Worksite Wellness Programs
Can transform corporate culture and change lives.

Healthy Employees

- Miss fewer days of work
- Are more productive
- Have lower overall healthcare costs
- Are more likely to stay with the company

[Logos for Accredited Health Department and Public Health in the 406]
What can we do for you?

• Provide evidence-based information on healthy lifestyle choices and work-life balance.
• Provide technical assistance from a local Health Promotion Specialist for up to 36 months.
• Work with leadership to develop employee wellness programs with measurable outcomes.
• Assist in implementing sustainable, evidence-based health and productivity interventions and programs.
• Help create diverse wellness teams among employees.
• Support development of a healthy work culture.
• Provide data collection tools to evaluate the health needs of the employees.
• Access to free resources from the Centers for Disease Control and Prevention (CDC) regarding workplace wellness.

Utilizing the CDC's Workplace Health Model

1. Workplace Health Assessment
   Individual, Organizational, Community

2. Planning the Program
   Leadership Support, Management, Workplace Health Improvement Plan, Dedicated Resources, Communications

3. Implementing the Program
   Programs, Policies, Benefits, Environmental Support

4. Determine Impact through Evaluation
   Worker Productivity, Healthcare Costs, Improved Health Outcomes, Organizational Change, "Culture of Health"

For More Information
Call or Visit our Website

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