

### 8.5.3 REVISITS

**Policy:** Title X providers must develop an appropriate plan for follow-up for all Title X clients that includes a revisit at least annually, or sooner as needed. This offers the provider an opportunity to refine the contraceptive plan to support compliance and method effectiveness, or to follow-up on medical concerns that may include physical assessment, social, behavioral issues or counseling.

**Procedure:**

1. During the contraceptive visit, providers should discuss an appropriate follow-up plan with the client to meet their individual needs.
2. When providing contraceptives for returning clients, the provider should:
  - a. Determine if the client's need for contraception has changed (e.g. the client's reproductive life plan)
  - b. Inquire about any initial difficulties the client might be experiencing
  - c. Assure the client of provider accessibility and establish rapport
  - d. Assess the method use (consistent, correct)
  - e. Assess any changes in client history (e.g. risk factors, medications)
  - f. If appropriate, provide additional contraceptives and discuss a follow-up plan
  - g. If the client or provider has concerns about the client's correct or consistent use of the method, the provider should ask if the client would be interested in considering a different method of contraception.
3. Adolescent clients are especially vulnerable to method failure due to inadequate understanding and lack of support of contraceptive method use, and follow-up visits should be encouraged.
4. Alternative modes of follow-up other than visits to the service site, such as telephone, e-mail, or text messaging, may be considered (assuming confidentiality can be assured).
5. The follow-up plan must be developed in cooperation with the client and documented in the client record.