding or Fully Formula Fed 6 Months or Older</i>	Fully Breastfeeding	Substantial/ Pregnant	No Food Package Issued Woman Counted	No Food Package Issued Woman Counted if Baby 1 is Partially Breastfeeding	No Food Package Issued Woman Counted if one baby is Partially Breastfeeding

\*If more than two infants are from the same pregnancy, the mother's food package is determined by the highest breastfeeding status of one of the infants.