

# MONTANA WIC PROGRAM

## Minimum WIC Food Stocking Requirements Peer Groups 1 & 2 (Small & Medium-sized stores)

Refer to the Approved Food List for authorized brands/types. Montana authorized retailers must have the following items in stock at all times in specified quantities to meet WIC requirements.

Food Item	Minimum Requirements
<b>Milk: <i>Reduced Fat Milk AND whole milk</i></b>	
Reduced fat (skim or 1%)	3 gallons
	3 half gallons
Whole milk	3 gallons
	3 half gallons
<b>Cheese: <i>16 ounce packages OR 8 ounce packages</i></b>	
16 ounce packages	3 packages (16 ounces) of 2 flavor varieties
8 ounce packages	6 packages (8 ounces) of 2 flavor varieties
<b>Eggs</b>	
Dozen only	3 dozen
<b>Breakfast Cereal: <i>One of the cold or hot cereals must be WHOLE GRAIN</i></b>	
12 ounce or larger packages	2 boxes of three varieties
11-12 ounce hot cereal	2 boxes of one variety
<b>Whole Grains: <i>Bread AND Rice</i></b>	
16 ounce loaves whole wheat	3 loaves of bread
15-16 ounce packages brown rice and/or 14-16 ounce instant rice	3 packages of regular or quick/minute brown rice
<b>Juice: <i>frozen AND bottled juice</i></b>	
11.5-12 ounces frozen	3 frozen cans of 2 different flavors
64 ounce bottles	3 bottles of 2 different flavors
<b>Peanut Butter</b>	
11-18 ounce jars	3 jars
<b>Legumes (mature beans): <i>Bags of dried beans AND canned beans</i></b>	
16 ounce bags of dried beans	3 packages of 2 different varieties
15-16 ounce canned legumes/beans	10 cans of two varieties

<b>Canned Fish: <i>Light Tuna OR pink salmon</i></b>	
5-6 ounce cans	6 cans of light tuna
5-6 ounce cans	6 cans of pink salmon
<b>Fresh Fruits and Vegetables</b>	
Fruits	Two varieties
Vegetables	Two varieties
<b>Infant Cereal: <i>Two varieties</i></b>	
8 ounce box	2 boxes, any variety
<b>Infant Foods: <i>Stage 2 fruits and vegetables and meats</i></b>	
Fruit: 4 ounce jars of stage 2	10 jars, including 2 flavors
Vegetables: 4 ounce jars of stage 2	10 jars, including 2 flavors
Meat: 2.5 ounce jars	5 jars
<b>Infant Formula: <i>Powdered formula in specific sizes</i></b>	
Similac Advance: 12.4 ounce	6 cans
Gerber Good Start Soy: 12.9 ounce <i>not after Jan 28, 2019</i>	4 cans
Similac Soy Isomil: 12.4 ounce <i>effective Jan. 28, 2019</i>	4 cans