

2.7 SCOPE OF FAMILY PLANNING SERVICES

Policy: Title X sub-recipients must provide a broad range of acceptable and effective medically approved family planning methods (including natural family planning) and services (including infertility services and services for adolescents). Family planning clinics must define the scope of family planning services offered on an annual basis.

The Recommendations for Quality Family Planning Services (QFP) highlights the special needs of adolescent clients and recommends ways to address those needs (e.g. how to tailor contraceptive counseling for adolescents and ways to make services more youth-friendly). The policy regarding meeting the needs of diverse clients may be found in MT TX FP Administrative Manual, Policy 8.6.1 *Diverse Clients*.

Procedure:

1. Title X providers must offer a broad range of contraceptive services to clients who wish to delay or prevent pregnancy. Contraceptive services should include consideration of a full range of U.S. Food and Drug Administration (FDA) approved contraceptive methods.
2. Clinics must provide at least two types of hormonal birth control methods including:
 - a. Oral Contraceptive Pills
 - b. Emergency Contraception
 - c. Depo Provera
 - d. Nuva Ring and/or hormonal patch.
3. It is recommended that clinics offer Intrauterine Contraception (IUCs) and hormonal implant (e.g. Nexplanon).
4. All services listed in the QFP must be offered to female and male clients, including adolescents. This includes:
 - a. Contraceptives
 - b. Pregnancy testing and counseling
 - c. Counseling clients who want to become pregnant
 - d. Basic infertility services
 - e. STI services
 - f. Preconception health services
5. Annually, sub-recipients must submit the Title X Clinic Project Plan, comprised of two separate reports, documenting Title X clinic locations, service areas, office hours, family planning clinic hours, and family planning services provided to WMHS for review.
6. WMHS program reviews will document:
 - a. That the clinic's formulary of contraceptives demonstrates that a broad range of methods are available on-site or by referral.
 - b. That no contraceptive methods have been out of stock for a period of time greater than one week.
7. A review of the clinic data demonstrates that a reasonable proportion of clients seen (e.g. equal to or greater than the national average across all funded clinics) (see MT TX FP Administrative Manual, Policy 2.2 *Client Eligibility and Priority Populations*) are:
 - a. Males
 - b. Adolescents
 - c. American Indians
 - d. Low-Income Women and Men
 - e. Uninsured Women and Men