

Montana WIC

Nutrition Program for Women, Infants and Children

Nutrition Education Plan

Fiscal Year: 2016-2017

Local Agency:

WIC Director:

Complete all sections of plan and submit to the state office by September, 30 2016

I. Which methods of nutrition education are used in your agency, check all that apply:

- Individual (face to face only) with qualified staff (CPA and/or trained aide)
- Use of distance technology, such as Webex or Facetime, with qualified staff (CPA and/or trained aide)
- Phone contact with qualified staff (CPA and/or trained aide)
- Use of online education with wichealth.org
- Group Classes, please specify _____
- Use of other methods (self-paced lessons), please specify _____

II. How are Registered Dietitian Services provided for high-risk participants, check all that apply:

- RD on staff in clinic
- Contract with outside RD, select method of service delivery: Webex/Facetime, via phone, in-person

Describe how referral system works:

Updated 3/17/16



III. Briefly evaluate **prior** year activities, including any successes or challenges:

IV. Describe **current** needs of local clinic, participant population and/or staff:

V. Choose at least one area of focus for **Nutrition Education** in your local agency:

- Clinic environment: Promote nutrition and physical activity through visual aids such as bulletin boards, posters & handouts
- Staff competency: Provide staff with training to increase effectiveness of counseling
- Community: Collaborate with local health care providers, social service agencies and/or community groups to better serve participants through referrals and outreach

VI. Choose at least one area of **Data** of focus for your local agency:

- Hemoglobin
- BMI

Describe (in detail) activities associated with the focus areas:

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