

MONTANA WIC PROGRAM

Minimum WIC Food Stocking Requirements Peer Groups 1 & 2 (Small & Medium-sized stores)

Refer to the Approved Food List for authorized brands/types. Montana authorized retailers must have the following items in stock at all times in specified quantities to meet WIC requirements.

| Food Item | Minimum Requirements |
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| Milk: <i>Reduced Fat Milk AND whole milk</i> | |
| Reduced fat (skim or 1%) | 3 gallons |
| | 3 half gallons |
| Whole milk | 3 gallons |
| | 3 half gallons |
| Cheese: <i>16 ounce packages OR 8 ounce packages</i> | |
| 16 ounce packages | 3 packages (16 ounces) of 2 flavor varieties |
| 8 ounce packages | 6 packages (8 ounces) of 2 flavor varieties |
| Eggs | |
| Dozen only | 3 dozen |
| Breakfast Cereal: <i>One of the cold or hot cereals must be WHOLE GRAIN</i> | |
| 12 ounce or larger packages | 2 boxes of three varieties |
| 11-12 ounce hot cereal | 2 boxes of one variety |
| Whole Grains: <i>Bread AND Rice</i> | |
| 16 ounce loaves whole wheat | 3 loaves of bread |
| 15-16 ounce packages brown rice and/or 14-16 ounce instant rice | 3 packages of regular or quick/minute brown rice |
| Juice: <i>frozen AND bottled juice</i> | |
| 11.5-12 ounces frozen | 3 frozen cans of 2 different flavors |
| 64 ounce bottles | 3 bottles of 2 different flavors |
| Peanut Butter | |
| 16-18 ounce jars | 3 jars |
| Legumes (mature beans): <i>Bags of dried beans AND canned beans</i> | |
| 16 ounce bags of dried beans | 3 packages of 2 different varieties |
| 15-16 ounce canned legumes/beans | 10 cans of two varieties |

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| Canned Fish: <i>Light Tuna OR pink salmon</i> | |
| 5-6 ounce cans | 6 cans of light tuna |
| 5-6 ounce cans | 6 cans of pink salmon |
| Fresh Fruits and Vegetables | |
| Fruits | Two varieties |
| Vegetables | Two varieties |
| Infant Cereal: <i>Two varieties</i> | |
| 8 ounce box | 2 boxes, any variety |
| Infant Foods: <i>Stage 2 fruits and vegetables and meats</i> | |
| Fruit: 4 ounce jars of stage 2 | 10 jars, including 2 flavors |
| Vegetables: 4 ounce jars of stage 2 | 10 jars, including 2 flavors |
| Meat: 2.5 ounce jars | 5 jars |
| Infant Formula: <i>Powdered formula in specific sizes</i> | |
| Similac Advance: 12.4 ounce | 6 cans |
| Similac Soy Isomil: 12.4 ounce | 4 cans |