

8.7.6 RN CONTRACEPTIVE STARTS

Policy: Registered nurses (RN) employed by a Title X family planning clinic contracted with the WMHS may start a client on a hormonal contraceptive.

Procedure:

1. A comprehensive health history, reproductive life plan and sexual health assessment must be completed and reviewed for any contraindications or precautions to hormonal contraceptive use.
2. Review the *U.S. Medical Eligibility Criteria for Contraceptive Use, 2010*. A copy is located in the Montana Title X Family Planning Clinical Protocol Manual.
3. The RN may start a family planning client on a hormonal method that is a category 1 and certain category 2 conditions in the *U.S. Medical Eligibility Criteria for Contraceptive Use, 2010* (see the MT TX FP Clinical Protocol Manual).
4. Dispense client's choice of hormonal contraceptive per written and approved standing orders. See MT TX FP Administrative Manual Policy 8.17.5, *Pharmacy: Standing Orders* for guidance on standing orders.
5. "Quick start" is the preferable option to start a client on a hormonal contraceptive (see the MT TX FP Clinical Protocol Manual).
6. Provide and document the client education and counseling required by Title X Program Requirements and the QFP (see MT TX FP Administrative Manual Policy 2.1, *Definition of Title X Family Planning Services*).
7. The components of the comprehensive health history, periodic physical assessment and laboratory testing that are required must be reviewed by the clinical providers at least annually. It remains the responsibility of the provider to determine what services the client will require for future visits (see MT TX FP Administrative Manual Section 8.5, *Periodic Physical Assessment*).
8. Registered nurse visits (code 99211) cannot be billed to third party payers, including Medicaid, for a new client. If a clinic will be billing a third party payer for a new client, then the client must see the clinician in order to bill a third party payer.

Montana statute [MCA 37-2-104] states:

Dispensing of drugs by medical practitioners unlawful – exceptions.

1. *Except as otherwise provided by this section, it is unlawful for a medical practitioner to engage, directly or indirectly, in the dispensing of drugs.*
2. *This section does not prohibit: The dispensing of factory prepackaged contraceptives, other than mifepristone, by a registered nurse employed by a family planning clinic under contract with the department of public health and human services if the dispensing is in accordance with:*
 - a. *a physician's written protocol specifying the circumstances under which dispensing is appropriate; and*
 - b. *the drug labeling, storage, and recordkeeping requirements of the board of pharmacy.*