

Montana Family Planning Health Worker Certification Training

Now Offered as Virtual Four Week Course

September 2020



The Family Planning Health Worker (FPHW) Certification Training is Essential Access Health's nationally recognized contraceptive counseling course for health providers and educators. And this new virtual option, blends online trainer-recorded modules with LIVE trainer-led interactive video conference sessions.

Participants will learn how to counsel patients on all contraceptive methods to assist them in achieving their family planning goals, get true informed consent and integrate STD prevention messaging. They will learn how to comply with privacy and mandatory reporting laws while providing confidential sexual and reproductive health services.

Our FPHW training covers the CDC and OPA *QFP Recommendations* for providing quality family planning services and some aspects of our new, comprehensive online resource, [Telehealth Essentials for Sexual + Reproductive Health Care](#), will be integrated into the training.

Curriculum Components:

Virtual FPHW Course

- Complete weekly online, trainer-recorded learning modules (1-7 min per module)
- **Tuesdays, September 1/8/15/22, from 3-5PM** Attend live Zoom, trainer-led session

FPHW 2-Step Certification Process

- pass the final exam (online test to assess your knowledge)
- pass the mock contraceptive counseling session (video upload to assess your counseling skills)

After completing this curriculum, you will be able to:

- Ask Reproductive Life Plan questions to help patients select a birth control method that fits with their goals
- Identify the steps for obtaining informed consent for contraception
- Demonstrate 3 teaching methods to help patients understand and retain information
- Identify federal + state laws related to patients' rights when receiving sexual and reproductive health care
- Efficiently integrate STD prevention messaging into birth control counseling
- Demonstrate the use of best practice techniques when providing a contraceptive counseling session

Who should take this course?

The FPHW course and certification process is designed for health care staff in diverse health settings and others who provide contraceptive counseling, sexual health education, and/or STD/HIV prevention education to patients, clients or the general public.

Approximate Course Completion Time:

14-16 hours plus reading time + certification process

Continuing Education:

The course includes free CEU processing (Nursing = 16.1; CHES = 11.0; CPH = 14.0).



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